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5th July 2026

Fourteenth Sunday in Ordinary Time

Year A

WELCOME TO OUR PARISH

Alleluia, alleluia. I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia.

From Father Graham

The last part of today's Gospel is often read during the celebration of the Sacrament of the Sick and even when a person is dying and receiving the Last Sacraments. I must admit I feel uncomfortable when I read the words of Jesus saying that "my yoke is easy and my burden is light" when the person receiving the anointing is struggling, in pain or facing a terminal illness. That burden doesn't seem easy or light.

Jesus does not make mistakes, so what does He mean?

Firstly, the yoke of the Law and the Commandments was very heavy. It prescribed in minute detail how to live a life pleasing to God by obeying certain laws. Breaking even one was displeasing to God and had consequences. How could anyone be perfect or free? Jesus comes as the perfect human being as He is God and freely chooses to obey the Father by offering His life as the perfect offering on the cross. His death sets us free to love as He loves. The law of love fulfils the Law and the Prophets.

Secondly, Jesus asks us to share His yoke. He invites us to come to Him and rest when we are tired and our burden is heavy. Jesus wants us to swap burdens and yokes. He takes our heavy burden for His yoke of love. There is nothing that we cannot bring to God in prayer. Jesus shares our humanity and He gives us a share in His divinity and the love of the Father with His Spirit living in us.

May God bless every one of you. With my prayer.

Fr Graham

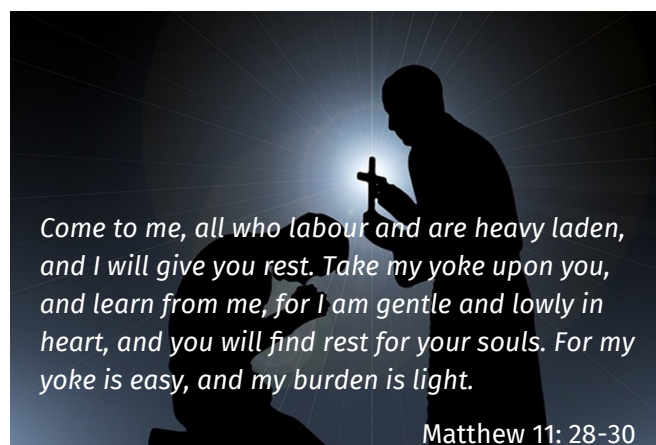
Fourteenth Sunday in Ordinary Time

Mass Intention

Sat 4 July	10.00	SP	Mass	Good health of Sr Helen Ryan
First Saturday	10.30	SP	Rosary & Fatima Devotions	
Sat 4 July	17.30	TT	Vigil Mass (for Sunday)	For all Parishioners
Sun 5 July	09.00	SP	Mass	Ann Olliver RIP
	11.00	CTK	Mass	Connie Hogan RIP
	15.00	AC	Confirmation Mass (at Arundel Cathedral)	
Mon 6 July	09.00	SP	Adoration	
Feria (Saint Maria Goretti)	09.30	SP	Mass	Ints of Peter Ransom
	10.00	SP	Rosary	
	19.30	Zoom	Rosary	
Tue 7 July			[Only weekday masses at the Towers]	
Feria	16.30	TT	Mass	
Wed 8 July	16.30	TT	Mass	
Thu 9 July	16.30	TT	Mass	
Feria	19.30	SP	Adoration & Divine Mercy Chaplet (no Confessions)	
Fri 10 July	15.00	Zoom	Divine Mercy Chaplet with Stations of the Cross	
	16.30	TT	Mass	
Sat 11 July	10.00	SP	Mass	David Gozal RIP
Saint Benedict	10.30	SP	Rosary	

Fifteenth Sunday in Ordinary Time

Sat 11 July	17.30	TT	Vigil Mass (for Sunday)	For all Parishioners
Sun 12 July	09.00	SP	Mass	Ints of Grainne Byrd
	11.00	CTK	Mass	Gill Ness-Collins RIP



SP | St Peter's Shoreham, BN43 5WG

44 (0) 1273 452654

Parish Office open Thursdays 09.00–13.00

CTK | Christ the King, Steyning, BN44 3PB

Please email/telephone to book an appointment at other times.

