

ST. MATTHEW'S

The Anglican Church in the Glebe

First Sunday in Lent and Family Sunday



February 22, 2026

THE HOLY EUCHARIST

Service Setting:

Merbecke

Prelude: Adoro Te Devote

G. Near

Processional Hymn: 628, O Love, How Deep, How Broad, How High *Puer nobis Nascitur*

THE GATHERING OF THE COMMUNITY

We worship this morning upon the traditional and unceded territory of the Algonquin Anishnaabeg people. **May we live upon this land in peace, truth and love.**

Our liturgy is taken from the green Book of Alternative Services, beginning on page 185, and our hymnody is taken from the blue Common Praise hymnal.

Kyrie 678

Merbecke

Collect of the Day

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever

THE PROCLAMATION OF THE WORD

First Reading: Genesis 2: 15-17, 3: 1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, “You may freely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die, for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food and that it was a delight to the eyes and that the tree was to be desired to make one wise, she

took of its fruit and ate, and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made loincloths for themselves.

Psalm 32

Tone VI

Second Reading: Romans 5: 12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—for sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death reigned from Adam to Moses, even over those who did not sin in the likeness of Adam, who is a pattern of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the gift in the grace of the one man, Jesus Christ, abounded for the many. And the gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the gift following many trespasses brings justification. If, because of the one man's trespass, death reigned through that one, much more surely will those who receive the abundance of grace and the gift of righteousness reign in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as through the one man's disobedience the many were made sinners, so through the one man's obedience the many will be made righteous.

Gradual Hymn: 180 Giver of the Perfect Gift

Song 13

Gospel Acclamation: 711

We shall not live by bread alone, but by every word that proceeds from the mouth of God.

Matthew 4:4

The Holy Gospel: Matthew 4: 1-11

Then Jesus was led up by the Spirit into the wilderness to be tested by the devil. He fasted forty days and forty nights, and afterward he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’” Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down, for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, and he said to him, “All these I will give you, if you will fall down and worship me.” Then Jesus said to him,

“Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’ ”
Then the devil left him, and suddenly angels came and waited on him.

Homily and Children’s Focus: Dr. Sarah Keeshan

At this time, the children of the parish are invited to the chancel steps to join in the Children’s Focus.

Apostles’ Creed

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Prayers of the People

Confession and Absolution

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The Peace

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THE CELEBRATION OF THE EUCHARIST

Offertory Hymn: 615, Just as I am

Woodworth

Thank you for supporting the ministry of St. Matthew’s. There are offering alternatives to the Collection Plate: 1. St. Matthew’s website at www.stmatthewsottawa.ca 2. The QR code to the right will take you directly to the ‘Donate Now’ page on our website (tax receipts will be issued) 3. The TipTap machine at the back of the church, Glebe Ave entrance, for credit/ debit cards (no tax receipt).



The Prayer over the Gifts

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name.

The Great Thanksgiving: Eucharistic Prayer 1

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Sanctus and Benedictus 683

Merbecke

The Lord’s Prayer: 684

Merbecke

The Breaking of the Bread

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The Communion

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Agnus Dei 685

Merbecke

Communion Hymn: 52, O God, Unseen Yet Ever Near

St. Flavian

Anthem: Lord for Thy Tender Mercy's Sake

R. Farrant

Prayer after Communion

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name.

The Blessing

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Announcements

Recessional Hymn: 175, Forty days and Forty Nights

Heinlein

Dismissal

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Postlude: Fugue in c minor

J.S.Bach

Worship Leaders & Volunteers

8:00 am

Celebrant and Preacher: The Rev. Geoffrey Chapman

Reader: Mary Glen

Server: Wendy Pullan

10:30 am

Celebrant: The Rev. Geoffrey Chapman

Preacher: Dr. Sarah Keeshan

Greeters: Virginia Lindsay and Pam Mackenzie

Sidesperson: Norm Lewis

Servers: Yvonne Martel, Owen Farrelly and Cathy Simons

Readers: children

Communion Ministers: Paul Wefers-Bettink, Rick Trites, Janice Sonnen and Cathy Simons

Prayers of the People: Jim Lynes

Altar Guild: Robina Bulleid, Frances MacDonald, Jan Robar, Susan Morland, Jane Coutts and Judy Billingsley (flowers)

The Rev. Geoff Chapman: 613-854-0643, revgeoffchapman@stmatthewsottawa.ca

Honorary Assistants: The Most Rev. Barry Curtis, The Rev. Katherine (Katie) Tait

Theological Student: Dr. Sarah Keeshan

Interim Director of Music: Barbara Hallam-Price

Parish Administrator: Catherine James McGuinty: 613-234-4024

Rector's Warden: John McBride

People's Warden: Kevan Pipe

Deputy Wardens: Janice Messam and Wendy Pullan

Readings for Next Week

Genesis 12: 1-4a

Psalm 121

Romans 4: 1-5, 13-17

John 3: 1-17

This Week, Please Pray For:

