



Parish Priest

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22 June 2025

The Most Holy Body & Blood of Christ

Year C

WELCOME TO OUR PARISH

From Father Graham

We celebrate and thank God for giving us the gift of Himself in Holy Communion, the true body and blood of Christ. How appropriate that we also welcome Fr Peter from *Let the Children Live* to our parish this weekend. Fr Peter lives and works among the forgotten children in the shanty towns of Medellín in Colombia. We also welcome together our First Holy Communion children in thanksgiving that they have received the "Bread of Life."

Jesus asks the apostles to give the crowd of 5000 plus something to eat themselves. It seems impossible but it is God who feeds the multitude through their offering. It is God who feeds the children of Medellín through the charity's offering. It is God who gives Himself to us, His children, in Holy Communion to nourish and sustain us. It all seems impossible. But the small offering of ourselves is transformed into something miraculous. Never think that God cannot change something ordinary into something extra-ordinary. Bread and wine become the body and blood of Christ. We feed and rely on Him and we come to know the purpose of our life.

Our purpose is to know God, love Him and serve Him in this world and the next. We discover this face to face when we encounter the reality of the living Jesus in the Mass - in the Blessed Sacrament, in Holy Communion. Our first response should be one of adoration (CCC 2628). We adore Him for who He is: God. We see His face and we adore Him in preparation for heaven. With my prayer for you everyday. God bless you

Fr Graham

The Most Holy Body & Blood of Christ

Mass Intention

Sat 21 June	08.30	TT	Mass <i>with Morning Prayer</i>	
<i>Saint Aloysius Gonzaga</i>	10.00	SP	Mass & Rosary	<i>For pregnant women</i>
Sat 21 June	17.30	TT	Vigil Mass <i>(for Sunday)</i>	<i>Tess Grimes RIP</i>
Sun 22 June	09.00	SP	Mass	<i>Wellbeing, David & Josette Scott</i>
	11.00	CTK	Mass	<i>For all Parishioners</i>
Mon 23 June	08.00	TT	Mass <i>with Morning Prayer</i>	
<i>Feria (Saint Tomas Garnet & Saint Etheldreda)</i>	09.00	SP	Adoration	
	09.30	SP	Mass	<i>Ints of Mary Hughes</i>
	10.00	SP	Rosary	
	19.30	Zoom	Rosary	
Tue 24 June	11.00	TT	Requiem Mass: Patricia Goodchild RIP	
<i>Birth of St John the Baptist</i>	17.30	TT	Mass	
Wed 25 June	08.00	TT	Mass <i>with Morning Prayer</i>	
Thu 26 June	09.00	SP	Adoration	
<i>Feria (Josemaría Escrivá)</i>	09.30	SP	Mass	<i>Christopher Thorpe RIP</i>
	14.00	Sch	Mass at St Peter's School	
	16.30	TT	Mass	
	19.30	SP	Divine Mercy Chaplet, Adoration & Confessions	
Fri 27 June	08.00	TT	Mass <i>with Morning Prayer</i>	
<i>The Most Sacred Heart of Jesus</i>	09.00	SP	Adoration	
	09.30	SP	Mass	<i>Wellbeing of Barbara Macfadden</i>
	10.00	SP	Confessions	
	15.00	Zoom	Divine Mercy Chaplet <i>with Stations of the Cross</i>	
Sat 28 June	08.30	TT	Mass <i>with Morning Prayer</i>	
<i>Immaculate Heart of Mary</i>	10.00	SP	Mass & Rosary	<i>Patricia Kneath RIP</i>

Saints Peter and Paul

Sat 28 June	17.30	TT	Vigil Mass <i>(for Sunday)</i>	<i>Patricia Kettle RIP</i>
Sun 29 June	09.00	SP	Mass	<i>Tam Martin & Linda Hayes RIP</i>
	11.00	CTK	Mass	<i>For all Parishioners</i>

SP | St Peter's Shoreham, BN43 5WG

CTK | Christ the King, Steyning, BN44 3PB

TT | The Towers Convent, Upper Beeding, BN44 3TF

44 (0) 1273 452654

44 (0) 1903 812185

Parish Office open Thursdays 09.00—13.00

Please email/telephone to book an appointment at other times.



