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29th March 2026

Palm Sunday of the Passion of the Lord

Year A

WELCOME TO OUR PARISH

From Father Graham

Last week we celebrated the Annunciation of the Lord. The moment when the Archangel visited Mary and greeted her with the words of the rosary. It is at this moment, after Mary's consent, that the Word became flesh - God with us in the womb of Mary.

I wonder if Mary perceived that her simple and uncomplicated "yes" would lead to the events of Holy Week? Yes, she was scared at the sight and message of the Angel but this would fall into distant memory compared to her emotions during her Son's suffering and death. Mary heard the prophesy of Simeon and expected a "sword to pierce her own soul". This was it's fulfilment. She would not have left her Son's side, especially in death.

When we give our consent to God's will in our life, when we renew our promises of baptism, we cannot envisage what being faithful to Jesus will mean for us either. Jesus calls us to pick up our cross daily and follow Him, step by step. We know where our final destination is but we do not know the route, only that there will be a Gethsemane, a betrayal, a crowd, a mocking and a Calvary for each of us. Persevere to the end through faith.

Do we think that Mary, our heavenly Mother, will abandon us? Our sufferings cause a pain in the same heart of Mary as for her Divine Son, as each sin caused her Son to flinch in an inflicted wound. For love of us He died, for Love of us she follows. Try to keep Jesus and Mary company this Holy Week, especially the last Three Days. The Triduum is the climax of the year, the holiest of Holy Week. Come and see how much He loves you.

With my prayer for you and a profound Holy Week. God bless you, Fr Graham.

Palm Sunday of the Passion of the Lord

Sat 28 Mar	17.30	TT	Vigil Mass <i>(for Sunday)</i>	For all Parishioners
Sun 29 Mar	09.00	SP	Mass	Tony Rolph RIP
	11.00	CTK	Mass	John Lambert RIP

Mon 30 Mar	09.00	SP	Adoration	
<i>Monday of Holy Week</i>	09.30	SP	Mass	<i>Ints of Bernie Glancy</i>
	10.00	SP	Rosary	
	16.30	TT	Mass	
	19.30	Zoom	Rosary	

Tue 31 Mar	09.30	CTK	Stations of the Cross	
<i>Tuesday of Holy Week</i>	10.00	CTK	Mass	<i>Gary Callaghan RIP</i>
	16.30	TT	Mass	

Wed 1 Apr	10.00	SP	The Way of the Cross	
<i>'Spy'</i> <i>Wednesday of Holy Week</i>	16.30	TT	Mass	
	18.00	AC	Chrism Mass at Arundel Cathedral	

The Sacred Paschal Triduum

Maundy Thursday

Thu 2 Apr	19.30	SP	Mass of the Lord's Supper	<i>Private Intention</i>
	20.30	SP	Praying & waiting with Jesus <small>until 11.00pm</small>	
	20.30	SP	Confessions	

Good Friday (Day of Fasting and Abstinence)

Fri 3 Apr	10.00	SP	Stations of the Cross (children/families welcome)	
	10.30	CTK	Stations of the Cross (led by the Sisters)	
	15.00	SP	Solemn Liturgy of the Lord's Passion	
	16.15	SP	Confessions	

Holy Saturday

Sat 4 Apr	20.30	SP	The Solemn Vigil of Easter	<i>Parish Prayer Ints</i>
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The Season of Easter

Sun 5 Apr	09.00	SP	Mass	<i>Labelle & Joly Families deceased RIP</i>
<i>Easter Sunday</i>	10.00	TT	Mass	<i>For all Parishioners</i>
	11.00	CTK	Mass	<i>Hugh Payne RIP</i>

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Please email/telephone to book an appointment at other times.

TT | The Towers Convent, Upper Beeding, BN44 3TF

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OPPORTUNITIES TO CONNECT WITH YOUR FAITH

Plans for the Sacred Triduum: Father Graham writes...

