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**7th June 2026**

**The Most Holy Body & Blood of Christ**

**Year A**

**WELCOME TO OUR PARISH**

**From Father Graham**

In a parish in southern Lebanon last Sunday 50 children received their First Holy Communion with great joy amidst the fear of missile attacks (EWTN News). Today we rejoice as 5 of our young parishioners receive their First Holy Communion. The context could not be more different but sadly not unique. We take it for granted that we can gather in peace, practice our faith and receive the sacraments.

Today's Mass is unlikely to make the news headlines of EWTN. But every celebration of Mass and reception of Holy Communion is of universal and eternal significance. A Holy Communion received with love, reverence, sincerity and faith can change the world. It brings about change just as the bread and wine are changed into the body and blood of Christ. Jesus says that His "flesh is true food and (His) blood is true drink" and Saint Paul reminds us that we participate in the body and blood of Christ. There can be no ambiguity here. To be united to Jesus and communion with Him is expressed in our Holy Communion whether it is the first, one hundredth or last time.

The gift and sacrifice of Jesus, given on the cross and in the Mass perpetuates in the Tabernacle. He is here. The graces received can be extended in adoring Jesus in the monstrance on the altar. We and many parishes have opportunities for this. You can even watch online. The angels prostrate before Him. The benefits are many. But ultimately, in adoring the Blessed Sacrament we see Jesus face to face and it is His face that we seek and yearn for always and everywhere.

With my prayer for an increase love of Jesus in the Blessed Sacrament. God bless you. Fr Graham

**The Most Holy Body & Blood of Christ**

**Mass Intention**

Sat 6 June	10.00	SP	Mass	Pete & Shirley Osborne RIP
<i>Our Lady (1st Saturday)</i>	10.30	SP	Rosary & Fatima Devotions	
<b>Sat 6 June</b>	<b>17.30</b>	<b>TT</b>	<b>Vigil Mass (for Sunday)</b>	<i>Tess Grimes RIP</i>
<b>Sun 7 June</b>	<b>09.00</b>	<b>SP</b>	<b>Mass</b>	<i>For all Parishioners</i>
	<b>11.00</b>	<b>CTK</b>	<b>Mass</b>	<i>Peter Samson RIP</i>
Mon 8 June	09.00	SP	Adoration	
<i>Feria</i>	09.30	SP	Mass	<i>Good health of Maria Leventis</i>
	10.00	SP	Rosary	
	16.30	TT	Mass	
	19.30	Zoom	Rosary	
Tue 9 June	09.30	CTK	Rosary	
<i>Feria (Saints Ephram &amp; Columba)</i>	10.00	CTK	Mass	<i>Reginald &amp; Bridget Argent RIP</i>
	10.30	CTK	Adoration & Confessions	
	16.30	TT	Mass	
Wed 10 June	16.30	TT	Mass	
Thu 11 June	09.00	SP	Adoration	
<i>Saint Barnabas</i>	09.30	SP	Mass	<i>Christopher Thorpe RIP</i>
	16.30	TT	Mass	
	19.30	SP	Adoration, Divine Mercy Chaplet & Confessions	
Fri 12 June	09.30	SP	Mass	<i>Canon Jason Jones RIP</i>
<i>The Most Sacred Heart of Jesus</i>	10.00	SP	Adoration & Confessions	
	15.00	Zoom	Divine Mercy Chaplet <i>with Stations of the Cross</i>	
	16.30	TT	Mass	
Sat 13 June	10.00	SP	Mass	<i>World Apostolate of Fatima</i>
<i>Immaculate Heart of Mary</i>	10.30	SP	Rosary	

**Eleventh Sunday in Ordinary Time**

<b>Sat 13 June</b>	<b>17.30</b>	<b>TT</b>	<b>Vigil Mass (for Sunday)</b>	<i>Trish Goodchild RIP</i>
<b>Sun 14 June</b>	<b>09.00</b>	<b>SP</b>	<b>Mass</b>	<i>For all Parishioners</i>
	<b>11.00</b>	<b>CTK</b>	<b>Mass</b>	<i>John Thompson &amp; Peter Spear RIP</i>

SP | St Peter's Shoreham, BN43 5WG

44 (0) 1273 452654

Parish Office open Thursdays 09.00—13.00

CTK | Christ the King, Steyning, BN44 3PB

Please email/telephone to book an appointment at other times.

