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15th February 2026

Sixth Sunday in Ordinary Time

Year A

WELCOME TO OUR PARISH

From Father Graham

Much of the spiritual life, and therefore real life, is to do with right desire.

We can be dictated to by our desire, which may lead us away from God and into conflict with others, or we can (as our first reading at Mass declares) make a right choice by having a right desire. In our freedom we can exercise choice, to do the right thing or the wrong thing. Our freedom may be impaired or restricted by any number of things - addiction, habit, ignorance, coercion or force to name a few.

To have true freedom and right desire is our life's work and so that we might keep the commandments of God. The same commandments can either be a springboard into freedom or the limits of wrongdoing.

Jesus, who is the fulfilment of the Law and the Prophets, comes not to set us free from the commandments but to liberate us from the consequences of breaking them. He enables us to keep them and more. Not to be limited by them but to keep them and go beyond them - in spirit.

Jesus makes us truly free so that we may want the right desire, which is to be like Him and with Him.

This journey of self-discovery is part of our Lenten journey that brings us to deeper knowledge of God by knowing Jesus and spending more time with Him, that He might minister to us more deeply and heal us from old wounds. Our healing gives us freedom from where we can make a choice, a desire to love Him more.

With my prayer for you for a blessed Lent.

May God bless you. Fr Graham

Sixth Sunday in Ordinary Time (Quinquagesima)

Mass Intention

Sat 14 Feb	10.00	SP	Mass	Robert & Joan Beck RIP
	10.30	SP	Rosary	
Sat 14 Feb	17.30	TT	Vigil Mass (for Sunday)	For all Parishioners
Sun 15 Feb	09.00	SP	Mass	Tony Rolph RIP
Quinquagesima	11.00	CTK	Mass	Michael O'Connor RIP
Mon 16 Feb	16.30	TT	Mass	
Feria	19.30	Zoom	Rosary	
Tue 17 Feb	16.30	TT	Mass	

The Season of Lent: Ash Wednesday

Wed 18 Feb	09.30	SP	Mass with Imposition of Ashes	Private Intention
Day of fasting & abstinence	10.00	CTK	Liturgy of the Word with Imposition of Ashes	
	16.30	TT	Mass with Imposition of Ashes	
Thur 19 Feb	16.30	TT	Mass	
Fri 20 Feb	15.00	Zoom	Divine Mercy Chaplet with Stations of the Cross	
	16.30	TT	Mass	

First Sunday of Lent

Sat 21 Feb	17.30	TT	Vigil Mass (for Sunday)	For all Parishioners
Sun 22 Feb	09.00	SP	Mass	Ints of Ana Whittaker & Family
	11.00	CTK	Mass	Mary Marriott RIP



Alleluia, alleluia. I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia

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OPPORTUNITIES TO CONNECT WITH YOUR FAITH

Welcome to any newcomers or visitors to our Parish

Where are you on your faith journey? Do you have questions? Maybe it is useful for you to know that no one has all the answers. God does. We are all growing in faith, day by day. God bless you. We have a group, 'Come & See', for people to come and discuss/learn more about our faith and ask questions in an informal setting (see posters and leaflets in the porch).

Next session: Tues 24th February 2026, 7.30pm. We will be discussing The Most Holy Eucharist. All are welcome.



From YouCat Daily

<https://www.youcat.org/daily>

151 What possibilities are there for the forgiveness of sins in the Church?

Fundamentally the forgiveness of sins occurs in the Sacrament of Baptism. After that the sacrament of Reconciliation (Penance, confession) is necessary for the forgiveness of serious sins. For less serious sins, confession is recommended. But reading Sacred Scripture, prayer, fasting, and the performance of good works also have the effect of forgiving sins.

Parish Prayer Intentions

Many of you will be familiar with the prayers for the sick published in the newsletter, as well as the prayer lists displayed in the porches of our churches. These porch lists are refreshed each month, but the newsletter list can become outdated simply because we do not always know when intentions need to be updated.

