

Allergens Lunch

Please inform your server when ordering of any allergies you have. Please note this menu represents the allergens of the dishes as they come and most dishes can be adapted.

Appetisers + Meze Dishes

Spanikopita MILK LUPINS GLUTEN

Falafel SULPHITES SOYA SESAME

Keftedes SULPHITES SOYA EGG MILK GLUTEN

Dolmades CELERY SOYA

Loundza SULPHITES SOYA

Halloumi MILK SULPHITES SOYA

Chicken Gyros SULPHITES SOYA

Croquets de Bacalao FISH EGG GLUTEN MILK SULPHITES SOYA

Kolokithokeftedes SOYA SULPHITES GLUTEN MILK

Knuckle Riblets SOYA SULPHITES

Beef Stifado CELERY SULPHITES SOYA

Halloumi Mak and Cheese GLUTEN LUPINS MILK SULPHITES SOYA EGG CELERY

Bread GLUTEN, LUPINS, CEREAL, SESAME, SOYA, SULPHITES, EGG, MILK

Olives SULPHITES, SOYA

Dips

Houmous GLUTEN, LUPINS, SESAME, SULPHITES, SOYA, CELERY

Tzatziki MILK, SULPHITES, SOYA, GLUTEN, LUPINS, CELERY

Taramasalata CELERY, LUPINS, FISH, SULPHITES, GLUTEN, SOYA

Starters

King Prawns CRUSTACEAN MILK SULPHITES SOYA CELERY GLUTEN

Kalamari MOLLUSC GLUTEN EGG SOYA SULPHITES MUSTARD FISH SESAME

Crayfish Salad SULPHITES CRUSTACEAN EGG CELERY

G & M Flatbread GLUTEN SULPHITES SOYA MILK

Tomatyri Flatbread GLUTEN SULPHITES SOYA MILK

Garlic Mushrooms On Toast MILK GLUTEN SULPHITES SOYA LUPINS

Olive Garden Favourites

Asparagus and Mushroom Risotto MILK, SULPHITES, CELERY, SOYA

Chicken Athena SULPHITES, SOYA, MILK, GLUTEN, LUPINS

Mussel, King Prawn and Crayfish Risotto MOLLUSCS, CRUSTACEAN, MILK, CELERY, SOYA, SULPHITES

Moussaka Orphano GLUTEN CELERY SULPHITES SOYA

Beef Pastichio SULPHITES SOYA MILK GLUTEN LUPINS EGG

Halloumi Mak and Cheese GLUTEN LUPINS MILK SULPHITES SOYA EGG CELERY **Beef Stifado Ragu** CELERY SULPHITES SOYA **Chicken Gyros** SULPHITES SOYA

Fish and Meat

Grilled Skate Wing FISH, MILK, SOYA, SULPHITES, GLUTEN

Grilled Seabass Fillet FISH, MILK, SOYA, SULPHITES

Beef Stifado CELERY, SULPHITES, SOYA

Moussaka GLUTEN, CELERY, SULPHITES, SOYA, MILK

Lamb Kleftikon CELERY, SULPHITES, SOYA

Olive Garden Ribs SULPHITES, CELERY, SOYA

Chicken Tonino GLUTEN, MILK, CELERY, SOYA, SULPHITES

Gyros

Flatbread SULPHITES, SOYA, GLUTEN, LUPINS

Loundza SULPHITES, SOYA

Halloumi MILK SULPHITES SOYA

Chicken Gyros SULPHITES, SOYA

Mediterranean Vegetables SULPHITES, SOYA

Falafel CELERY, SOYA, SULPHITES

Meatballs SULPHITES, SOYA, CELERY, EGGS

Taramasalata CELERY, LUPINS, FISH, SULPHITES, GLUTEN

Houmous SESAME, SULPHITES, SOYA, CELERY

Tzatziki MILK, SULPHITES, SOYA, GLUTEN, LUPINS, CELERY

Sides

Roasted Vegetables SULPHITES, SOYA

Greek Salad SOYA, SULPHITES, MILK

House Salad SULPHITES, SOYA, MUSTARD

Rice SULPHITES, SOYA, CELERY

Seasoned Fries SULPHITES, SOYA

Cheesy Mash SULPHITES, SOYA, MILK

Sauteed Potatoes SULPHITES, SOYA, MILK

Desserts

As our desserts change frequently, please ask your server for the current allergens.