

Kidderminster Baptist Church loves our communities: the community around our church as well as the communities where we each live. Re:source is about making connections and offering ourselves in support in whatever way we can. Rev Jason Borlase.



November 2025

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Reg Charity No: 1196300



FAMILY SUPPORT

Hi, my name is Catherine (also known as Cat). I'm the Families Worker at Kidderminster Baptist Church. My role is to support families in our community in whatever way I can.

I can help with: -



Suggesting tools and ideas to try with your family



Signposting (help to find and access specialist support or information)

A listening ear - someone outside of your situation to discuss things with, and work out problems together.



family@kidderminsterbaptist.com





At Kidderminster Baptist Church our heart is for everyone in our surrounding communities. We are a church that believes in the power of prayer to change situations, to bring healing and to make a difference in our lives. We believe in a God who is for us. not against us: who loves the world He created.

Over the years we have been asked by many people to 'Say one for me', which simply means to pray for them, and we have seen many answers to prayer.

Please do get in touch with us, if there is any situation that you are facing so we can pray for you and you will know that you are not facing it alone.

It may be that you want us to pray for someone who is unwell, for difficulties in workplaces or neighbourhoods, struggle with finance or families.

All requests will be treated in confidence.

Post a request through our door or call 01562 824657 (leave a message) or email -

Prayer@kidderminsterbaptist.com

or see the link on our website www.kidderminsterbaptist.com/say1forme



Tuesdays

Term Time

10:00 to 11:30 a.m.

Suggested donation £2.50 per group. inc. toddler & parents snacks

TotsTime is for children under 5 and their parents/carers. We have free play, story time, themed sessions, crafts, refreshments and a short song time and bubbles to close.

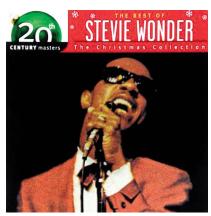
If you would like to come along please do get in touch – totstime@kidderminsterbaptist.com or 01562 824657.

What Christmas Means to Me

It's about

what has

to us.



In 1967, Stevie Wonder wrote a funky little number called 'What Christmas Means to Me.' This suits the vein of most modern Christmas chart

toppers we know, where the artists convince us that, like Stevie, Christmas means "Candles burning low, lots of mistletoe" as well as the singing of choirs, ringing bells and angels on trees. Looking at these lyrics now, I think about how times have changed. For me been given Christmas can often feel like a time of financial pressure, kids being hyped up and anxious (I have a couple of neurospiceys that tend to make this 10 times bigger) and feeling the need to get 'just one more thing' for that perfect Christmas.

behind Christmas. There is another song I always feel drawn to that reflects how I feel about Christmas. A song called 'How Many Kings' by a band called 'Downhere'. The chorus goes like this:

However, for me, there's a bigger story

How many Kings

- How many kings step down from their thrones?
- How many lords have abandoned their homes?
- How many greats have become the least
- And how many gods have poured out their hearts
- To romance a world that is torn all apart?
- How many fathers gave up their sons for me?
- Only one did that for me

You see, this is the crucial message of Christmas - it's not about what we get, and it's not even about what we give. It's about what has been given to us. The Son - Jesus.

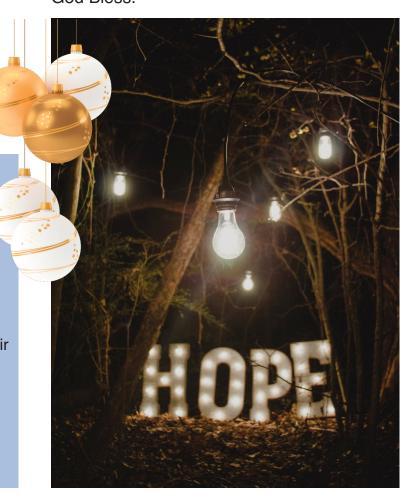
A King - Jesus. How many Kings, or Lords, or MP's, or Council Members, or Fathers would give up their all,



just to give you - a stranger - something we

don't deserve? I can't think of any! In the Bible Romans 8:38 says "He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?"

So, Stevie, that's what Christmas means to me! All these things, and more, when we look to the one who gave everything up for someone like me, and someone like you! God Bless.



The Intern - The Value and Wisdom of Age

One of my favourite films is The Intern. Robert De Niro plays a retired widower (Ben) who becomes senior

intern for a fashion website. He forms an unlikely friendship with workaholic



The story is really about the wisdom and experience Ben has picked up over the years that informs and transforms Jules's approach to business and her personal life. Despite Ben's high past achievements, he shows humility and servanthood and demonstrates patience, friendship and encouragement. Gained wisdom and experience are the core drivers behind Ben's ability to speak into Jules' difficult work and personal life situations. This is what appeals to me because it counters the experiences of many older people in our society who feel written off, sometimes seen as a burden and often overlooked for what they have to bring to the table. It has funny scenes where and older the younger generations meet in misunderstanding and cultural differences.