Throughout Lent we will be trying a different approach, raising awareness of all the opportunities for prayer, trying to ensure that our intentions remain current and meaningful. More details next week.

Our Lady Star of the Sea Parish Pilgrimage to Walsingham

Tuesday 19<sup>th</sup> to Thursday 21<sup>st</sup> May 2026. Full cost including meals and transport by coach will be £300. 25 rooms have been booked with a few spare ones to go. Friends from local parishes will be most welcome to join us. However, we must have definite names by Thursday 19th February at the latest. Please contact parish office for more information. 01903 785901.

Mass Intentions: Why offer a Mass?

People have a Mass said for someone as a powerful form of prayer, offering the ultimate sacrifice of Jesus Christ for a specific intention, whether for the deceased (for their soul's purification in purgatory), the living (for healing, birthdays, anniversaries, or general well-being), or in thanksgiving, serving as a deep spiritual gift and expression of love for both the living and departed.

What is the significance?

- ◆ Most Perfect Prayer: The Catholic Church considers the Mass the highest and most powerful form of prayer, uniting believers with Christ's sacrifice.
- ◆ Act of Love: Requesting a Mass is seen as a profound gift, offering spiritual benefits beyond measure.
- ◆ Universal Application: Masses can be offered for anyone, living or dead, Catholic or non-Catholic, and for any worthy cause.

Speak to Fr Graham or Antonia in the office if you would like to have a mass said. You can also read more here: The Greatest Gift.

PRAYER INTENTIONS

Please pray for Christine, Mary, Margaret, June, Tommie, Sr Zita, Sarah, Christine B, Joanne, Anne C, Ian, Daisy, Lynn, Jenny, David, Michael C, Mary F, Margaret A, Pat O'C, Crispin M, Jennifer R, David R, Harvey R, Phil R, Michael H, Joan T, Joanna, Richenda, Rachel, Mike D, Ashley R, Jess D, Trish Y, Maureen C, Peter P, Rosie B and all who are sick.

Please pray for our 1<sup>st</sup> Holy Communion families, Confirmation candidates, Come and See group and Enquirers, Saint Peter's school and our catholic schools, peace, and vocations.

Pope Leo's Prayer Intentions for Lent

*A focus on making the season a time to increase attentiveness to God and those in need, emphasising a "fast" that includes curbing harmful speech and fostering a "civilisation of love". He urges the faithful to use this time to listen to others, support the vulnerable, and build bridges of fraternity.*

From Right to Life

We pray for all considering abortion. We pray that the love and kindness of those around them would support pregnant women everywhere to continue with their pregnancy and find peace and joy in what the future holds.

To Sing is to Pray Twice (St Augustin)

This week a beautiful setting of Agnus Dei written by Ola Gjeilo a Norwegian composer B.1978 who lives and works in Manhattan.

Pope Francis prayed...



*God has a dream for your life. Welcome that dream and pursue it with joy.*

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PARISH NEWS

EVENTS & NOTICES

Sat 14	OLQP Bible Group
Sun 15	Day of Prayer for the Unemployed
Mon 16	Weekday masses at TT only this week (half term) apart from Ash Wednesday
Tue 17	Shrove Tuesday
<b>Future dates for your diary</b>	
25 Feb	Jumble Sale hosted by Cancer Research UK at SP (see flyer below)
28 Feb	Catenians quiz night at The Towers
6 Mar	SP, 2,00pm: World Day of Prayer (with refreshments in the Parish Room afterwards)
7-8 Mar	World Apostolate of Fatima England & Wales visiting the parish
12 Mar	Healing Service at St Peter's
23 Apr	Afternoon Tea for St George's Day at St Peter's

World Apostolate of Fatima

We are honoured to be the first parish in 2026 to host a visit of the National Pilgrim Virgin Statue of Our Lady of Fatima, along with the Relics of Saints Jacinta and Francisco.