TT | The Towers Convent, Upper Beeding, BN44 3TF

44 (0) 1903 812185



PARISH NEWS

PRAYER INTENTIONS, EVENTS, NOTICES

Please continue to bring your personal prayer intentions to the Prayer Boxes at SP and CTK. These prayer intentions will usually be offered at the First Friday mass of the month.

Please pray for the soul of Patricia (Tricia) Calver RIP of CTK. Requiem Mass at CTK on Tuesday 21st July at 12.00pm. May she rest in peace.

Please also pray for PEACE, for the Diocesan Pastoral Plan, vocations, enquirers to Catholicism, our Confirmation candidates, our First Holy Communion children and families, the Baptised, and the Cycle of Prayer for Ordinary Time, summer.

Fri 3 July	SP Parish Room, 10.00am: Mothers Prayers Divine Mercy Chapel, 4pm: Prayers for peace
Sat 4	First Saturday Please join us for Mass & Fatima Devotions, 10.00am at St Peter's OLQP Bible Film Group SP Choir Practice
Sun 5	SVP Bookstall 3pm, Arundel Cathedral: Confirmation mass
Mon 6	SP Parish Room, 1.30pm: SVP meeting
Tue 7	SP School Governors
Thur 9	SP Parish Room, 10.00am: Coffee pop-in SP Parish Room, 12.00pm: OLQP Community Lunch Club
Sat 11	OLQP Bible Film Group
Sun 12	Sea Sunday 2nd Collection: Stella Maris

Welcome to any newcomers or visitors to our Parish

Where are you on your faith journey? Do you have questions? Maybe it is useful for you to know that no one has all the answers. God does. We are all growing in faith, day by day. God bless you.

If you are new to our parish, please complete one of our registration forms, which you can find in the church porch.

Confirmation

Congratulations to our young adult parishioners, Aiden, Aleya, Amelia, Daniel and Senna, who are to receive the Sacrament of Confirmation at Arundel on Sunday. Please pray for them. May they have the faith and the courage of Saint Maria Goretti, a young girl, when she was martyred. Her relics are embedded in the altar at St Peter's in Shoreham. Her photograph is just outside the confessional door. Her feast day is on Monday.

Missio

The new Summer Missio books are out and are available in the porch.

SVP Summer Foodbank Campaign



Starting this weekend, we are inviting parishioners to add an item or two to their weekly shop to support our Summer Foodbank Campaign. Thank you in advance for your kindness.

- 5 & 12 July – **Getting Ready for Summer:** plasters, wipes, suncream etc
- 19 & 26 July – **Picnic Time:** cartons of juice, snack bars, and similar items
- 2 & 9 August – **Home for Tea:** tinned meals, pasta, rice, etc

From YouCat Daily

<https://www.youcat.org/daily>

281 Why do we yearn for happiness?

God has placed in our hearts such an infinite desire for happiness that nothing can satisfy it but God himself. All earthly fulfilment gives us only a foretaste of eternal happiness. Above and beyond that, we should be drawn to God.

From Right to Life

The Lord tells us that He has revealed the mysteries of the Kingdom to little children. Let us, therefore, ask for the grace to protect all children - born and unborn - from every form of harm.

To Sing is to Pray Twice (St Augustin)

This week, a beautiful setting of Matthew 11:28, written by Sussex composers James Morgan and Juliette Pochin, and sung by the Poor Clares of Arundel on their 2020 album, Light for the World: [All who labour](#).

Yes, for the love of Jesus I forgive him... and I want him to be with me in Paradise.

Saint Maria Goretti concerning Allesandro Serenelli (her assailant). 1902

