

ST. MATTHEW'S

The Anglican Church in the Glebe

Third Sunday in Lent



March 8, 2026

THE HOLY EUCHARIST

Service Setting:

Merbecke

Prelude: “Adagio” from Sonata I

J. S. Bach

Processional Hymn: 388, Glorious Things of Thee Are Spoken

Austria

THE GATHERING OF THE COMMUNITY

We worship this morning upon the traditional and unceded territory of the Algonquin Anishnaabeg people. **May we live upon this land in peace, truth and love.**

Our liturgy is taken from the green Book of Alternative Services, beginning on page 185, and our hymnody is taken from the blue Common Praise hymnal.

Kyrie

Merbecke

Collect of the Day

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

THE PROCLAMATION OF THE WORD

First Reading: Exodus 17: 1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” But the people thirsted there for water, and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the LORD, “What shall I do for this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

Second Reading: Romans 5: 1-11*Sung by Cantor*

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our afflictions, knowing that affliction produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely, therefore, since we have now been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gradual Hymn: 508, I Heard the Voice of Jesus Say*Kingsfold***Gospel Acclamation:** 708

Lord, you are indeed the Saviour of the world. Give us living water, that we may not thirst.

The Holy Gospel: John 5: 5-42

One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been there a long time, he said to him, "Do you want to be made well?" The ill man answered him, "Sir, I have no one to put me into the pool when the water is stirred up, and while I am making my way someone else steps down ahead of me." Jesus said to him, "Stand up, take your mat and walk." At once the man was made well, and he took up his mat and began to walk. Now that day was a Sabbath. So the Jews said to the man who had been cured, "It is the Sabbath; it is not lawful for you to carry your mat." But he answered them, "The man who made me well said to me, 'Take up your mat and walk.'" They asked him, "Who is the man who said to you, 'Take it up and walk?'" Now the man who had been healed did not know who it was, for Jesus had disappeared in the crowd that was there. Later Jesus found him in the temple and said to him, "See, you have been made well! Do not sin any more, so that nothing worse happens to you." The man went away and told the Jews that it was Jesus who had made him well. Therefore the Jews started persecuting Jesus, because he was doing such things on the Sabbath. But Jesus answered them, "My Father is still working, and I also am working." For this reason the Jews were seeking all the more to kill him, because he was not only breaking the Sabbath but was also calling God his

own Father, thereby making himself equal to God. Jesus said to them, “Very truly, I tell you, the Son can do nothing on his own but only what he sees the Father doing, for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing, and he will show him greater works than these, so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomever he wishes. The Father judges no one but has given all judgment to the Son, so that all may honor the Son just as they honor the Father. Anyone who does not honor the Son does not honor the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life and does not come under judgment but has passed from death to life. “Very truly, I tell you, the hour is coming and is now here when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself, and he has given him authority to execute judgment because he is the Son of Man. Do not be astonished at this, for the hour is coming when all who are in their graves will hear his voice and will come out: those who have done good to the resurrection of life, and those who have done evil to the resurrection of condemnation. “I can do nothing on my own. As I hear, I judge, and my judgment is just because I seek to do not my own will but the will of him who sent me. “If I testify about myself, my testimony is not true. There is another who testifies on my behalf, and I know that his testimony to me is true. You sent messengers to John, and he testified to the truth. Not that I accept such human testimony, but I say these things so that you may be saved. He was a burning and shining lamp, and you were willing to rejoice for a while in his light. But I have a testimony greater than John’s. The works that the Father has given me to complete, the very works that I am doing, testify on my behalf that the Father has sent me. And the Father who sent me has himself testified on my behalf. You have never heard his voice or seen his form, and you do not have his word abiding in you, because you do not believe him whom he has sent. “You search the scriptures because you think that in them you have eternal life, and it is they that testify on my behalf. Yet you refuse to come to me to have life. I do not accept glory from humans. But I know that you do not have the love of God in you.

Sermon: Rev. Geoffrey Chapman

Apostles’ Creed

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Prayers of the People

Confession and Absolution

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The Peace

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THE CELEBRATION OF THE EUCHARIST

Offertory Hymn: 352, Amazing Grace

New Britain

Thank you for supporting the ministry of St. Matthew's. There are offering alternatives to the Collection Plate: 1. St. Matthew's website at www.stmatthewsottawa.ca 2. The QR code to the right will take you directly to the 'Donate Now' page on our website (tax receipts will be issued) 3. The TipTap machine at the back of the church, Glebe Ave entrance, for credit/debit cards (no tax receipt).



