



Arizona Swimming

2026 Short Course Senior State Championship

February 26 – March 1, 2026



Sanctioned By: Arizona Swimming Inc.

Sanction # AZ26-45R

Liability: Held under the sanction of USA Swimming. In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Mesa Aquatics Club, Mesa Public Schools, City of Mesa and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which included all warm-up sessions.

Hosted By: Mesa Aquatics Club

Meet Director: Maggie Dana Coachmaggie7@gmail.com

Meet Referee: Dan Shapiro daniel_d_shapiro@yahoo.com

Meet Location: 845 S Crismon Rd. Mesa AZ, 85208

Course: **Prelims:** Two 8-Lane or one 8-Lane or one 10 lane 25-yard course, within a single outdoor pool, with non-turbulent lane dividers, automatic Colorado start and timing system.

Finals: One 8-Lane, 25-yard course within a single outdoor pool, with non-turbulent lane dividers, automatic Colorado start and timing system.

Warm-Up: Continuous warm-up will be available throughout the meet.

Eligibility: **Arizona LSC Swimmers:** Open to any USA Swimming registered athlete who is a member of Arizona Swimming and has met the current Senior Championship Qualifying Times posted on the Arizona Swimming website. A qualifying time in one course is a qualifying time in all courses.

Out-of-LSC Swimmers:

Open to 150 swimmers that are currently registered with USA Swimming or foreign athletes formally invited by USA Swimming that have met the current Senior Open Championship Qualifying Times as posted on the Arizona Swimming website.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 6 inches at the start end and 6 feet, 7 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: 5+ Lifeguards, Supervisor, AED Device and First Aid Equipment.

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- Meet Rules:**
- 1. This is a preliminary-final time standard meet.** In all prelim/final events there will be a (D) bonus, open to swimmers with the fastest non- Four Corner Sectional times in that event at entry, bonus (C), consolation (B) and championship (A) heat. The order of the final heats shall be D, C, B, A (bonus, consolation, championship). The D final will only be available in events 200 yards and shorter.
 - 2. Swimmers are limited** to three (3) individual events per day, including time trials and six (6) individual events for the meet, excluding time trials. Swimmers who enter more than 3 individual events for the day or more than 6 individual events for the meet must scratch down to the allowed limit by the over-entry deadline 12 noon the Tuesday before the start of competition. Failure to compete (no show) in an event is not a scratch; no shows count toward the daily and meet limits on events.
 - 3. Events 200 yards and shorter:** (All athletes must pre-enter all events.) All events 200 yards and shorter are pre-seeded for the preliminaries, so athletes do not check in to compete. There is no penalty for failure to compete (no show); however, no shows count toward the daily and meet limits on events.
- A. Timing and Lap Counting:** Each lane must have 1 timer operating 1 button, and one stopwatch during all events swam.
- 4. Individual events 400 yards and longer:** (All athletes must pre-enter all events.)
 - a. All events 400 yards and longer will require positive check-in with the Clerk of Course to compete.** Check-in deadlines are:

1000 Freestyle:	30 minutes after the start of warm-up for Session I
500 Freestyle:	one hour after the start of competition for the Session in which preliminaries are swum
400 Individual Medley:	one hour after the start of competition for the Session in which preliminaries are swum
1650 Freestyle:	one hour after the start of competition for Session VI