In our Anglican Cycle of Prayer: The Church of Ireland

In our Diocesan Prayer Calendar:

- Almighty God, giver of all good gifts: look on your Church with grace, and guide the minds of those who shall choose a bishop for our diocese, that we may receive a faithful servant, who will care for your people and equip us for our ministries; through Jesus Christ our Lord.
- Archbishop Shane Parker, Primate of Canada; Archbishop Anne Germond, Metropolitan of the Ecclesiastical Province of Ontario
- Our Diocesan Partners: Our Diocesan Partner: Communion Forest and Compass Rose
- Staff at Ascension House, including the Diocesan Archivist
- St. Mark the Evangelist, Ottawa and The Reverend Dr. Mary-Cate Garden

In our Parish: Our Rector, The Reverend Geoffrey Chapman and our Honorary Assistants: The Most Reverend Barry Curtis and the Reverend Katherine Tait, and our theological student Dr. Sarah Keeshan

Those who are in need of our prayers and those who are ill: Lois, Susan, Dianne, Stephanie, Lydia, Ian, Donna, Patrick, Kelly, Will, Martin.

Please give prayers for those who have died, may their souls rest in peace and rise in glory, and may all who mourn know God's comfort and peace.

This morning we give prayers of thanksgiving for the faithful life of parishioner **Don Wallis Wilson**, whose memorial service was held on Thursday, February 19 at St. Matthew's and prayers for God's comfort and peace for his wife, **Verna**, their children **Judy, Ian, Jeff and Paul**; and their families and friends who mourn their loss.

Clergy Home Visits

Our clergy are happy to visit you. To arrange for a home visit with one of our clergy members please contact the office at 613-234-4024.

Pastoral Care Emergencies

For Pastoral Emergencies please contact Rev. Geoff Chapman at 613-854-0643.

Liturgical Calendar

Thu	Feb 26	10:00am	Said Holy Eucharist	Week of Lent 1
Sun	Mar 1	8:00am	Said Holy Eucharist	Second Sunday in Lent
Sun	Mar 1	10:30am	Sung Holy Eucharist	Second Sunday in Lent
Thu	Mar 5	10:00am	Said Holy Eucharist	Week of Lent 2
Sun	Mar 8	8:00am	Said Holy Eucharist	Third Sunday in Lent
Sun	Mar 8	10:30am	Sung Holy Eucharist	Third Sunday in Lent
Thu	Mar 12	10:00am	Said Holy Eucharist	Week of Lent 3
Sun	Mar 15	8:00am	Said Holy Eucharist	Fourth Sunday in Lent
Sun	Mar 15	10:30am	Sung Holy Eucharist	Fourth Sunday in Lent

Announcements

Now to April 5	Lenten Food Drive
Sun, Feb 22, 11:30	Souper Sunday
Tues, Feb 24, 7:30pm	Lenten study begins
Sat, Mar 7, 6pm	Potluck and Crokinole Tournament

New! Family Lenten Practice - The Work of Imagination Lenten Spiral: Families of all ages are invited to follow along with our Spiral Lenten practice this year. The illustrated spiral includes an activity or discussion for each of the 40 days of Lent to help us grow our Christian imagination. “This is the work of imagination: to envision a world remade by mercy, to trust that healing is possible even in the shadow of empire, and to practice love that outlasts despair. Lent calls us into this holy labour—not as a solitary act, but as a communal path toward transformation.” Paper copies (colour printed or black and white for colouring) will be distributed to Sunday School families during the Family Service and are available at the back of the church.

From the first week: [Tuesday] Trace a spiral inward on your palm, noticing a moment you could have chosen better. Trace the spiral outward, remembering God strengthens us to make wise, loving choices.

[Thursday] Share something you did this week, even though it was hard. Write it on a ribbon, and tie it somewhere you will see often. Each time you notice it, celebrate your courage.

New! Tax Receipts: 2025 tax receipts are now available. If St. Matthews has your email address, you should have already received your receipt in your inbox. If St. Matthews does not have an email address for you, the receipt has been printed and is now available at the back of the church after the Sunday service. If your email copy did not arrive, please see Ian Marsh after church, or contact the office.

Souper Sunday: There will be a Souper Sunday on February 22 following the 10:30am service. Our hosts will be the Sidespersons and Greeter teams. Please join us to enjoy a bowl of delicious soup and fellowship.

Potluck and Crokinole Tournament - March 7: We will gather at 6 pm and eat shortly after. Please bring a dish to share (appetizer, main course or dessert). To have a sense of numbers to organize the tournament, please let Heather Sheehy or Denis Martel know if you are planning to attend (denis_martel@rogers.com or heather_sheehy@rogers.com). Everyone is welcome. We are still looking for a few volunteers.