Personally, I have always sought to have those of an older generation to speak into my life and my role as

> a church leader. Why wouldn't I tap into this precious resource to help avoid the me pitfalls of life and ministry, to guide

my thinking and to work with me on mγ weaknesses? Recently one

of our 88-yearolds, one of the above mentioned people, preached cracking sermon, in which

he used the line 'God is not finished with me vet!' I agree with him. And I think it's a statement that applies to many in our community

who feel like they may longer have something to offer.

In the film, Ben looks back on his past achievements with pride. However it's often the case that sometimes we can forget the good things that we have done. that seem to have been lost to the dust of history and progress. Those achievements are not lost, they are; no, you are, the shoulders a generation younger stands on.

I'm also aware that so many of those of an older generation in our community have had some experience of church or a past belief in God, but for whatever reason, life has taken over, and you have lost something of that connection and belief. Every person, young and old has a part to play in our community and in church community and

we'd love to connect with you and hear your story, share ours with vou and journey together to discover

with me vet. more.

God is not

finished

Why not come and watch the film with us on Friday 10th January 2025.



The Lord is my Shepherd – Psalm 23



As a church we've been exploring this Psalm that is so well known and often read at the time of someone's passing or at a funeral service. They are words of comfort but also words that tell us more about God, His nature and His character and His great heart of love and concern for us. This Psalm is a promise to all of us as we put our hand in the hand of the Shepherd.

Renew Hope



A quiet warm shared space where it's ok not to be ok

Welcome to Renew Hope

A Well-being Café at Kidderminster Baptist Church

Thursdays from 2.00-4.00



Renew Hope is hosted by:

Kidderminster Baptist Church, Franche Road, Kidderminster, DY11 5BE

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For more information contact: on 01562 824657 or

by email: Renewhope@kidderminsterbaptist.com

Psalm 23 is written below, and alongside each line, is a one-word summary of all that God provides for us.

Psalm 23 - A psalm of David.

The Lord is my shepherd – **Relationship**I shall not want – **Supply**

Lie and the same in the same in the

He makes me lie down in green pastures, - Rest

He leads me beside quiet waters, - Refreshment

He refreshes my soul. – **Healing**

He guides me along the right paths – **Guidance**

for His name's sake. - Purpose

Even though I walk through the darkest valley, – **Testing**

I will fear no evil, - Protection

for you are with me; - Faithfulness

your rod and your staff, they comfort me. - Discipline

You prepare a table before me in the presence of my enemies. – **Hope**

You anoint my head with oil; - Consecration

my cup overflows. - Abundance

Surely your goodness and love will follow me all the days of my life, – **Blessing** and I will dwell in the house of the Lord – **Security**

forever. – **Eternity**



The Bereavement Journey

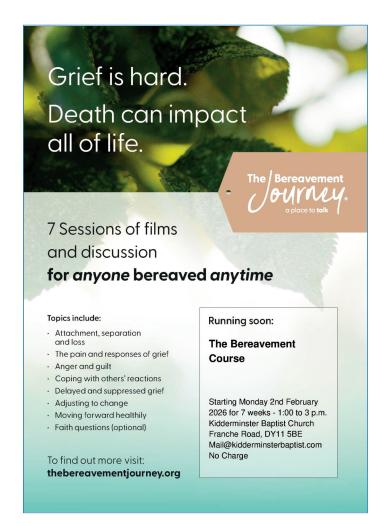
Over the last 2 years we have run The Bereavement Journey course 4 times, supporting over 60 people, young and old, who have experienced the pain of loss. Each one has shared how the course has been of great help to them in their bereavement journey. One attendee commented: "A very unique and special opportunity – I feel very grateful". Another said "Very caring and informative."

What is The Bereavement Journey?

The Bereavement Journey is a seven-session series of films and discussion groups which gently guides bereaved people through the most common aspects of grief and bereavement in order to help them process their loss. Our aim is in supporting those who have been bereaved and/or are struggling with loss and grief.

The loss of anyone important can impact greatly – and not just upon those who are closely related. In addition, understanding support can be hard to find, and many people will not have had the opportunity to grieve a





death in the past or may not have realised how it could continue to be affecting them. Alternatively, they may only just be beginning to grieve a past death now.

Bereavement is one of the most stressful times in life and loss needs to be processed. Without support, grief can lead to mental ill-health issues, physical ill-health issues, and a range of other possible outcomes, such as low attainment, behavioural problems, job loss, relationship breakdown, alcohol/substance abuse and crime.