Swimmers will be able to check in to all of their events beginning on the first day of competition.
 - b. Timing and Lap Counting:** Each lane must have 1 timer operating 1 button, and one stopwatch during all events swam. Swimmers in the 500 Freestyle, 1000 Freestyle, and 1650 Freestyle are responsible for providing their own personnel for lap counting (1). Swimmers in the 400 Individual Medley, 500 Freestyle, 1000 Freestyle, and 1650 Freestyle are responsible for providing their own personnel for timing (2) in Sessions I, II, IV, and VI.
 - c. Events 1 and 2** (Women's and Men's 1000 Freestyle) are timed finals events and will be swum fastest to slowest, alternating women and men by heat (if swum in a single course).
 - d. Events 37 and 38** (Women's and Men's 1650 Freestyle) are timed finals events with the fastest seeded heat being swum during finals. All other heats will be swum during the preliminary session fastest to slowest, alternating women and men by heat (if swum in a single course).
 - e. In preliminaries only, the 500 Freestyle and 400 Individual Medley will be seeded and swum as follows:**
 - 1) Top 2 heats of women, circle seeded, followed by
 - 2) Top 2 heats of men, circle seeded, followed by
 - 3) All remaining heats swum fastest to slowest, alternating women and men (if swum in a single course).
 - 5. Relay Entries:** (All relays must be pre-entered.)
 - a.** All relay athletes must be entered in an individual event in order to participate in a relay except a team may enter a relay with up to 2 "Relay Only" swimmers designated as Relay Only Swimmers for the 200/400 Medley and Freestyle relays only with payment of the LSC surcharge and listed on the master entry. Teams may enter a maximum of up to three relay teams per relay event, but only the two fastest relays from any one team per relay event will be scored. Aggregate entry times are required for entry into relay events.
 - b.** The relay events in all sessions will be conducted as timed finals. On the first day of the meet, Thursday, all relays will be swum as timed finals where they occur in the meet event line-up.
 - c.** Coaches may pick up their relay cards at the start of prelims on the day that they are swum.
 - d.** All relays will be swum in finals unless a team positive checks in for a preliminary relay swim. To swim your relays in prelims you must check in before 5:00 the evening before.
 - 6. Time Trials:** will be offered at the conclusion of the preliminary sessions at the sole discretion of the Meet Referee. Time Trials do not count against the limit of six (6) individual events for the meet, but do count towards the limit of three (3) individual events per day. The USA Swimming protocol will be used for time trial event order. If time trials are offered, the 1000 and 1650 Freestyle will only be offered on Saturday. The deadline for time trial entries will be decided by the Meet Referee and posted with the Clerk of Course.
 - 7. The Arizona Senior Scratch Rule** will be in effect. Athletes who do not Scratch or fail to notify the Referee, or his/her designee, of their decision regarding their Intent to Scratch will be seeded into the further rounds of competition and are subject to the penalties below. Athletes who are seeded into a non-scoring bonus or other non-scoring final by virtue of scratches are not subject to penalties below for failing to scratch, but are encouraged to do so. Any athlete qualifying for a bonus, consolation, or championship final who fails to compete (no show) ("Failure to Compete") in either bonus, consolation, or championship final race shall be barred from further competition for the remainder of the meet, including relays, unless said athlete were scratched into a non-scoring final. A declared false start or deliberate delay of meet is not permitted and will be regarded as a Failure to Compete.

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8. **Positive Check-in Events:** There is no penalty for athletes who do not check in for positive check-in events: they will simply be scratched from the event and may not compete. Failure to compete (no show) in a positive check-in event for which the athlete has checked in will result in said athlete being barred from the next individual event in which the athlete is entered and the club of the athlete or if unattached, the athlete, will be assessed a \$30 charge payable to Arizona Swimming prior to the conclusion of the meet.
9. **Entries and Proof of Time:** To enter, individuals must submit fastest Conforming (SCY) times achieved. Fastest non-conforming times (SCM, LCM) will also be accepted. All entries, conforming and non-conforming, must be the fastest times achieved in the given course in the 18 months preceding the meet entry deadline which are equal or faster than the time standards for this meet. Events will be seeded SCY, LCM, SCM. Converted times are not permitted. All entries must be submitted via email in Hy-tek or comparable format. See "Entries" section below.

Sessions:	Session I	Timed Finals:	Warm-up: 4:00 pm	Meet Start: 5:00 pm
	Sessions II, IV, VI	Prelims:	Warm-up: 7:00 am	Meet Start: 8:30 am
	Sessions III, V	Finals:	Warm-up: 4:00 pm	Meet Start: 5:00 pm
	Session VII	Finals:	Warm-up: 3:00 pm	Meet Start: 4:00 pm

Entries: All entries must be submitted via email in Hy-tek or comparable format. A confirmation by email will acknowledge receipt of entries. Entrants are responsible for following up if acknowledgement is not received. Please bring a copy of all communications with you to the meet.