OPPORTUNITIES TO CONNECT WITH YOUR FAITH

Welcome to any newcomers or visitors to our Parish

Welcome to our parish. Where are you on your faith journey? Do you have questions? Maybe it is useful for you to know that no one has all the answers. God does. We are all growing in faith, day by day. God bless you.

We have a group, ‘Come & See’, for people to come and discuss faith and ask questions in an informal setting. Next date: **Tuesday 24th June, 7.30pm** in the Parish Room at St Peter’s. The theme will be ‘**Why go to Mass?**’

All are welcome.

Would you like to find out more about the Catholic faith?
Do you have questions about a particular area of the Catholic faith?
Would you like to discuss your questions in a relaxed, open environment?
...A group will be starting soon

Come and See

Initial meeting taking place on
Tuesday 12th November 2024 at 7.30pm.
No need to book, just come along.

Venue: St Peter’s Church Parish Room, West Street,
Shoreham-by-Sea, BN43 5WG
adurvalley@abdiocese.org.uk / 01273 452654

The Diocese of Arundel and Brighton is a Registered Charity No. 252878

Let the Children Live: 2nd Collection this weekend

Please welcome Father Peter, who is visiting our Parish this weekend. He will be speaking at all masses about his work in Colombia, with the charity Let the Children Live. Please give generously.

To Sing is to Pray Twice (St Augustin)

To help celebrate Corpus Christi a setting of Anima Christi composed by Marco Frisina b.1954 who is Director of Pastoral Worship Centre at the Vatican.

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me.

From YouCat Daily

<https://www.youcat.org/daily>

218 What is the right way to honour the Lord present in the bread and wine?

Because God is truly present in the consecrated species of bread and wine, we must preserve the sacred gifts with the greatest reverence and worship our Lord and Redeemer in the Most Blessed Sacrament.

If there are consecrated hosts left over after the celebration of Holy Eucharist, they are kept in sacred vessels in the tabernacle. Since the Most Blessed Sacrament is present in them, the Tabernacle is one of the most venerable places in every church. We genuflect before any tabernacle. Certainly, anyone who is really following Christ will recognise him in the poorest of the poor and serve him in them. But he will also find time to spend in adoration before the tabernacle and offer his love to our Eucharistic Lord.

From Right to Life

As we reflect on the source and summit of the Christian life, we ask God to give us a better understanding of the importance and dignity of the human person, who is made in God’s image and likeness.

An extra...From YouCat Daily

<https://www.youcat.org/daily>

158: What is heaven?

Heaven is the endless moment of love. Nothing more separates us from God, whom our soul loves and has sought our whole life long. Together with all the angels and saints we will be able to rejoice forever in and with God.

If you have ever observed a couple looking at each other lovingly or seen a baby nursing who looks for his mother’s eyes as though it wanted to store up every smile forever, then you have some inkling of heaven. To be able to see God face to face that is like one, single, never-ending moment of love.

PRAYER INTENTIONS

Please pray for Christine, Mary, Margaret, June, Tommie, Sr Zita, Sarah, Christine B, Joanne, Anne C, Ian, Daisy, Lynn, Jenny, David, Michael C, Mary F, Margaret A, Pat O’C, Crispin M, Jennifer R, David R, Harvey R, Phil R, Len C, Michael H, Joan T, Joanna, Richenda, Rachel, Mike D, Ashley R, Mike & Jess D, Trish Y, Maureen C, Pauline R, and all who are sick.

Please pray for all our First Holy Communion children who will have a celebration after the 9.00am mass on Sunday at St Peter’s. Please pray for them, their families and their catechists.

