



Parish Priest

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20th & 27th July 2025

16th & 17th Sundays in Ordinary Time

Year C

WELCOME TO OUR PARISH

From Father Graham

There is a little of Mary and Martha in all of us. But whether we are "distracted with serving" or at the feet of Jesus we can ask what the purpose of our life is. Jesus Himself shows and tells us that our purpose is to love God in all things. He shows us how to pray and asks us to trust that God is a loving Father who always wants to give us what we need and even the Holy Spirit.

At the end of the month we celebrate Saint Ignatius of Loyola. In his spiritual exercises he puts it very succinctly as a **Principle and Foundation**:

"The goal of our life is to live with God forever. God, who loves us, gave us life. Our own response of love allows God's life to flow into us without limit.

All the things in this world are gifts from God, presented to us so that we can know God more easily and make a return of love more readily. As a result, we appreciate and use all these gifts of God insofar as they help us to develop as loving persons. But if any of these gifts become the centre of our lives, they displace God and so hinder our growth toward our goal. In everyday life, then, we must hold ourselves in balance before all of these created gifts insofar as we have a choice and are not bound by some obligation.

We should not fix our desires on health or sickness, wealth or poverty, success or failure, a long life or a short one. For everything has the potential of calling forth in us a deeper response to our life in God. Our only desire and our one choice should be this:

I want and I choose what better leads to God deepening his life in me."

With my prayer for you all. God bless you, Fr Graham.

16th Sunday in Ordinary Time

Mass Intention

Sat 19 July	08.30	TT	Mass with Morning Prayer	
Our Lady	10.00	SP	Mass & Rosary	Brian O'Kane RIP
Sat 19 July	17.30	TT	Vigil Mass (for Sunday)	For all Parishioners
Sun 20 July	09.00	SP	Mass	Ann Thomas RIP
	11.00	CTK	Mass	Fr Ray Blake RIP
Mon 21 July	08.00	TT	Mass with Morning Prayer	
Feria (Saint Lawrence of Brindisi)	09.00	SP	Adoration	
	09.30	SP	Mass	Deceased members of the Beck & Wilkinson families RIP
	10.00	SP	Rosary	
	19.30	Zoom	Rosary	
Tue 22 July	17.30	TT	Mass	
Wed 23 July	08.00	TT	Mass with Morning Prayer	
Thu 24 July	16.30	TT	Mass	
Fri 25 July	08.00	TT	Mass with Morning Prayer	
Saint James	15.00	Zoom	Divine Mercy Chaplet with Stations of the Cross	
Sat 26 July	08.30	TT	Mass with Morning Prayer	
Saints Joachim & Anne	10.00	SP	Mass & Rosary	Ints of Francisco Dominguez
Sat 26 July	17.30	TT	Vigil Mass (for Sunday)	Ethan Burdis RIP
Sun 27 July	09.00	SP	Mass	For all Parishioners
17th Sun in OT	11.00	CTK	Mass	Jude Green RIP
Mon 28 July	08.00	TT	Mass with Morning Prayer	
Feria	19.30	Zoom	Rosary	
Tue 29 July	17.30	TT	Mass	
Wed 30 July	08.00	TT	Mass with Morning Prayer	
Thu 31 July	16.30	TT	Mass	
Fri 1 Aug	08.00	TT	Mass with Morning Prayer	
	15.00	Zoom	Divine Mercy Chaplet with Stations of the Cross	
Sat 2 Aug	08.30	TT	Mass with Morning Prayer	
Sat 2 Aug	17.30	TT	Vigil Mass (for Sunday)	Ints of Daisy Cunningham
Sun 3 Aug	09.00	SP	Mass	Christopher Thorpe RIP
18th Sun in OT	11.00	CTK	Mass	For all Parishioners

SP | St Peter's Shoreham, BN43 5WG

CTK | Christ the King, Steyning, BN44 3PB

TT | The Towers Convent, Upper Beeding, BN44 3TF

44 (0) 1273 452654

44 (0) 1903 812185

Parish Office open Thursdays 09.00—13.00

Please email/telephone to book an appointment at other times.