TT | The Towers Convent, Upper Beeding, BN44 3TF

44 (0) 1903 812185



PARISH NEWS

PRAYER INTENTIONS, EVENTS, NOTICES

Please continue to bring your personal prayer intentions to the Prayer Boxes at SP and CTK. These prayer intentions will usually be offered at the First Friday mass of the month.

Please pray for PEACE, for the Diocesan Pastoral Plan, vocations, enquirers to Catholicism, our Confirmation candidates, the Baptised, and the Cycle of Prayer for Ordinary Time, summer.

From Right to Life

As we celebrate the solemnity of The Most Sacred Heart of Jesus this Friday, let us pray that all those touched by abortion may find God’s mercy, healing and love, and rest themselves in His Sacred Heart.

To Sing is to Pray Twice (St Augustin)

A piece this week composed by Marco Frisina b.1974 an Italian priest and composer who is the director of the Pastoral Worship Centre in Rome: [Anima Christi](#).

Sat 6	OLQP Bible Film Group
Sun 7	SP, 9.00am: First Holy Communion mass SP Parish Room, 10.00am: SVP Bookstall
Tue 9	SP Parish Room, 7.30pm: ‘Come & See’ group, discussing <a href="#">An introduction to prayer</a> .
Thur 11	SP Parish Room, 10.00am: Coffee pop-in SP Parish Room, 12.00pm: OLQP Community Lunch Club
Sat 13	<i>Saint Anthony of Padua is celebrated on Monday in our diocese (15th)</i>
Sun 14	SP Parish Room, 10.00am: First Holy Communion Celebration

Welcome to any newcomers or visitors to our Parish

Where are you on your faith journey? Do you have questions? Maybe it is useful for you to know that no one has all the answers. God does. We are all growing in faith, day by day. God bless you.

We have a group, ‘Come & See’, for people to come and discuss faith and ask questions in an informal setting.

**Next date: Tuesday 9th June, 7.30pm in the Parish Room at St Peter’s, discussing [An introduction to prayer](#). All are welcome.**

OLQP First Holy Communion: 7th June 2026

Please pray for Antonia, Daniel, Nuala, Orlagh and Samuel, who are receiving their First Holy Communion this Sunday at St Peter’s. Please pray for their families and the catechists.



From YouCat Daily

[www.youcat.org](http://www.youcat.org)

218 What is the right way to honour the Lord present in the bread and wine?

Because God is truly present in the consecrated species of bread and wine, we must preserve the sacred gifts with the greatest reverence and worship our Lord and Redeemer in the Most Blessed Sacrament.

If there are consecrated hosts left over after the celebration of Holy Eucharist, they are kept in sacred vessels in the tabernacle. Since the Most Blessed Sacrament is present in them, the Tabernacle is one of the most venerable places in every church. We genuflect before any tabernacle. Certainly, anyone who is really following Christ will recognise him in the poorest of the poor and serve him in them. But he will also find time to spend in adoration before the tabernacle and offer his love to our Eucharistic Lord.

People’s Emergency Briefing

A video addressing the implications of climate and nature breakdown for health, food systems, nature loss, national security and the economy, will be shown on Saturday 13th June 3.30 – 5.00pm at The Church of the Good Shepherd. All welcome.

Prayer in humble adoration given by the Angel of Peace in Fatima Autumn 1916

*“Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And, through the infinite merits of His most Sacred Heart, and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.”*

(3rd apparition of the angel this time holding a chalice in his hands. Above it was suspended a host from which drops of blood were falling into the chalice. The Angel left the chalice suspended in the air and prostrated himself before it, repeating the prayer three times).

***“Eucharistic adoration is the most necessary mission to the Church, which has even more need of prayerful souls, than of powerful preachers or men of eloquence.”***

St Peter Julian Eymard, Apostle of the Eucharist

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