

# Gluten Free Lunch

## Appetisers + Meze Dishes

These small plates are ideal for sharing. We suggest three dishes between two people as a starter or build your own meze

### Falafel £5

chickpea fritters with houmous

### Dolmades £5

vine leaves stuffed with rice and herbs

### Loundza £5

grilled smoked pork loin

### Halloumi £5

grilled sheep's milk cheese

### Chicken Gyros £5

marinated chicken cooked over charcoal

### Beef Stifado £7.5

tender beef, shallots, cinnamon & red wine

### Village Sausage £4

pork sausage marinated in red wine & spices

### Bread £2

with olive oil & balsamic vinegar

### Olives £3.5

Kalamata & green olives

### Dips £5.5 each

Served with warm flatbread

**Houmous or Tzatziki**

## Starters

### Loundza and Halloumi £8.5

grilled smoked pork loin & sheep's milk cheese served with cherry tomatoes & warm flatbread

### King Prawns £9

in garlic butter & white wine, served with flatbread

### Prawn Salad £8

with Caesar dressing

### Garlic Mushrooms £7

mushrooms in a creamy garlic sauce served with flatbread

### Pastourma & Village Sausage £9

chargrilled flats of chopped sirloin with middle eastern spices and Greek sausage

Please inform your server when you are ordering from this menu as some items have the same name as the main menu but need to be adapted to make them gluten free. Please be aware when ordering from this menu adapted dishes may differ slightly from the description.

## Fish & Meat

Served with house salad or roasted vegetables for an extra £1.5

### Grilled Skate Wing £19.5

with lemon butter served with seasoned fries

### Grilled Seabass Fillet £19.5

with garlic butter and diced herb potatoes

### Beef Stifado £17

tender beef, shallots, cinnamon & red wine served with vegetable rice

### Moussaka £15

lamb and beef ragu, layered with aubergine, courgette, potatoes & cheese sauce served with seasoned fries

### Lamb Kleftikon £20

slow baked lamb, cumin, cinnamon & garlic served with roasted potatoes

### Chicken Tonino £17

chicken breast in asparagus & mushroom sauce served with cheesy mash

### Moussaka Orphano £15

mushroom ragu, layered with aubergine, courgette, potatoes & cheese sauce served with seasoned fries

### Steak Frite £19.5

pan fried blade steak, served pink with garlic butter & seasoned fries

### Mushroom Makaroni £14

mushrooms, spinach and makaroni pasta in a cheesy cream sauce

### With Chicken £17

### With King Prawns £19

## Gyros £14.5

Hot filled flatbread served with seasoned fries & a choice of dip (tzatziki or houmous)

Served with house salad or roasted vegetables for an extra £1.5

Choose any 2 of the following:

Chicken Gyros	Falafel	Village Sausage
Loundza	Mediterranean Vegetables	

## Sides

Roasted Vegetables £4	Rice £3
Greek Salad £5.5	Cheesy Mash £4
House Salad £4	Seasoned Fries £4
Extra Flatbread £1.5	Halloumi Patatas Hara £4