HAPPENING THIS WEEK

PRAYER INTENTIONS, EVENTS, NOTICES

Please pray for Christine, Mary, Margaret, June, Tommie, Sr Zita, Sarah, Christine B, Joanne, Anne C, Ian, Daisy, Lynn, Jenny, David, Michael C, Mary F, Margaret A, Pat O’C, Crispin M, Jennifer R, David R, Harvey R, Phil R, Len C, Michael H, Joan T, Joanna, Richenda, Rachel, Mike D, Ashley R, Mike & Jess D, Trish Y, Maureen C and all who are sick.

Please pray for the soul of Pauline Reece RIP who has recently died. Her funeral will be at the Towers, date to be confirmed. May she rest in peace.

Please also pray for PEACE, for the Diocesan Pastoral Plan, vocations, enquirers to Catholicism, our First Holy Communion children and families, and the Cycle of Prayer for Ordinary Time.

Sat 19	OLQP Bible Group
Mon 21	<i>After today, weekday masses at The Towers only this week and next.</i>
Thurs 24 & 31	SP Parish Room, 10.00: Coffee Pop-in
Our various Parish faith groups will resume in September: Thursday evening Adoration; OLQP Bible Group; Come & See enquirers group.	

From Right to Life

This week, as we celebrate the feast of Sts Joachim and Anne, the grandparents of Jesus, let us pray for new parents and grandparents, that they may manifest the love and mercy of God to their children and grandchildren.

To Sing is To Pray Twice (St Augustin)

This week a piece by the English Renaissance composer Richard Dering, beautifully sung by Recordare, formed in 2018: Factum est silentium.
There was silence in heaven whilst the dragon joined battle with the Archangel Michael. ‘Salvation and honour and power be to Almighty God.’

Also... A bonus this week! The beautiful ‘If ye love me’ by Thomas Tallis.

Welcome to any newcomers or visitors to our Parish

Welcome to our parish. Where are you on your faith journey? Do you have questions? Maybe it is useful for you to know that no one has all the answers. God does. We are all growing in faith, day by day. God bless you.

Summer Holiday Foodbank campaign

Many families rely on free breakfast clubs and free school meals, however, in the long summer holidays there is no such provision.



Please consider supporting our Summer Holiday Foodbank campaign over the next six weeks. For the first two weeks (27th July & 3 Aug) please bring **breakfast and packed lunch items**, such as cereals, drink cartons, non-perishable foods etc. If you can make a financial donation, please speak to Ann Olliver, or contact the Parish office: adurvalley@abdiocese.org.uk. Thank you.

From YouCat Daily

<https://www.youcat.org/daily>

505: Why is prayer sometimes a struggle?

The spiritual masters of all times have described growth in faith and in love for God as a spiritual, life-and-death combat. The battlefield is man's interior life. The Christian's weapon is prayer. We can allow ourselves be defeated by our selfishness and lose ourselves over worthless things — or we can win God.

Often someone who wants to pray must first conquer his lack of will power. Even the Desert Fathers were acquainted with spiritual sluggishness ("acedia").

Reluctance to seek God is a big problem in the spiritual life. The spirit of the times sees no point in praying, and our full calendars leave no room for it. Then there is the battle against the tempter, who will try anything to keep a person from devoting himself to God. If God did not want us to find our way to him in prayer, we would not win the battle.

SVP National Raffle

Tickets (£1 each) will be on sale this weekend at SP and CTK for the annual SVP National Raffle. The top two prizes are £5,000 and £1,000 respectively, plus many others.



Congratulations!

Please pray for Rachel and Anthony, who will receive the Blessing of Engaged Couples at their Betrothal ceremony this Sunday at St Peter’s. Part of their preparation for marriage later this year.

Future Date for your Diary: LIVE SIMPLY

There will be an evening of LIVE SIMPLY on Wednesday September 24th open to all (in the Parish Room at St Peter’s). Come and find out how you can get involved with parish, local and regional events. Be proactive by helping out with groups, and your parish needs. Be ready to talk to your neighbours in the new Worthing area. Follow a readymade plan via LIVE SIMPLY guidelines. More information next month.

Saint Philip Neri prayed...

Whoever wants something other than Christ does not know what he wants; whoever seeks something other than Christ does not know what he is asking for; whoever works and not for Christ does not know what he is doing.