The Bereavement Journey provides a safe space for bereaved people to talk with others who understand the pain of grief and to explore the impact of their loss, considering ways they might resolve issues they are facing for a healthy and positive future.

The Bereavement Journey Course is run by Kidderminster Baptist Church at the church – (Franche Road, DY11 5BE), every Monday afternoon – 1·00 p.m. to 3·00 p.m. from the 2nd February 2026, finishing on the 16th March 2026.

Refreshments are provided. No charge.

Meanly matters

When I became a parent, I wasn't sure I had the skills to do what was necessary and mine didn't come with a manual. You are left with this precious thing, that they let you take home from the hospital, without any qualification or credentials! So begins the see-saw of fear and guilt.

We fear getting it wrong and we can be filled with guilt because we don't always get it right. As parents or carers, we put pressure on ourselves where our children are concerned and of course we can feel the pressure from outside. We hear of how the early years of a child's life are really important or we learn of the latest fad to help our little ones get the best start.

Here's some things that I've picked up along the way and some things which I look back on and wish I had worked harder on. They may resonate with you:-

- Routines and Rituals We tried to be consistent with these, setting bedtime routines, mealtimes
 around the table and regular days out. Our kids thrived from it. One regret I have is that we didn't
 work harder as they got older to cement things like quality time as our lives and work changed.
- Let them know I tell my kids loads that I love them. I need them to know that nothing will change that, so that they know they have a place of security and strength, when their lives feel uncertain and unstable.
- Praise A wise man once told me that I should catch my kids doing good things and to affirm them
 for it. I know I have been more about catching my kids not doing the right things. Yet I want to give
 praise and affirmation to demonstrate the words of love I use.

 Hear them – Even in my busy and difficult moments, I always try and listen to the things my kids say to me. Sometimes, it's stuff that's not life changing, but still, it builds in their minds an

understanding that here they will find a listening ear. If they come to me with the mundane and are heard they are more likely to come to me with the meaningful.

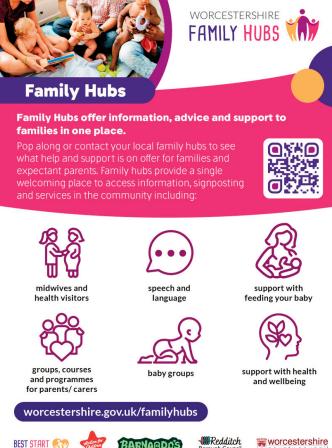
Boundaries – Boundaries are good and protect.
 The challenge of parenting is when to lift or extend those boundaries, so that they can continue to grow and learn. At times I've missed the point when this should have happened and resentment has built, I forget they are growing and learning and can self-regulate.

The Bible gives some good advice in this area:-

- Proverbs 22:6 Train up a child in the way he should go; even when he is old he will not depart from it.
- Psalm 127:3 Children are a gift from the Lord; they are a reward from him.







KBC Community Information





Do you want to make a difference?

Could you give 2-3 hours a week to visit a local family with children 0-18 years, who are experiencing difficult times? Home-Start Volunteers provide emotional support and befriending to families at home or at our Family Groups. The role is subject to a DBS Enhanced Disclosure. Ongoing training, support and expenses are provided.

Find out about our **Evening Course for** January/February 2026 today!

> Contact us on 01562 825896 or info@homestartwyreforest.org.uk www.homestartwyreforest.org.uk



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WORCESTERSHIRE **FAMILY HUBS**

Healthy Homes: Supporting Families to live well

We are excited to share the launch of the Healthy Homes initiative - designed to help families create safer, healthier and happier home environments



Through Healthy Homes, families can access friendly support and practical advice on everyday wellbeing topics such as:

- · creating smoke-free homes;
- · practising safer sleep for babies and young children;
- · looking after mental health and emotional wellbeing;
- · making healthier choices as a family

You will see Healthy Homes Family Hub teams out in the community and at local events, ready to chat, offer guidance and connect you with services that can make a real difference

Whether you are looking for tips, support, or just someone to talk to, Healthy Homes is here to help your family thrive.



Find us on Facebook... Family Hubs - Wyre Forest

www.worcestershire.gov.uk/familyhubs







Kidderminster Baptist church

Monday and Tuesday 5.30pm and 7.00pm

> RING RUSS 07742254410

read Sapphire, Sophie and Beth's stories here slimmingworld.co.uk

Slimming

We hope you've enjoyed this edition of re:source.

Why not 'like' or subscribe to :-Facebook Page Youtube channel Instagram **Twitter**









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As we detailed on page 1, we hope that this magazine will be 're:source' to the communities around Kidderminster Baptist Church - Franche, Marlpool and Habberley.

We hope to produce this magazine 2 or 3 times a year and would welcome information or adverts that are of community interest and support. Please do get in touch with us if we can help in any way or if you wish to discuss something with us.

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