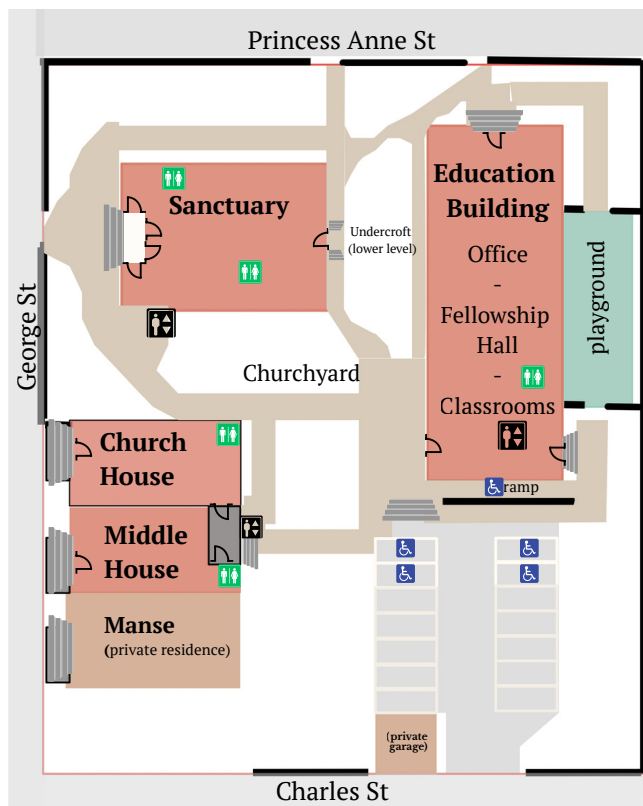


Beyond Sunday LIFT

For information about LIFT opportunities beyond Sunday morning, see the LIFT Beyond Sunday Morning brochure, church announcements or the church website.

- Keep it Moving: Body and Soul
- Ladies' Thursday Morning Bible Study
- Women's Circle of Joyful Friendship and Prayer
- Neverending Circle
- Faith Circle
- Pints and Parables
- Men's Breakfast Group
- Walking Group
- Meditation Group
- Youth Group
- Lectionary Lunch
- Faith and Movies



Elevator/Lift ADA Restroom Entrance/Exit

810 Princess Anne Street, Fredericksburg, VA 22401
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the
PRESBYTERIAN
C H U R C H

Fall 2026

Sunday Morning Living in Faith Together (LIFT)

Sunday Schedule

9:00 am	Sunday morning LIFT classes <i>see inside for more details</i>
10:00 am	Community Gathering
10:30 am	Worship
11:30 am	Covenant Choir
11:50 am	Youth Choir

All Ages LIFT

On the 1st Sunday of every month, we all gather together in the Fellowship Hall to learn and play together! This year, our focus will be on foundational beliefs of our Christian faith.

September 13: LIFT Kickoff Potluck breakfast!
Bring a breakfast dish to share as we learn about our new Sunday morning LIFT offerings.

October 4: How do we know God?

November 1: A community of believers

December 6: Jesus, Incarnate God

Nursery

Nursery care for infants and preschoolers is available on the **first floor of the education building** from 8:45 am through the end of worship.

Preschool

During the Sunday morning LIFT hour, preschoolers will enjoy stories and activities using the PC(USA) *Follow Me* curriculum.

Teachers: Betsy Lewis, Eva Lewis, Carole Nelen

Children

Children gather on **second floor of the Education building**. Using the PC(USA) *Follow Me* curriculum, they will learn about our faith through stories, games, crafts and more!

Teachers:

K-2nd: Patricia Langfitt, Chelsea Land, Keren Pritchett

3rd-5th: Michele Coffman, Michelle Porter, Ashley Raska, John Williams

Art: Mary Lou Cramer

Topical Classes

Adults and High School Youth

Youth

Youth, 6th-12 grades, gather on the **second floor of the Middle House**. Using the PC(USA) *Follow Me* curriculum, they will learn about our faith through stories, games, crafts and more!

Teachers: Heather and Bryan Eland, Macon and Erik Fino



Joy Unchained: A Study of Paul's Prison Epistles

Locked in a Roman cell, the apostle Paul wrote four short letters of passion and energy that changed the world. Join us as we walk through Ephesians, Philippians, Colossians, and Philemon. Together, we'll explore how Paul maintained overflowing joy, bold courage, and deep faith under hard circumstances—and how we can do the same today. All are welcome!

Teacher: Bill Nix

Location: First floor of the Middle House

The Wired Word

Each week, the lesson will be based on the foundations of Christian faith and includes Bible verses, biblical commentary, discussion questions, reference materials that relate to a topic in the news that week. This easy drop-in class will be participant led.

Coordinator: Natasha Taylor

Location: Undercroft