As last year we will come together as a united parish of Our Lady Queen of Peace to celebrate the Sacred Triduum. For practical reasons, the best place to do this is St Peter's in Shoreham. I hope that people from all parts of the parish will want to be involved in the liturgy. We need welcomers, volunteers for feet washing, readers, servers, people to keep watch (on Thursday evening), and singers. I'd like to have a team of people fully representing our wonderful parish. If you can help (including offering lifts to fellow parishioners), please email the office or leave a message 01273 452654. All are welcome.

Divine Mercy Novena: starting on Good Friday

We will begin The Divine Mercy Novena on Good Friday, nine days of prayer in preparation for the feast on Sunday 12th April. You can follow the Divine Mercy Novena using the leaflets we have in the church porch, or a good online resource is PrayMoreNovenas.com to get a daily novena prayer sent to your inbox or ask Patsy at patsydaniels@gmail.com to send you details.

What is Divine Mercy Sunday?

Jesus made a promise to us via St Faustina that the person who receives the Eucharist in a state of grace on the 8th day of the Octave of Easter (the Sunday after Easter) now known as Divine Mercy Sunday will have all sins and punishment forgiven, if he asks for it. This equates to a second baptism, as stated by Fr Chris Alar a Marian father at the Divine Mercy shrine in Massachusetts in this 3.5 minute video.

He suggests we say the following words or something similar when we return to our bench after receiving Holy Communion:

"Lord Jesus Christ, Son of the living God, You promised St Faustina that the soul that has been to Confession [I have] and the soul that receives Holy Communion with trust in Divine Mercy [I have] will receive complete forgiveness of all sins and punishment. Lord, please give me this grace. Jesus I trust in You."

This feast incorporating this most generous of gifts was inaugurated by St John Paul II in the year 2000 when he instituted Divine Mercy Sunday.

From Right to Life

As we recall the welcome of the Lord into Jerusalem and then His Passion and Death, let us pray for those who are sick and fearful, that our Lord, who walked the lonely road to the Cross, will accompany them in their suffering and assure them of His love.

From YouCat Daily

277: What are the Stations of the Cross?

Following Jesus on his Way of the Cross by praying and meditating on the fourteen Stations is a very ancient devotion in the Church, which is practiced especially in Lent and Holy Week.

The 14 Stations of the Cross are: 1. Jesus is condemned to death. 2. Jesus takes up his Cross. 3. Jesus falls the first time. 4. Jesus meets his sorrowful Mother. 5. Simon of Cyrene helps Jesus carry the Cross. 6. Veronica wipes the face of Jesus. 7. Jesus falls the second time. 8. Jesus meets the women of Jerusalem. 9. Jesus falls the third time. 10. Jesus is stripped of his garments. 11. Jesus is nailed to the Cross. 12. Jesus dies on the Cross. 13. Jesus is taken down from the Cross and presented to his sorrowful Mother. 14. Jesus is laid in the tomb.

PRAYER INTENTIONS

Please continue to bring your personal prayer intentions to the new Prayer Boxes at SP and CTK. These prayer intentions will next be offered at the Easter Vigil mass at St Peter's on 4th April.

Please pray for Thomas Denman being received into full communion with the Church and receiving the Sacrament of Confirmation and First Holy Communion at the Easter Vigil mass next week.

Please pray for Anne-Mary Hancox RIP (Sue or Fifi) who has died recently. Her Funeral is on Monday 13th April at 12pm at St Peter's. Please also pray for her family.

Please pray for First Holy Communion families, our Confirmation candidates, Come and See group and Enquirers, Saint Peter's school and our catholic schools, peace, vocations and Pope Leo's prayer intentions for Lent.

Please also pray for the outcome of the Finance and Safeguarding Audits happening in the parish at this time.

Holy Week Devotions

Adoration

Holy Thursday from 8.30pm

Confessions

Holy Thursday from 8.30pm

Good Friday from 4.00pm

Stations of the Cross

Good Friday 10.00am at St Peter's (families/children particularly welcome)

Good Friday 10.30am at CTK (led by the Sisters)

Table with 3 columns: Location (SP, CTK, TT), Address (St Peter's Shoreham, Christ the King, The Towers Convent), and Phone Number (44 (0) 1273 452654, 44 (0) 1903 812185).

