## **Lunch Menu Without Gluten**

Please inform your server when you are ordering from this menu as some items have the same name as the main menu but need to be adapted to make them gluten free

### **Appetisers + Meze Dishes**

Falafel chickpea fritters with houmous

Keftedes Cypriot pork meatballs with tzatziki

**Dolmades** vine leaves stuffed with pork and rice or

vegan option

Loundza grilled smoked pork loin

Halloumi grilled sheep's milk cheese

**Chicken Gyros** marinated chicken cooked over charcoal

Riblets slow cooked with barbecue sauce

Beef Stifado tender beef, shallots, cinnamon and red

wine

Crayfish Salad with Marie Rose sauce

Olives Kalamata and green olives

**Dips** 

Served with crudites and flatbread

**Houmous and Tzatziki** 

# **Olive Garden Favourites**

Served with house salad or roasted vegetables for an extra £1

**Asparagus and Mushroom Risotto** woodland mushrooms, asparagus and parmesan cream

with chicken

with king prawns

Mussel, King Prawn and Crayfish Risotto with parmesan

cream

**Moussaka Orphano** mushroom ragu, layered with aubergine, courgette, potatoes and cheese sauce served

with seasoned fries

# Fish and Meat

Served with house salad or roasted vegetables for an extra £1

**Grilled Skate Wing** with lemon butter served with seasoned fries

**Grilled Seabass Fillet** with garlic or lobster butter and served with seasoned fries

**Beef Stifado** tender beef, shallots, cinnamon and red wine with rice

**Moussaka** lamb and beef ragu, layered with aubergine, courgette, potatoes and cheese sauce served with seasoned fries

Lamb Kleftikon slow baked lamb, cumin, cinnamon

and garlic served with sauteed potatoes

**Chicken Tonino** breast of chicken with mushroom and asparagus sauce served with cheesy mash

Olive Garden Ribs slow cooked in barbecue sauce

#### Gyros

Hot filled flatbread served with seasoned fries and a choice of dip (tzatziki or houmous)

Served with house salad or roasted vegetables for an extra £1

Choose 2 from:

Loundza, Halloumi, Chicken Gyros, Mediterranean Vegetables, Falafel or Meatballs

SidesSeasoned FriesSautéed New PotatoesCheesy MashRoasted VegetablesRiceGreek SaladHouse Salad

## **Desserts**

Please ask your server for todays selection.