The Prayer over the Gifts

Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord.

The Great Thanksgiving: Eucharistic Prayer 1

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Sanctus and Benedictus 683

Merbecke

The Lord's Prayer: 684

Merbecke

The Breaking of the Bread

pg 212

The Communion

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Agnus Dei 685

Merbecke

Communion Hymn: 85, Shepherd of Souls, Refresh and Bless

St. Agnes

Anthem: Miserere Mei

W. Byrd

Prayer after Communion

God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord.

The Blessing

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Announcements

Recessional Hymn: 533, Jesus, Lover of My Soul

Aberystwyth

Dismissal

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Postlude: Canzona in D

J. S. Bach

Worship Leaders & Volunteers

8:00 am

Celebrant and Preacher: The Rev. Geoffrey Chapman

Server and Reader: Wendy Pullan

10:30am

Celebrant and Preacher: The Rev. Geoffrey Chapman

Greeters: Sue Rayner and Marg Terrett

Sidesperson: Randi Goddard

Servers: Julia Adjogble, Leslie Jones and Owen Farrelly

Reader: Paul Wefers-Bettink

Communion Ministers: Pam Mackenzie, Elizabeth Kent, Leslie Jones and Paul

Wefers-Bettink

Prayers of the People: Cathy Simons

Altar Guild: Robina Wendy Pullan, Cathy Simons, Robina Bulleid, Jane Oulton, Jane Coutts and Judy Billingsley (flowers)

The Rev. Geoff Chapman: 613-854-0643, revgeoffchapman@stmatthewsottawa.ca

Honorary Assistants: The Most Rev. Barry Curtis, The Rev. Katherine (Katie) Tait

Theological Student: Dr. Sarah Keeshan

Interim Director of Music: Barbara Hallam-Price

Parish Administrator: Catherine James McGuinty: 613-234-4024

Rector's Warden: John McBride

People's Warden: Kevan Pipe

Deputy Wardens: Janice Messam and Wendy Pullan

Readings for Next Week

1 Samuel 16: 1-13

Psalm 23

Ephesians 5: 8-14

John 9: 1-41

This Week, Please Pray For:

In our Anglican Cycle of Prayer: The Episcopal Church in Jerusalem & The Middle East

In our Diocesan Prayer Calendar:

- Almighty God, in your divine providence you have appointed various orders in your Church. Give grace to your servant who has been called to the office and ministry of Bishop for your people in our Diocese; fill *them* with the truth of your doctrine and holiness of life, that *they* may faithfully serve you, to the glory of your name and for the benefit of your Church; through Jesus Christ our Lord. Amen.
- Archbishop Shane Parker, Primate of Canada; Archbishop Anne Germond, Metropolitan of the Ecclesiastical Province of Ontario and Bishop Michael Bird our diocesan administrator
- Our Diocesan Partner: Kairos Ottawa and Saint Paul University
- Our Community Ministries:
Belong Ottawa: Centre 454; St Luke's Table; The Well/La Source, Centre 105 (Cornwall), Cornerstone Housing for Women, Ottawa Pastoral Counselling Centre and Refugee Ministry Office
- The Area Parish of the St. Lawrence, The Reverend Adam Brown and The Reverend Cynthia MacLachlan

In our Parish: Our Rector, The Reverend Geoffrey Chapman and our Honorary Assistants: The Most Reverend Barry Curtis and the Reverend Katherine Tait, and our theological student Dr. Sarah Keeshan

Those who are in need of our prayers and those who are ill: Millie, Lois, Susan, Dianne, Lydia, Maureen, Patrick, Kelly, Will, Martin, Donna, Mary, Gail and Barbara.

Please give prayers for those who have died, may their souls rest in peace and rise in glory, and may all who mourn know God's comfort and peace.