Parish Office open Thursdays 09.00-13.00. Please email/telephone to book an appointment at other times.



PARISH NEWS

EVENTS & NOTICES

Sat 28	Please note; no mass at St Peter's today SP, 9.30am: SP choir practice
Sun 29	Palm Sunday: Blessing of Palms and Procession 2nd Collection: Lenten Alms
Mon 30	Safeguarding Audit
Tues 31	<i>No Adoration or Confessions at CTK</i>
Wed 1 Apr	SP, 10.00am: The Way of the Cross Arundel Cathedral, 6.00pm: Chrism Mass
Fri 3	St Mary de Haura, 11.15am: Walk of Witness <i>Divine Mercy Novena begins</i> SP Parish Room, 4.30pm: 'New Passover, New Exodus' Lent film
Sat 4	Easter flowers prepared SP choir practice
Sun 5	SP, 10.00am: Easter Egg Hunt <i>SVP Raffle Draw</i>

Future dates for your diary

23 Apr	Afternoon Tea for St George's Day at St Peter's
24 Apr	Quiz Night in aid of Turning Tides (formally Worthing Churches Homeless charity)

 Easter Egg Hunt

Once again, there will be an Easter egg hunt for the children after the 9am mass on Easter Sunday. Please come and find us at the back of the church straight after the service if you wish to join in. Mrs Crees and Mrs Hodge look forward to seeing you!

Lenten Alms: Let the Children Live

Many thanks to everyone who has donated to Let The Children Live.



LET THE CHILDREN LIVE!

We have asked for more leaflets for those who didn't get one and will put them out once we receive them. Here are the details if you prefer to donate direct:

Website: <https://letthechildrenlive.enthuse.com>

Email: letthechildrenlive@mac.com / Telephone: 01302 858369

Easter Flower Cross

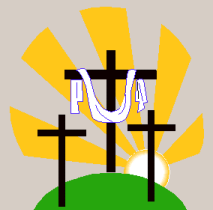
The flowering of the cross is a Western Christian tradition. Dating from the Sixth Century, it is practised at the arrival of Easter, in which worshippers place flowers on the bare wooden cross. The barren cross, a reminder of Jesus' death, is transformed into an Easter symbol representing the new life that emerges from Jesus' death on Good Friday.



We would like to invite you to bring a flower on Easter Saturday to the vigil or on Easter Sunday, to place onto the cross, while saying a silent prayer (prayer cards available). Suggestions are a flower from your garden or from a supermarket bunch. Firmer stems (such as carnations, chrysanthemums, roses) work well in the floral foam. Spring flowers (for example daffodils, tulips, hyacinths) have softer stems and can be placed in the holders at the foot of the cross, rather than in the foam. We will also have some flowers available in the Divine Mercy chapel for you to use.

Via Lucia – Stations of the Resurrection

As a follow up to the popular 'Way of the Cross' Lent sessions, on Wednesday 8th April at 10.00am we will meet in the Divine Mercy Chapel of St. Peter's to celebrate Easter by praying the Stations of the Resurrection.



Like the Stations of the Cross but following events along the way of light, Via Lucia, from the Resurrection to Pentecost led by Cecilia and Deacon Simon. All are welcome.

'New Passover, New Exodus' Film

All are welcome after the Good Friday service to watch a short film (approx. 25 mins), set in the Holy Land. With tea and hot cross buns included.

Diocesan Good Friday Collection for the Holy Land

Please respond generously to this annual collection which is not only used to maintain the Holy Places but also for the needs of the local Christian communities who require our assistance.

To Sing is to Pray Twice

A beautiful performance of 'Hosanna to the Son of David' sung by the Cambridge Singers. This is followed by Stainer's well known and loved 'God So Loved the World'.

Saint Paul of the Cross prayed...

Stay in the presence of God, keep your spirit awake with quick prayers, with loving glances up to God. Just rest in His Divine womb, like a child in its mother's womb; but do it with great trust.