Athletes with Disabilities Athletes with disabilities are welcome to attend this meet. When submitting entries, coaches are required to inform the meet director with advance notice in writing by the meet entry deadline regarding any special accommodations. Any Entry of a Swimmer that falls within P1, P2, or P3 specifications, and qualifies under the corresponding Arizona Swimming Para Time Standards must be entered by overriding the time standard in the team entry file. Please include with the Team entry email a completed Para Athlete Meet Accommodation form for official use.

Qualification and Bonus Events: If a swimmer has **1** qualifying time standard, s/he may swim up to **3** bonus events.
If a swimmer has **2** qualifying time standard, s/he may swim up to **4** bonus events.
If a swimmer has **3** qualifying time standards, s/he may swim **3** bonus events.
If a swimmer has **4** qualifying time standards, s/he can swim **2** bonus events

If a swimmer has **5** qualifying times, s/he can swim **1** bonus event

If a swimmer has **6** qualifying times, they must enter only those events.

Bonus events are limited to distances 200 yards and below, that have a legal time, NT will not be accepted.

Late Entries: If an athlete achieves a new meet qualifying time between the specified meet entry deadline and the Sunday prior to the start of the meet, the athlete may enter that event. Late entries must be made by emailing: 1) a scan of the meet results for the new qualifying time; and, 2) a new entry spreadsheet or AZSI/USAS Meet Entry Card. Late entries are subject to times verification. In all cases, delivery of **Late Entries must be received no later than 12 noon on the Monday prior to the start of the meet.** It is the sole responsibility of the team submitting Late Entry(s) to confirm their timely receipt. Newly achieved qualifying times may not be used to improve the seed time of a previously entered individual entry, or change a previously submitted individual entry, but may be allowed to complete a relay team not previously entered.

Any team or athlete missing the entry deadline will also be permitted to enter through the Late Entry process. Any team or athlete missing the entry deadline will be permitted to enter subject to the following requirements:

- ➤ Late entries must be submitted by emailing the person collecting entries for the meet.
 - These entries must be received no later than 12 p.m. Mountain Time on Monday prior to the beginning of the meet.
- ➤ The team or athlete must pay a one-time processing fee of \$150 and pay entry fees of \$15 per individual event and \$30 per relay event.

Entry Deadline: February 18, 2026.

Flighted Entries: Dependent upon the number of athletes entered, the Meet Referee may decide to swim some or all of Sessions I, II, IV, and VI in two courses and/or conduct the meet in flights, with the A-Flight swimming before the B-Flight. Teams/swimmers will be notified by February 20 of the need to conduct the meet in two courses or in flights.

Entry Fees:

LSC Surcharge:	\$10.00
Individual Events:	\$8.50
Relay Events:	\$17.00
Individual Time Trials:	\$17.00

Entries fees must be paid by the start of the first session of the meet. Please make checks payable to Mesa Aquatics Club

Scoring: Top 16 places will be scored. Only 2 relays per team per event will score.
Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

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Awards: Individual Events: Medals for 1st – 8th place
Relay Events: Medals for 1st – 3rd place
Individual High Point: 1st – 3rd place for men and women.
Team High Point: 1st – 3rd place for combined team score

Officials: Please contact the Meet Referee to indicate availability for the meet and preferred meet attire.

Deck: The deck may be closed or partially closed at the discretion of the Meet Referee. Only athletes or those acting in an Official capacity for the meet may enter the closed area.

Session I (Finals) – February 26, 2026

Timed Finals – Warm-up: 4:00 pm / Meet Start: 5:00 pm

Women's Event	Event	Men's Event
1	1000 Freestyle*	2
3	200 medley relay#	4
5	800 Freestyle Relay#	6

* The 1000 Freestyle requires positive check-in at the Clerk of Course by 30 minutes after the start of warm up in order to swim the event. Swimmers must provide their own timers and counters for this event.

Relay events are timed final events. There will be a 10-minute break prior to the start of the 800 Free Relay. The relays will be swum fast to slow. Two heats of women, two heats of men and then alternate women and men, fast to slow.

Session II (Prelims) – February 27, 2026

Preliminaries – Warm-up: 7:00 am / Meet Start 8:30 am

Women's Event	Event	Men's Event
9	100 Freestyle	10
11	200 Breaststroke	12
13	100 Butterfly	14
15	50 Backstroke	16
17**	500 Freestyle	18**

** The 500 Freestyle requires positive check-in at the Clerk of Course. Swimmers must provide their own timers and counters for this event.