Please pray for the soul of Patricia (Trish) Goodchild RIP. Her Requiem mass is on Tuesday 24th June, 11.00am at The Towers. May she rest in peace.

Please also pray for PEACE, for the Diocesan Pastoral Plan, vocations, enquirers to Catholicism, our First Holy Communion children and families, St Peter’s School, and the Cycle of Prayer for Ordinary Time (a deeper understanding between Christians & Jews; those who suffer persecution, oppression & denial of human rights; Europe; Human Life; and Seafarers).

From St. Bernard, Doctor of the Church


It is worth more to hear a single Mass than to distribute all your riches among the poor and to make pilgrimage throughout the whole earth.





HAPPENING THIS WEEK

EVENTS & NOTICES

Sat 21	SP Parish Room, 7.00pm: Worthing and Shoreham Justice & Peace group Refugee Week event 'Welcoming the Stranger'.
Sun 22	SP Parish Room, 10.00am: Celebration for First Holy Communion children 2nd Collection: 'Let the Children Live' appeal
Tues 24	SP Parish Room, 7.30pm: Come and See group The theme for this week is 'Why go to Mass?' All are welcome
Thur 26	SP Parish Room, 10.00: Coffee Pop-in St Peter's School, 2.00pm: Mass to celebrate Saint Peter, and our First Holy Communion children
Sat 28	<i>Gardening help needed.</i>  If you can spare an hour or two, please come and join our gardening team at St Peter's helping with the Rosary Garden. Come any time between 10.30am and 3.00pm. Tea and coffee available, and all tools and instructions will be provided. Thank you.

Devotions, Adoration and Confessions
this week

Rosary: Monday (SP) 10.00 & (Zoom)
19.30; Saturday (SP) after Mass

Confessions: Thursday (SP) 19.30; Friday
(SP) 10.00; or by appointment or
request

Adoration: Monday (SP) 09.00; Thursday
(SP) 19.30; Friday (SP) 09.00

Divine Mercy Chaplet: Thursday (SP)
20.00; Friday (Zoom) 15.00 (with
Stations)

Congratulations!

To Gus, Aria, Jayden, Daisy, Emilia, Alesha, Anna and
Mila, who have all received their First Holy
Communion over the last few weeks. All are welcome
to the Parish Room at St Peter's after the 9.00am mass
this Sunday for a celebration. There will be cake!



Calling all mothers!

www.mothersprayers.org

(Including spiritual mothers, godmothers and grandmothers)

Come and pray for our children. Mothers prayers group starting Friday July 4, 10
-11 am in the Parish Room at St Peter's. On the first Friday of the month
thereafter (except August).

You are all welcome to join us for tea/coffee and prayers.
See poster and flyers in the church porch.



Parish Finances

Please pick up a copy of the letter from our Parish Finance Chair, Patrick
O'Donoghue (audio and video versions available). We are appealing to people
to review their offertory giving and **consider one of these ways** of helping:

- Raising your offertory contribution by 10%
- Setting up a standing order.
- If you are a UK taxpayer, please gift aid your donations.

If you have any questions please email the office. Thank you for your support.

The Festival of Corpus Christi: Carpet of Flowers in Arundel Cathedral

For over 140 years, Arundel Cathedral has celebrated the feast of Corpus
Christi with a magnificent festival of flowers, featuring a world famous Carpet
of Flowers in the central aisle of the Cathedral and a procession of the Blessed
Sacrament from the Cathedral to the courtyard of Arundel Castle, where
Benediction is given.

The design of this year's carpet has the communion host and chalice, the
objects of veneration at the feast of Corpus Christi, at the centre. The letters
'A&B', and the number '60', below, celebrate the sixtieth anniversary of the
Diocese of Arundel and Brighton, established in 1965. Prior to that Arundel had
been part of the Diocese of Southwark.