This morning we give thanksgiving for the faithful, well-lived life of **The Reverend Carol Canton**, who died to new life on February 18, 2026 and whose funeral was yesterday at St. Matthew's; may she rest in peace and rise in glory. We pray for God's peace and comfort for her loving family, especially her children **Lisette** and **Sean**, family and friends in the time to come

Clergy Home Visits

Our clergy are happy to visit you. To arrange for a home visit with one of our clergy members please contact the office at 613-234-4024.

Pastoral Care Emergencies

For Pastoral Emergencies please contact Rev. Geoff Chapman at 613-854-0643.

Liturgical Calendar

Thu	Mar 12	10:00am	Said Holy Eucharist	Week of Lent 3
Sun	Mar 15	8:00am	Said Holy Eucharist	Fourth Sunday in Lent
Sun	Mar 15	10:30am	Sung Holy Eucharist	Fourth Sunday in Lent
Thu	Mar 19	10:00am	Said Holy Eucharist	Week of Lent 4
Sun	Mar 22	8:00am	Said Holy Eucharist	Fifth Sunday in Lent
Sun	Mar 22	10:30am	Sung Holy Eucharist	Fifth Sunday in Lent
Thu	Mar 26	10:00am	Said Holy Eucharist	Week of Lent 5
Sun	Mar 29	8:00am	Said Holy Eucharist	Palm Sunday
Sun	Mar 29	10:30am	Sung Holy Eucharist	Palm Sunday

Announcements

Thu, March 26	Pulse articles due
Now to April 5	Lenten Food Drive

New! March 8 is International Women's Day: To honour and support women with financial challenges, please consider donating a box of menstrual products to help women who struggle to purchase this basic need. Donations will be delivered to The Well, an organization within the Diocese's *Belong Ottawa*. Place donations in the marked box at the back of the church from now until March 15 only. Thank you for your support! Contact Outreach Chair Julia Lipinska with any questions at lipinskaj@rocketmail.com.

New! Sunday School: The program for March is as follows:

- March 8: Godly Play - Faces of Easter (1 to 6)
- March 15: Godly Play - Baptism
- March 22: Godly Play - Faces of Easter (1 to 7)

Pulse articles: The March issue of the Pulse of the Parish will be published on Thursday, March 26, 2026. Please submit your articles for the Pulse of the Parish newsletter by Thursday March 19, 2026 to Dawn Gregory via email to: collinsgregory1@hotmail.com.

Marmalade Project Update: I wish to extend a hearty thank you to everyone who participated in our marmalade project. From making to buying, we have achieved so much: community building, creating something with our own hands and helping our neighbours. We still have a few orders that are awaiting pick up. They will be available after the service on March 1 at the back of the church. If you need delivery, please let me know and it will be arranged. kracin2123@gmail.com or 613 220 9265. Kathi

Sale of Marmalade: Good news. We have an additional 200 jars of marmalade for sale. Small jars are \$10, large jars are \$18. There are several ways to purchase:

- After church – pay with cash or tap the tiptap machine upstairs
- In the office – Mon to Thu, 9am-12pm, pay with exact cash or credit card
- Call the office – 613-234-4024, if Catherine doesn't answer, leave a message and she'll call you back, pay by credit card and package will be prepared for pick up

Family Lenten Practice: The Work of Imagination Lenten Spiral - Families of all ages are invited to follow along with our Spiral Lenten practice this year. The illustrated spiral includes an activity or discussion for each of the 40 days of Lent to help us grow our Christian imagination. "This is the work of imagination: to envision a world remade by mercy, to trust that healing is possible even in the shadow of empire, and to practice love that outlasts despair. Lent calls us into this holy labour—not as a solitary act, but as a communal path toward transformation." Paper copies (colour printed or black and white for colouring) will be distributed to Sunday School families during the Family Service and are available at the back of the church.

For March 8:

[Friday] The woman in this week's scripture passage stood up for herself. Share a time when you stood up for yourself or a time you wish you had.

For March 15:

[Monday] Enjoy a shared meal, and reflect on leadership that feeds rather than takes. When have we felt protected or cared for by someone's leadership? How can we practice that same care for others this week?

[Thursday] Gather, and speak kind, true words to each other. End by saying together, "We are known. We are loved. We belong." Let joy grow from that love.

For March 22:

[Wednesday] Talk about things that try to claim your loyalty, like fitting in, being perfect, or staying quiet. Choose one small way to show your true allegiance to God.