Lenten Study: This Lent we will be reading and studying the book “Holy Living: The Christian tradition for today” by Rowan Williams. We have purchased 15 copies and they are available through Catherine at the office for \$24 or at Perfect Books under “St. Matthew’s” for \$24. Hosted by Rev. Geoff on Zoom, we will meet at 7:30 pm until 9:00 pm, starting Tuesday, February 24th until March 24th. This first week we will discuss Part 1, which includes the first three chapters. We will also send out a Zoom link over the e-blast. We hope to see you for this wonderful Lenten tradition! Geoff+
<https://us06web.zoom.us/j/86120041643?pwd=TVeT7vA0255vFWfwfYU4aNhbaaTDpX.1>

Vestry Report and Financial Statements for 2025: The reports from 2025 are now available on our website. Please review them prior to the Vestry meeting on March 1 following the service. <https://www.stmatthewsottawa.ca/files-reports-forms>

Lenten Food Drive – CCSAC / Centretown Food Centre: Our Lenten Food Drive will run from this Sunday through 5 April. During this Lenten season, we are invited to open our hearts and share what we have with others. Through the work of the Centretown Churches Social Action Committee (CCSAC), we support the Centretown Food Centre, which serves neighbours in our community who are facing food insecurity. You are invited to participate by making a financial contribution or by donating non-perishable food items. Financial gifts allow the Food Centre to respond quickly and to purchase what is most needed. Every gift—large or small—helps nourish both body and spirit. We especially encourage monetary donations, as CCSAC is able to purchase food in bulk from wholesalers, making each contribution go further. If you donate by cheque, please write “CCSAC / Community Food Centre / Lenten Drive” in the memo line. If donating cash, please include a note indicating “CCSAC / Community Food Centre / Lenten Drive.” Thank you for sharing in the Lenten spirit of generosity, compassion, and care for one another. With warm thanks, Pam Mackenzie

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heather_sheehy@rogers.com). Everyone is welcome. We are still looking for a few volunteers.

Parish Treasurer: We are currently looking for a parish treasurer. If you have a background in accounting and would like to join a dynamic and effective stewardship team taking on an important volunteer position, please reach out to our nominating committee (Janice Sonnen and Helen Griffin) or speak to our Stewardship Chair Charles Nixon or Rev. Geoff.

Sale of Marmalade - The order forms for purchasing marmalade will be out on Sunday, January 25. Purchasing in advance helps us to plan our production and ensure that you can have a supply of delicious marmalade in your pantry or as gifts. This is one place where I need a couple of volunteers to help me with packing up the marmalade orders. Please get in touch if this opportunity interests you.

Weekly Offering Envelopes: We have available for members of St Matthew's an annual set of weekly donation envelopes for your use. If you would like a set of donation envelopes, please sign up on the clip board at the back of the church near the visitor's guestbook. Your boxed set of offering envelopes will be prepared and left for you to pick up at the back of the church later this month. Offering envelopes RENEWED from 2025 are now available at the back of the church. Please note: We ask that you cover the cost of your boxed set using the initial offering envelope in the box. The cost of envelopes this year is \$10. We invite you to support the ongoing ministry of St. Matthew's financially to allow us to do God's work with the resources you have trusted to us.

Church Calendars: I have 3 church calendars for sale in the office. There are \$10 each. Please contact the office if you would like one. 613-234-4024 or admin@stmatthewsottawa.ca

Rides to Church: If you need a ride to church, please fill out the sign-up form located at the back of the church. If you are able to offer a ride, please check the form for names, neighbourhoods, and phone numbers of those requesting transportation. Hopefully we can match up some folks.

Kids' Choir: Kids choir has started up! If you have a child interested in singing who is 6-7 years of age or older, please contact Barb Hallam-Price at: bhallampice@gmail.com. We meet on Mondays at 4:30 p.m. and currently the choir sings once a month on the last Sunday.

Office Hours & Pastoral Visitation: In the interest of being more available to all of you, especially for our many members who live near our parish, I will be keeping office hours from **10:00 am to noon** on Wednesdays specifically for you to stop by, as well as my home visitation schedule on Tuesdays. Feel free to come by the office on Wednesday mornings if you want to connect with me, or reach out for a home visit as well. Geoff+

The Wednesday 11 AM Christian Meditation Group meets weekly via Zoom. For more information about the group, and to receive the Zoom link, please call Sue Rayner at 613-558-7899 or email m.s.rayner@sympatico.ca. To learn more about Christian Meditation please visit wccm.org.

Wednesday Bible Study: Rev. Geoff hosts a Bible Study over Zoom on Wednesdays at 12:00pm for one hour. You are invited to join the zoom call. The focus of the discussion will be the gospel reading for the upcoming week. Here's the link:
<https://us06web.zoom.us/j/86857758101?pwd=Ar7bDWxLTayrHzX4dkvEKOELfFbLBX.1> Meeting ID: 868 5775 8101 Passcode: 2zzVh5

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