This is a wonderful opportunity to have an insight into Fatima. There will be mass, rosary, meditation, confessions, divine mercy, films and items to buy. 9.45am until 4.45pm (please bring a packed lunch; tea & coffee will be available).

To learn more, email: [patsydaniels@gmail.com](mailto:patsydaniels@gmail.com), or see poster/flyers in the porch.

If you are able to help on the day please speak to Fr Graham or email the office.

VISITATION OF THE NATIONAL PILGRIM VIRGIN STATUE (NPVS) OF *Our Lady of Fatima* AND THE RELICS OF SAINTS JACINTA AND FRANCISCO  
Our Lady Queen of Peace, Adur Valley BN43 5WG

**7 March 2026 (first Saturday)**

0950H: Procession and Enthronement of the NPVS of Our Lady of Fatima and the Relics of Saints Jacinta & Francisco Marto  
1000H: Holy Mass  
With the Prayer of re-Consecration to the Immaculate Heart of Mary  
1050H: Tea break  
1120H: 15 minutes meditation  
1135H: Recitation of the Joyful Mysteries of the Rosary  
1200H: Veneration of the Relics of Saints Jacinta and Francisco  
1215H: Lunch  
1315H: Holy Hour with Confessions  
1415H: Benediction  
1425H: Divine Mercy Chaplet  
1435H: Tea break  
1500H: Showcase of Fatima Programmes / Initiatives  
Station 1: Fatima Prayer Call  
Station 2: COFFEEH  
Station 3: Pronoters  
Station 4: Home Pilgrim Statue Visitation  
1620H: Encolment and Investiture of the Brown Scapular  
1645H: End of day 1.

**8 March 2026, Sunday**

0900H: Holy Mass (St Peter)  
1000H: Veneration of the Relics of Saints Jacinta and Francisco  
1100H: Holy Mass (Christ the King)  
1200H: End of visitation.

For more information, please contact the parish or visit the parish website.  
Arranged by the World Apostolate of Fatima (England & Wales) - A Public Association of the Faithful  
Registered Charity 119986  
Contact the World Apostolate of Fatima  
Mobile no. 0778847210 (9 am to 5 pm only, Mon to Fri)

Weekday Masses at The Towers: 4.30pm

Fr Tony has been in touch to say he is progressing 'steadily but slowly'. Fr Tony and the Sisters have decided to move the weekday masses at The Towers to be at the same time each day for the foreseeable future, at 4.30pm. We will let you know if this changes.

World Day of Prayer, Friday 6th March, 2.00pm at St Peter's

We are hosting this year's service at St Peter's, which has been prepared by the women of Nigeria and the theme is " I will give you rest, come..."

The service will be followed by light refreshments in the Parish Room afterwards. All are welcome.

A message from the Rolph Family

Mary, Catherine, Ian, Jennifer, Helen and Susan would like to thank everyone who helped make Tony Rolph's Requiem Mass such a special occasion. We are very grateful.

Adur Valley Catenians Quiz Night in aid of 'Safe in Sussex', a women's refuge from domestic abuse

Saturday 28th February, 6.30 for 7.00pm, at The Towers

Buffet Supper / Licenced Bar / Raffle / Prizes for the winners / Teams of 4-6 people / £12.50 per person / £8.50 under 18s.

Tickets from: [info@adurvalleycatenians.co.uk](mailto:info@adurvalleycatenians.co.uk). Or call Adrian on 07976-913774.

St Peter's School Friends Association Elvis tribute night: Friday 27th February

The singer is a local man who has visited St Peter's before as Elvis. He is exceptional and we can promise you a great evening. Refreshments will be available to purchase at the event. It will be a great night and if you like Elvis' music you really will not be disappointed. Tickets are £12.00 each. If you are interested, please email Liz Matthews at the school – [office@stpetersshoreham.co.uk](mailto:office@stpetersshoreham.co.uk) and advise how many tickets you would like.