Positive check-in for the 500 Freestyle will close one hour after the start of competition.

Relay events will be conducted as timed finals with all heats being swum in finals. Teams may opt to swim their relay in prelims with a positive check-in. In prelims, the 400 Freestyle Relays will be swum before the 500 Freestyle event starts.

Session III (Finals) – February 27, 2026

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event	Event	Men's Event
7#	200 Mixed Medley Relay#	8#
9	100 Freestyle	10
11	200 Breaststroke	12
13	100 Butterfly	14
15	50 Backstroke	16
17	500 freestyle	18
19#	400 Freestyle Relay#	20#

Relay events will be conducted as timed finals with all the heats being swum in finals.

In finals, the 400 Freestyle Relays will be swum after the 500 Freestyle event concludes. There will be a 10 minute break prior to the start of the 100 freestyle and a 10 minute break prior to the start of the 400 freestyle relay.

#The relays will be swum fast to slow. Two heats of women, two heats of men and then alternate women and men, fast to slow. The 200 Mixed Relays are two men and two women. Check-in for relays is due by 5pm the night before .

The 200 Mixed Relays are two men and two women. The relays will be swum fast to slow. Two heats of women, two heats of men and then alternate women and men, fast to slow..

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Session IV (Prelims) – February 28, 2026

Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Women's Event	Event	Men's Event
21	200 Freestyle	22
23	100 Breaststroke	24
25	200 Backstroke	26
27	50 Butterfly	28
29	400IM *	30

***The 400 Individual Medley will require positive check-in at the Clerk of Course. Swimmers must provide their own timers for this event.

Positive check-in for the 400 Individual Medley will close one hour after the start of competition.

Relay events will be conducted as timed finals with all heats being swum in finals.

Relays will be swum after completion of 400 IM in finals. Teams may opt to swim their relay in prelims with a positive check-in. In prelims, the 200 Freestyle Relays will be swum before the 400 IM event starts. Check-in for Prelim Relays are due by 5pm the night before.

Session V (Finals) – February 28, 2026

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event	Event	Men's Event
21	200 Freestyle	22
23	100 Breaststroke	24
25	200 Backstroke	26
27	50 Butterfly	28
29	400IM *	30
31	200 Freestyle Relay	32

Relay events will be conducted as timed finals with all heats being swum in finals.

There will be a 10 minute break before the 200 free relay

Session VI (Prelims) March 1, 2026

Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Women's Event	Event	Men's Event
33	200 Individual Medley	34
35	50 Freestyle	36
37	100 Backstroke	38
39	200 Butterfly	40
41	50 Breaststroke	42
43	1650 Freestyle***	44

##A Team may opt to swim the 400 Medley Relay events in the preliminary session prior to the 1650 Freestyle with a positive check-in. All other relays will be swum in finals, fast to slow. Two heats of women, two heats of men and then alternate women and men, fast to slow.

Check-in for Prelim Relays are due by 5pm the night before.

**** The 1650 Freestyle will require positive check-in at the Clerk of Course by one hour after the start of competition in order to swim the event.

Swimmers must provide their own timers and counters.

The fastest seeded heat for each event will be swum during the finals session.

All other heats will be swum during the preliminary session fastest to slowest, alternating women and men.

Session VII (Finals) – March 1, 2026

**Finals – Warm-up 3:00 pm / Meet Start: 4:00 pm

Women's Event	Event	Men's Event
33	200 Individual Medley	34
35	50 Freestyle	36
37	100 Backstroke	38
39	200 Butterfly	40
41	50 Breaststroke	42
43	1650 Freestyle***	44
45##	400 Medley Relay	46##

##The 400 Medley Relay will all be swum in finals. Two heats of women, two heats of men and then alternate women and men, fast to slow.

*The fastest seeded heat of the women's 1650 Free will be swum after event 30 in the finals session.

The fastest seeded heat of the men's 1650 Free will be swum after event 34 in the finals session.

There will be a 10 minute break before the 400 medley relay.