The letter 'F' is in memory of the late Pope Francis, with the papal keys below,
followed by the letter 'L' in honour of our newly elected Pope Leo XIV.

At each end of the carpet are the words 'Jubilee Year'. Every 25 years the
Catholic Church holds a jubilee year, with a specific theme. This year the theme
is 'Pilgrims of Hope', intended to be a time of hope and renewal.

Individual arrangements of flowers are displayed in the baptistery at the
entrance, and around the main altar and side altars, together with a display of
liturgical vestments and altarware.

*Thanks to our parishioner, Pauline Zahoui, for the photos overleaf. Pauline was
part of the team creating the carpet, and has kindly brought some of the
leftover stems and placed them in vases below the tabernacle at St Peter's,
linking us to Arundel Cathedral.*



DIOCESAN NEWS

Pilgrimage of Reparation & Consecration

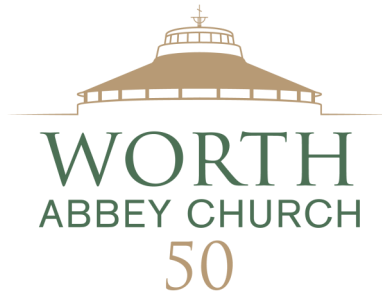
Saturday 5th July, 12pm-4.15pm, Church of Our Lady of Consolation & St Francis, West Grinstead, RH13 8LT.

With Mass, personal consecration to Our Lady, Rosary, Adoration, Chaplet, Benediction and opportunities for Reconciliation. Bring a packed lunch. For details, contact Jayne [by email](#).

**50 Years at Worth Abbey: Saturday 12th July 2025**

This Anniversary of the Consecration marks five decades of faith, hope, and unity at Worth Abbey. Mass is at 11.00am (full schedule on the poster in the porch) and at 2:30pm an Address by Rt Rev. Jeremias Schröder OSB, Abbot Primate of the Benedictine Confederation.

worthabbey.net/latest-news

**Photos from Arundel Carpet of Flowers 2025****Readings: The Most Holy Body & Blood of Christ**

1st Reading Genesis 14:18-20

Psalm 110(109): 1. 2. 3. 4. R4bc

2nd Reading 1 Corinthians 11:23-26

Gospel Luke 9:11b-17

To see the readings for the coming week visit
www.universalis.com.

From Bishop Richard

Dear brothers and sisters in Christ,

The celebration of Corpus Christi that takes place at our cathedral each year is a wonderful occasion. The celebration of the sacrifice of the Mass, the procession of the Blessed Sacrament and the Carpet of Flowers, laid in honour of the Real Presence of Christ in the Eucharist, is a high point in the life of the cathedral and diocese.

It is a clear reminder to us all of the central place of the Eucharist in our lives. The absolute love of the Lord – seen in the feeding of the five thousand that is the gospel reading this week – is there for us every time we celebrate Mass. As St Paul reminds us in the

Second Reading this Sunday, the sacrifice of Calvary is made present and the Lord feeds us with His very Self, for He is the Bread of Life. We find life every time we join in this celebration, together with our brothers and sisters. It is this life that sustains our every action – indeed, every moment of our lives. The Mass, the Eucharist, is a proclamation of our faith in the One who died and rose from the dead for us; it is the food for our journey and the source of all our action. We leave the celebration, as the dismissal at the end of Mass reminds us, to “announce the Gospel of the Lord.” Without our closeness to Christ in the Eucharist, this proclamation would be less effective. The sustenance of the Bread of Life Himself makes life and mission possible for us.

In the Eucharist, we are in the Divine Presence, we are in the presence of Christ, who is a “priest for ever” as Psalm 109 reminds us. May this encounter with the person of Christ Himself – truly present in the Eucharist – be the wellspring of our every breath, our every moment, our every action, that all we do may proclaim to the world the wonder of all the Lord has done for us.

With every blessing,

+ Richard