**JUMBLE SALE**

**THIS IS A CASH ONLY EVENT**

**Lots of great bargains  
For all the family  
Prices from 50p  
St Peters church  
West St Shoreham  
Wednesday  
25th February  
9 AM to 2 PM**

Tombola Refreshments

In aid of cancer research uks childrens campaign

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PREPARING FOR LENT

Unwrapping Our Faith: Fr Graham writes about Alms giving...

We have spoken about preparing for Lent. We will be reminded about prayer, fasting and alms giving on Ash Wednesday by Jesus in the Gospel for the day.

Alms giving is often misunderstood. It is not just about giving to charity but about justice. To give to those in need is to give them their right to live, to eat, to drink, to have somewhere to sleep, to be without fear.

It is also for ourselves. As we grow in spiritual discipline we know we need forgiveness from God and others. The practise of alms giving is an act of love and love cancels many a sin.

Our Lenten Alms collections and donations will be distributed equally between our local SVP project at St Charles Borromeo and also Let the Children Live, a priest helping Columbian street children, see here . Collections throughout Lent.

SVP Lent Foodbank Campaign

During Lent, we will be reviving our Foodbank appeal. Please bring items for 'Personal Hygiene', starting on Sunday 22nd February and continuing the following week. Thank you in advance for your support.

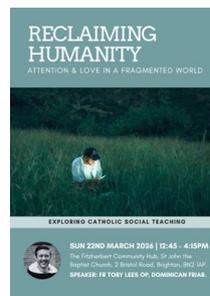


Online Lent Retreat: Signup is now open

Pray More Lenten Retreat: https://praymoreretreat.org/2026-lent-retreat/. An online retreat with four inspiring speakers, video and audio presentations and reflective study guides. Grow closer to Christ. Begins 18th February.

Reclaiming Humanity: Attention & Love in a Fragmented World

22 March, 1.30-4.15pm, Fitzherbert Community Hub, Brighton, BN2 1AP. Explore Catholic Social Teaching with Fr Toby Lees OP - forces in our culture fight for our attention but we can stay grounded through communion, contemplation, and generosity. Shared lunch at 12:45pm (bring a packed lunch or dish). For more details contact Joanna Gilbert, or see poster in porch.



Who Made Thee?

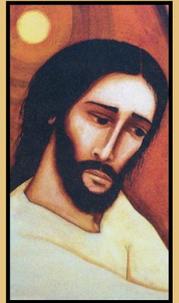
Concert of Contemporary Sacred Choral Music Brighton16 choir, conducted by Matthew Jelf Sunday 1st March 2026, 7pm-8pm St Bartholomew's Church, Ann Street, Brighton BN1 4GP Come for an hour of digital detox, and immerse yourself in beautiful choral music exploring themes of creation, scripture and prayer. See poster in porch for details.



Tickets £12 (£10 concessions) available via this link and on the door (card only): https://fienta.com/who-made-thee-contemporary-sacred-music

Lent Devotions in our Parish

- Mondays online: 7.30pm Rosary
Tuesdays at CTK: 9.30am Stations of the Cross, 10.00am Mass, 10.30am Adoration & Confessions
Wednesdays at SP: 10.00am 'The Way of the Cross' with Deacon Simon & Cecilia. Follow the Way of the Cross in prayer, reflection & song. Different images and prayers will be used each week.
Thursdays at SP: 7.30pm Adoration, Divine Mercy Chaplet & Confessions
Fridays at SP: 9.00am Stations of the Cross, 9.30am Mass, 10.00-11.00am Holy Hour of Adoration, with Confessions
Fridays online: 3.00pm Divine Mercy Chaplet and Stations of the Cross
Fridays at The Towers: 6.00pm Stations of the Cross followed by evening prayer



Lent Printed Resources

Please come and take a Lent prayer diary. We also have daily reflections booklets, and some calendars and activity books for children.

There are also some new 'library' books on various topics, all available for parishioners to borrow and share. See back of the church.



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