

SATURDAY

Today's Prayer Request ...

☀ AM: Today I thank the LORD for ...

I will be still and wait in God.

PSALM 46:10

🌙 PM: Today's blessing ...

SUNDAY

Today's Prayer Request ...

☀ AM: Today I thank the LORD for ...

I humble myself so that the Lord may honor me at just the right time.

1 PETER 5:6

🌙 PM: Today's blessing ...

PRAYER FOR OUR PARISH

LORD JESUS,

Thank you for the gift of our parish community. Help us to realize the needs of others right here in our community. Please help our parish to be a blessing to more and more people.

AMEN.

BOOKLET OF GRATITUDE



HOW CAN WE GROW IN OUR GRATITUDE TO GOD?

Writing down a prayer connects you to the Lord, strengthening your personal relationship as you confide in Him and look for guidance and strength. Keeping a record of your daily prayers can reveal God's abundant blessings in your life, the gifts you have been given.

Write a prayer request during your morning prayer. Then, thank God for 3 things, something as simple as your attributes (my ability to . . .), something beautiful you witnessed, a person, a situation where you saw God's hand, etc. Go back in the evening and follow up with an additional blessing of the day. May these pages be a place of discovery and gratitude.



MONDAY

Today's Prayer Request . . .

 AM: Today I thank the LORD for . . .

I won't worry about tomorrow because God will provide for me.

MATTHEW 6: 25 - 34

 PM: Today's blessing . . .

TUESDAY

Today's Prayer Request . . .

 AM: Today I thank the LORD for . . .

I am a new person in Christ. The past won't be held against me.

2 CORINTHIANS 5:17

 PM: Today's blessing . . .

WEDNESDAY

Today's Prayer Request . . .

 AM: Today I thank the LORD for . . .

God is my Shepherd who gives me everything I need.

PSALM 23:1

 PM: Today's blessing . . .

THURSDAY

Today's Prayer Request . . .

 AM: Today I thank the LORD for . . .

I am a beloved child of God, and He will never forget me.

PSALM 27:10

 PM: Today's blessing . . .

FRIDAY

Today's Prayer Request . . .

 AM: Today I thank the LORD for . . .

I will bring God glory through my service.

PSALM 100:2

 PM: Today's blessing . . .