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22nd February 2026

First Sunday of Lent

Year A

WELCOME TO OUR PARISH

From Father Graham

"Lent is the perfect time to work on our prayer lives!" Not my words but an invitation from another. Perfectly true though. The words are echoed by Pope Leo XIV in his Lenten Message for this year. Pope Leo goes on to reflect on the power of the words we speak, that can bring peace or harm:

"I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbour."

It is always tempting to retaliate when someone hurts us or provokes us. We know where the temptations come from! Jesus shows us how to respond. Not only by His answers to the devil in the wilderness but also by the way He accepts His passion and cross. Sometimes words, sometimes silence, never harmful. Jesus trusts in His Heavenly Father, the authority of the Word of God and primacy of the worship of God. Jesus knows that everything has been put into His hands. That He will undo the disobedience of Adam by His obedience to God's will. He knows that through His death and resurrection grace will always outdo sin and death.

When we are tempted to say a word that might harm or hurt, remember the words that were thrown at Jesus as He carried His cross and the silence that absorbed them. Abstinence is about the love of God and His authority over our bodies and souls. It draws our attention away from self and to a deeper and real relationship with God and our neighbour - be them friend or stranger.

With my daily prayer for you this Lent. May God bless you.

Fr Graham

First Sunday of Lent

Sat 21 Feb	17.30	TT	Vigil Mass <i>(for Sunday)</i>	For all Parishioners
Sun 22 Feb	09.00	SP	Mass	Ints of Ana Whittaker & Family
	11.00	CTK	Mass	Mary Marriott RIP
Mon 23 Feb	09.00	SP	Adoration	
<i>Monday of the First Week of Lent</i>	09.30	SP	Mass	Edith Stranger RIP
	10.00	SP	Rosary	
	16.30	TT	Mass	
	19.30	Zoom	Rosary	
Tue 24 Feb	09.30	CTK	Stations of the Cross	
<i>Tuesday of the First Week of Lent</i>	10.00	CTK	Mass	Helina Sumulyak RIP
	10.30	CTK	Adoration & Confessions	
	16.30	TT	Mass	
Wed 25 Feb	10.00	SP	Way of the Cross	
	16.30	TT	Mass	
Thur 26 Feb	09.00	SP	Adoration	
<i>Thursday of the First Week of Lent</i>	09.30	SP	Mass	Ints of Deirdre Thomas
	16.30	TT	Mass	
	19.30	SP	Adoration, Divine Mercy Chaplet & Confessions	
Fri 27 Feb	09.00	SP	Stations of the Cross	
<i>Friday of the First Week of Lent</i>	09.30	SP	Mass	Ints of Tina Comaschi
	10.00	SP	Lent Holy Hour of Adoration & Confessions	
<i>Day of abstinence</i>	15.00	Zoom	Divine Mercy Chaplet <i>with Stations of the Cross</i>	
	16.30	TT	Mass	
Sat 28 Feb	10.00	SP	Mass & Rosary	Irene & Gerard KIELTY RIP

Second 'Transfiguration' Sunday of Lent

Sat 28 Feb	17.30	TT	Vigil Mass <i>(for Sunday)</i>	Veronica Bennett RIP
Sun 1 Mar	09.00	SP	Mass	Tony Rolph RIP
	11.00	CTK	Mass	For all Parishioners

PRAYER INTENTIONS

Please bring your personal prayer intentions to the new Prayer Boxes at SP and CTK (see overleaf for details).

SP | St Peter's Shoreham, BN43 5WG

44 (0) 1273 452654

Parish Office open Thursdays 09.00—13.00

CTK | Christ the King, Steyning, BN44 3PB

Please email/telephone to book an appointment at other times.

TT | The Towers Convent, Upper Beeding, BN44 3TF

44 (0) 1903 812185



PARISH NEWS

PRAYER INTENTIONS, EVENTS, NOTICES

Please pray for Maureen Van Ryssen RIP who died this week. Funeral details to be confirmed. May she rest in peace.

Please pray for our 1st Holy Communion families, Confirmation candidates, Come and See group and Enquirers, Saint Peter's school and our catholic schools, peace, vocations and Pope Leo's Prayer Intentions for Lent.

From Right to Life: In this season of Lent, we offer up the merits of our daily sacrifices to the needs of the most vulnerable in society. We offer them especially for the poor, the terminally ill, the lonely, the homeless and the unborn, that the Lord would see their needs and pour out his love and blessing upon them.

A message from Mila at CTK: Thank you everyone for coming to my cafe! Due to your generosity, we raised £183.26 for St Peter's Catholic primary school.

Table with 2 columns: Date and Event. Rows include Sun 22 (2nd Collection: Lenten Alms), Mon 23 (Ash Liturgy at St Peter's School), Tues 24 (SP Parish Room, 7.30pm: Come & See enquirers group), Wed 25 (Jumble Sale hosted by Cancer Research UK), Thu 26 (SP Parish Room, 10.00am: Coffee pop-in), Fri 27 (CAFOD Lent Family Fast Day), Sat 28 (First Holy Communion children's session), Sun 1 Mar (2nd Collection: CAFOD, SVP cake sale).

Welcome to any newcomers or visitors to our Parish

Where are you on your faith journey? Do you have questions? Maybe it is useful for you to know that no one has all the answers. God does. We are all growing in faith, day by day. God bless you.

Parish Prayer Intentions: please bring them to church

Throughout Lent, please bring your personal prayer intentions to our Prayer Boxes (both at St Peter's and CTK).

At St Peter's, we already have the Prayer Tree, located in the Divine Mercy Chapel, which is regularly used by parishioners and visitors throughout the day. We have added a Prayer Box here, and one at CTK (next to the votive candles).

You are warmly invited to write your personal prayer intentions on a small card and place them in the Prayer Box. If you are unable to get to church, you can email them to the office for inclusion, or via the contact form on our website.

The names and intentions placed in the Prayer Boxes and on the Prayer Tree will be offered at the First Friday Mass, united to the Sacred Heart of Jesus. After this Mass, the Prayer Box will be refreshed for the following month. Please note that these prayer intentions will remain private. They will not be read aloud.

The aim is to ensure that our intentions remain current and meaningful.

World Apostolate of Fatima: 7-8 March 2026

We are honoured to be the first parish in 2026 to host a visit of the National Pilgrim Virgin Statue of Our Lady of Fatima, along with the Relics of Saints Jacinta and Francisco.



To learn more, email: patsydaniels@gmail.com, or see poster/flyers. If you are able to help on the day please speak to Fr Graham or email the office.

World Day of Prayer, Friday 6th March, 2.00pm at St Peter's

We are hosting this year's service at St Peter's, which has been prepared by the women of Nigeria and the theme is "I will give you rest, come...". The service will be followed by refreshments in the Parish Room afterwards. All are welcome.

Lent Lunches

You are warmly invited to have some soup and bread in aid of ACN. Please contact elareeves57@gmail.com if you would like to come. We hope to do more.

From YouCat Daily

https://www.youcat.org/daily

313: Why must a sinner turn to God and ask him for forgiveness?

Every sin destroys, obscures, or denies what is good; God, however, is all-good and the author of all good. Therefore, every sin goes against God (also) and must be set right again through contact with him.

SVP Cake Sale: Sunday 1st March, CTK Cuthman Room (after 11am mass)

All proceeds to our local SVP, supporting the elderly, homeless, refugees and those struggling financially in our area. See poster for details.

Foodbank Appeal

During Lent, we will be reviving our Foodbank appeal. Please bring items for 'Personal Hygiene', starting on Sunday 22nd February and continuing the following week. Thank you in advance for your support.



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