The Famous Preikestolen Hike:

About Preikestolen:
Rising 604 meters above the Lysefjord, Preikestolen, or the Pulpit Rock, is one of Norway's most iconic natural landmarks. This thrilling hiking experience offers adventurers an unparalleled opportunity to witness breathtaking views that only Norway offers.

The Trail:
The Preikestolen Hike is a moderate 4 kilometers (8 kilometers total), and the round trip takes four hours. The hike has an elevation gain of about 500 meters, and some sections are steep. This trail winds through varied terrain, from rocky paths to pristine forests. As you ascend, be prepared to be enthralled by the panoramic vistas of the Lysefjord below. The trail is well-marked and maintained, ensuring a safe and enjoyable journey for hikers of all levels.

Time and Duration:
The average round-trip hike takes approximately 4 to 5 hours, depending on your pace and the time you spend enjoying the spectacular views from the top. Plan to spend some extra time in the breathtaking nature that surrounds you.

Plan Your Adventure Today:
More informations about the hike: https://www.visitnorway.com/places-to-go/fjord-norway/ryfylke/the-lysefjord-area/hiking-to-preikestolen/
More informations on how to get there (45 minutes bus departing from stavanger): https://gofjords.com/experiences/norway/stavanger/preikstolen-roundtrip.493
The Spectacular Kjeragbolten
Flørlitrappene Stairs:

About Flørlitrappene:
Nestled within the serene natural beauty of the Lysefjord, Flørli is a roadless hamlet accessible only by ferry or on foot. The Flørlitrappene Stairs, also known as the Flørli Stairs, offer an extraordinary hiking experience, with its 4444 steps right up the mountain – the longest wooden stairway in the world. This unique trail is renowned for its stunning views and its rich hydropower history.

The Trail:
The Flørlitrappene Stairs trail is a challenging yet captivating 4,444-step ascent, leading hikers through a diverse landscape of verdant forests, cascading waterfalls, and awe-inspiring vistas. As you climb, prepare to be enchanted by the tranquility of the surrounding natural environment. The trail is well-marked and maintained, ensuring a safe and unforgettable journey.

Time and Duration:
The average round-trip hike typically takes around 4 to 6 hours, depending on your pace and the time you spend appreciating the breathtaking views and historical landmarks along the way.

Plan Your Adventure Today:
More information about the hike and how to get there: https://www.florli.no
Additional Information for the Hikes:

What you should bring:
- Sturdy hiking shoes
- Comfortable clothing suitable for changing weather conditions
- Ample water and snacks to keep you energized
- Camera to capture the unforgettable moments
- Sunscreen and a hat for sun protection
- A light backpack to carry essentials
- Basic first aid kit for any minor injuries

Safety Precautions:
While the trails are well-maintained, it is important to exercise caution, especially in adverse weather conditions. It is recommended to check the weather forecast before embarking on your journey. Be mindful of your surroundings, stay on marked paths, and take regular breaks to rest and hydrate.
Discover the beaches of Jæren:

About Jærstrendene:

Close to Stavanger, you will find some of the finest sandy beaches in the country. Stretching over 70 kilometers, the beaches of Jæren (Jærstrendene) are one of Norway's longest sandy shores. Jærstrendene are also dedicated to safeguarding the rich biodiversity of plants, birdlife, and marine life. Indeed, the Jæren coast has earned international recognition as a “Hope Spot” by the esteemed organization Mission Blue, signifying its crucial role in preserving the health of our oceans.

In our opinion, the most impressive and wildest beach of Jæren would be Orrestranden. This 3 kilometers long sandy beach obtained in 2017 the Blue Flag, a certification given by the Foundation for Environmental Education (FEE) that shows high standards for water quality, safety, and public environmental education. Here you will also find the Orre open-air centre, one of the stops along the Jæren National Tourist Route.

Jæren beaches are also known for being the best spots to surf in Norway. At Hellestøstranden or Borestranden, you will be able to watch surfers, specially in the winter when the season is at its peak!

Plan Your Adventure Today:


Orrestranden: [https://www.fjordnorway.com/no/se-og-gjore/orrestranden](https://www.fjordnorway.com/no/se-og-gjore/orrestranden)

Hellestøstranden: [https://www.fjordnorway.com/no/se-og-gjore/hellestrostranden](https://www.fjordnorway.com/no/se-og-gjore/hellestrostranden)

Borestranden: [https://www.visitnorway.no/listings/borestranden/14586/](https://www.visitnorway.no/listings/borestranden/14586/)
Explore the Breathtaking Lysefjord

About the Lysefjorden Cruise:
Embark on a mesmerizing adventure as you set sail on the Lysefjorden Cruise, a journey that takes you through the stunning natural wonders of Norway. Traverse the crystal-clear waters of the fjord and witness the majestic cliffs, cascading waterfalls, and captivating scenery that define the Lysefjord, including the iconic Preikestolen cliff and other majestic landmarks. With informative commentary provided by experienced guides, you'll gain a deeper understanding of the rich history of the region.

Duration and Itinerary:
The Lysefjorden Cruise typically for 3 to 3.5 hours, a round trip departing from Stavanger harbour.

Plan Your Adventure Today:
More information about the boat trip: https://rodne.no/en/fjordcruise/lysefjord-preikestolen/?gclid=Cj0KCQjwy4K0BhDQ0ARlsAEbCt6hNqszMju1Bb2808OzA750CikyjQ1_cjzDwP6MO1xEO-utWUX-miU5AaAnGLEALw_wcB