

# LIFT: Fall 2022

Living In Faith Together (LIFT) on Sunday mornings between worship services is a time for faith formation through education, community, and collaboration. The goal of LIFT is to support and nurture lifelong maturing in Christian faith by integrating three main objectives:

1. *Knowing and understanding more fully the Christian faith (informing)*
2. *Developing and deepening a relationship with Jesus Christ and the Christian community (forming)*
3. *Living the Christian faith in every aspect of our lives (transforming)*

Informing, forming, and transforming happens when we come together – in both multi-generational groups and peer groups, in-person and online, with long-time friends and people we just met. See you at LIFT!



## ALL-AGES LIFT

**October 2, November 6, & December 4**

On the first Sunday of each month, rather than separating by age and interest, all members and visitors are invited to gather together for a time of fellowship, fun, and faith formation. All-Ages LIFT offers a unique opportunity to listen, learn, and develop relationships within the diversity of the ages and experiences of our congregational family.

## CHILDREN'S LIFT Classes

### Education building

**Nursery** is provided during worship and LIFT hours for newborns and toddlers, ages 0-2. Both baby and crawler nursery rooms are located on the 1<sup>st</sup> floor of the Education Building.

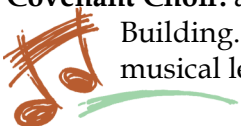
**Ages 3yrs.-5<sup>th</sup> grade** – 9:50am-10:45am Classrooms are located on the 2<sup>nd</sup> Floor of the Education building. Children will be divided into 3 classes based on age/grade.



*Follow Me: Biblical Practices for Faithful Living*, a new PCUSA curriculum we are using this year, is based on practices Jesus did and taught us to do as faithful followers. This curriculum examines where these practices are found in the Bible and how they have been used in Christian faith then and now.

<https://www.pcusastore.com/Pages/Item/15439/Follow-Me-Curriculum.aspx>

**Covenant Choir:** ages 3yrs – 5<sup>th</sup> grade – 9:30am-9:50am in the music room on the 2<sup>nd</sup> Floor of the Education Building. Prior to the Children's LIFT classes, Mrs. Casey will meet with the children for a time of musical learning and fun. All children are invited to this time of multi-age joyful "noise."



# YOUTH LIFT Music



**Youth Music with Mrs. Casey** – 6<sup>th</sup>-12<sup>th</sup> grades; Sanctuary Balcony, 9:50-10:45am

A Youth Handbell Ensemble is being organized and will rehearse during the LIFT Hour. Choir activities will be included to encourage confidence and vocal development during this crucial age period. A strong emphasis will be placed on fellowship through music making and participation in the worship experience.



## ADULT & YOUTH LIFT Classes

**The Flawed Family of God:** *Stories about the Imperfect Families in Genesis* (available from Amazon) ~ Book study led by Amy & Trey Talmadge and Rev. Michelle Abel

The best stories in the book of Genesis involve families. The issues these stories raise – married vs. single life, sibling rivalry, infertility, family relocation, blended families, and the like – are startlingly relevant to families of today. This Bible study examines the families of Genesis, starting with how the Adam and Eve story encompasses far more ways of being family- including singleness- than most of us think. It looks at the sibling rivalry of the Cain and Abel story, pointing to the jealousy and violence to which the whole human family seems addicted. It shows us how the ups and downs of the relationship between Abraham, Sarah, Hagar, and Ishmael can help us understand the complicated dynamic of blended families.

*Location:* 1<sup>st</sup> Floor Middle House

**Faith & Movies:** Coordinated by Michael Lehr & John Statler

Do you like to watch movies--both old favorites and unfamiliar titles? If you like to discuss the stories and themes in movies, and relate them to our sacred stories and faith, this class is for you. Class participants choose a movie for everyone to watch during the week and then lead the discussion in class.

*Location:* Church House Parlor

**Being Reformed: Faith Seeking Understanding** - this series of biblically based short-term courses provide a foundational understanding of the Reformed faith through Scripture, prayer, in-depth commentary, and questions for reflection. Two sessions offered:

Sept. 18 - October 30: *The Apostles' Creed*

Led by Tom Wimberley and Eric Snader

Nov. 13 - December 18: *Discipleship: the Way of Jesus*

Led by Jim Christie

*Location:* Conference Room and Zoom

**Living the Lectionary:** Coordinated by Jen Rowe

More than just prescribed portions of scripture we hear from the pulpit every Sunday, the lectionary is meant to be a path of understanding, a guide for both pastor and congregation through the whole counsel of God. Using the lectionary readings for the upcoming Sunday, class participants will share together how these particular texts shape and direct our personal and corporate journeys of faith.

*Location:* Undercroft