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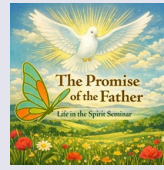
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DIOCESAN NEWS

The Promise of the Father Life in the Spirit Seminar from Redhill, April 2026

You are warmly invited to take part in the upcoming Life in the Spirit Seminar in support of the Diocesan Pastoral Plan, taking place in Redhill starting April 2026. This journey over seven sessions is an opportunity to deepen your relationship with Jesus and to experience anew the abundant power of His Holy Spirit. Each session includes inspiring teaching from excellent speakers, personal testimonies, small group sharing and prayer.

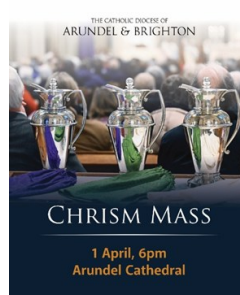


A centre has been established for our deanery where all interested participants will be able to gather for the weekly Seminar sessions, which will take place from 14 April to 2 June every Tuesday. Hopefully this initiative can be the beginning of the prayer group across our new Parish.

See poster for more details, or email the office: adurvalley@abdiocese.org.uk.

Chrism Mass at Arundel Cathedral: 1st April 6pm

The diocesan Chrism Mass will be celebrated at Arundel Cathedral by Bishop Gerard Bradley, Auxiliary Bishop of Southwark, on Wednesday 1 April. The Mass offers us an opportunity to come together as the diocesan family, gathering in faith and unity to celebrate the gift of the ministerial priesthood, and the life of grace that flows through the Sacraments of the Church.



During this Mass, the Oil of the Sick and the Oil of Catechumens are blessed, and the Oil of Chrism is consecrated. These are then distributed to parishes throughout the diocese for use in the sacraments during the coming year: the Oil of the Sick to bring healing and comfort to those who are ill; the Oil of Catechumens to strengthen catechumens preparing for Baptism; the sacred Chrism, used in Baptism and Confirmation, ordinations of priests and bishops, and the dedication of churches and altars.

Interested in training and volunteering as a Relationship Counsellor?

Marriage Care is a Catholic organisation specialising in relationship support and we are currently looking for those who are empathetic, understanding and have an enthusiasm for supporting adult relationships, to train on our Certificate in Relationship Counselling (CRC) and volunteer with us. This is a great opportunity to make a real difference to couples and families. To find out more please visit: www.marriagecare.org.uk or email: volunteer@marriagecare.org.uk.



Holy Week Films from the Diocese

The Diocese has created three short films to accompany people across our family of faith through Holy Week. The films are presented by Canon Kieron O'Brien from the Catholic Parish of Brighton & Hove; Canon Jonathan Martin, Diocesan Administrator and parish priest of St Pancras, Lewes; and Fr Jonathan How, Moderator of Guildford Catholic Parish.

In the first film Canon Kieron O'Brien introduces Holy Week, highlighting the importance of reflection and prayer and the invitation to contemplate, at a deep level, the foundational mysteries of our Faith. You can watch an introduction to Holy Week here: vimeo.com/1176144932

In the second film, Canon Jonathan Martin explores the Good Friday Liturgy; Jesus' self-offering on the Cross for the love of us, the "immense goodness of God", and the veneration of the Cross as an act and expression of our love. You can watch Good Friday's film here: vimeo.com/1176142344

The third film, presented by Fr Jonathan How, explores the wonder of the Easter Vigil as the greatest celebration in the Church's year, highlighting that we are made in the image of God, and are not only witnesses to the Resurrection but also, "sharers in The Word Who is Life." You can watch film 3 on the Easter Vigil here: vimeo.com/1176140606

If you have trouble using the links above, you can also access all the films by going direct to the Diocesan website:

<https://www.abdiocese.org.uk/>



Readings: Palm Sunday A

1st Reading Isaiah 50:4-7

Psalms 22(21): 8-9, 17-18a, 19-20, 23-24, R2a

2nd Reading Philippians 2:6-11

Gospel Matthew 26:14-27:66

To see the readings for the coming week visit www.universalis.com

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