For March 29:

[Monday] Share a meal together, and talk about humility. When have you seen kindness or gentleness make a difference? Give thanks for quiet courage and loving leadership.

Lenten Study: This Lent we are reading and studying the book "Holy Living: The Christian tradition for today" by Rowan Williams. We have purchased 15 copies and they are available through Catherine at the office for \$24 or at Perfect Books under "St. Matthew's" for \$24. Hosted by Rev. Geoff on Zoom, we will meet at 7:30 pm until 9:00 pm, starting Tuesday, February 24th until March 24th. This first week we will discuss Part 1, which includes the first three chapters. We will also send out a Zoom link over the e-blast. We hope to see you for this wonderful Lenten tradition! Geoff+

<https://us06web.zoom.us/j/86120041643?pwd=TVeT7vA0255vFWfwfYU4aNhbaaTDpX.1>

Vestry Report and Financial Statements for 2025: The reports from 2025 are now available on our website. Please review them prior to the Vestry meeting on March 1 following the service. <https://www.stmatthewsottawa.ca/files-reports-forms>

Lenten Food Drive – CCSAC / Centretown Food Centre: Our Lenten Food Drive will run from this Sunday through 5 April. During this Lenten season, we are invited to open our hearts and share what we have with others. Through the work of the Centretown Churches Social Action Committee (CCSAC), we support the Centretown Food Centre, which serves neighbours in our community who are facing food insecurity. You are invited to participate by making a financial contribution or by donating non-perishable food items. Financial gifts allow the Food Centre to respond quickly and to purchase what is most needed. Every gift—large or small—helps nourish both body and spirit. We especially encourage monetary donations, as CCSAC is able to purchase food in bulk from wholesalers, making each contribution go further. If you donate by cheque, please write “CCSAC / Community Food Centre / Lenten Drive” in the memo line. If donating cash, please include a note indicating “CCSAC / Community Food Centre / Lenten Drive.” Thank you for sharing in the Lenten spirit of generosity, compassion, and care for one another. With warm thanks, Pam Mackenzie

Church Calendars: I have 1 church calendar for sale in the office. There are \$10 each. Please contact the office if you would like one. 613-234-4024 or admin@stmatthewsottawa.ca

Rides to Church: If you need a ride to church, please fill out the sign-up form located at the back of the church. If you are able to offer a ride, please check the form for names, neighbourhoods, and phone numbers of those requesting transportation. Hopefully we can match up some folks.

Kids’ Choir: Kids choir has started up! If you have a child interested in singing who is 6-7 years of age or older, please contact Barb Hallam-Price at: bhallamprice@gmail.com. We meet on Mondays at 4:30 p.m. and currently the choir sings once a month on the last Sunday.

Office Hours & Pastoral Visitation: In the interest of being more available to all of you, especially for our many members who live near our parish, I will be keeping office hours from **10:00 am to noon** on Wednesdays specifically for you to stop by, as well as my home visitation schedule on Tuesdays. Feel free to come by the office on Wednesday mornings if you want to connect with me, or reach out for a home visit as well. Geoff+

The Wednesday 11 AM Christian Meditation Group meets weekly via Zoom. For more information about the group, and to receive the Zoom link, please call Sue Rayner at 613-558-7899 or email m.s.rayner@sympatico.ca. To learn more about Christian Meditation please visit wccm.org.

Wednesday Bible Study: Rev. Geoff hosts a Bible Study over Zoom on Wednesdays at 12:00pm for one hour. You are invited to join the zoom call. The focus of the discussion will be the gospel reading for the upcoming week. Here's the link:
<https://us06web.zoom.us/j/86857758101?pwd=Ar7bDWxLTayrHzX4dkvEKOELfFbLBX.1>
Meeting ID: 868 5775 8101 Passcode: 2zzVh5

Live Stream: You can view the service on Sunday morning live at 10:30 or you can view a recording of the Sunday morning service at a later time. The link to the live stream is below.
[youtube.com/channel/UCRKL_pwbbZ_FN2YFPAVdG1g/live](https://www.youtube.com/channel/UCRKL_pwbbZ_FN2YFPAVdG1g/live)
The link to past live streams:
<https://www.youtube.com/@worshipatst.matthewsottawa4641>

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