



Senior Icebreaker Invitational

MESA AQUATICS CLUB



January 16-19, 2026

Sanction # AZ26-33R

Held under sanction of USA Swimming, Inc.

Liability:

It is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Swim Neptune, Mesa Aquatics Club, City of Mesa, Mesa Unified School District, and all meet officials shall be held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Hosted By: Swim Neptune and Mesa Aquatics Club

Location: Kino Junior High 848 N. Horne, Mesa, AZ 85203

Meet Referee: Teri Rose

Meet Director: Joe Zemaitis Joe@swimneptune.com and Maggie Dana

Course: Outdoor, 2x25 yard, 8 lane heated pool, and 1x50 meter pool. Colorado Starting system, electronic timing. Warm-up and warm-down will be available throughout the meet.

Eligibility: 1. Open to any USA Swimming registered swimmer holding a current USA Swimming registration card as of the meet entry deadline.

AZ Rules

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
5. The competition course has not been certified in accordance with 104.2.2C(4) as to pool length.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet, 0 inches at the start end and 5 feet, 0 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: First Aid, Lifeguard, AED.

Rules: **Friday night session, all prelim and 12&U TF sessions will be swum SCY, all finals sessions will be LCM.**

Senior Session Rules:

Swimmers must be 13 or older to swim in the Open Session

1. Events 200 and under are pre-seeded prelim/final events.
2. There will be positive check in for events 1-4, 13/14, 23/24, 101/102
3. Swimmers are limited to 1 individual event on Friday and 3 per day on Sat, Sun, and Mon.
4. To enter, individuals must submit fastest conforming (SCY) timed achieved.
5. The meet will be capped at 800 swimmers
6. Attending teams will be assigned lanes to time based on the number of entries per session.
7. Events 400 and longer will be positive check in, events 400 and longer will be swum fastest to slowest alternating women and men. Swimmers are required to provide their own timers for all events 400 and longer and timers and counters for all events 500 and longer.
8. Time standards are the AZ Swimming 13-14 B time standard. Any swimmer with at least 3 AZ Swimming B time standards may enter any event in which they have a valid entry time (NT entries not acceptable)

12&U Rules:

1. All 12&U Sessions are timed finals swum SCY
2. Swimmers limited to 5 events per day

Scoring/Awards: The top 16 places will receive points based on the following scale, starting with 1st place and ending in 16th place. Individual points: 20,17,16,15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Medals for places 1-3 in each event. High Point: Award for 1st – 3rd Place for Boys and Girls. Team Points: Award for 1st – 3rd Place for combined team points. Awards will be available for pickup at the conclusion of the final day's events. Teams leaving early should make arrangements for delivery of awards with host team prior to the start of the meet.

Entry Fees: Individual Event: AZ swimmers \$8.50 Out or LSC swimmers \$17.00; 12&U Events: \$6 AZ/\$12 Out of LSC

LSC Surcharge \$10.00

Entry fees must be paid by the start of the meet. NO REFUNDS

Entries: **All entries must be submitted via email to Joe@SwimNeptune.com in electronic format which can be uploaded into Hy-tek Meet Manager.** Entries must be received by Thursday January 8 and must be accompanied by a .pdf of the meet entries as contained in the electronic file. The electronic copy will have precedence in case of discrepancy.

Additional Info: This meet will be short course prelims potentially in two tanks based on numbers. There will be A-B-C-D finals for all 50-100 events the D final will be for swimmers 16 and under. There will be A-B-C final for all 200 events. There will be A-B finals for the 500/400 Free and 400 IM. Time standards will be the Arizona Swimming B time standard for the 15 and over age group. The minimum age for the meet is 13.

Closed Deck: The Kino pool deck is closed to spectators. Deck access is restricted to registered athletes, registered coaches, registered officials and volunteers working that session of the meet. Grandstand seating will be available for spectators, there will be ample space for tents and swimmers seating in the field behind the grandstands and park area.

Parking: Free parking will be available in the North and South parking lots along N. Horne drive at the Kino Aquatic Center main entrance. On Sunday, free parking will move to the grass parking area on the West side of the Kino Aquatic Center. Please do not park in the church parking lot on Sunday.

Hotels: Please refer to the host team's web site for a list of recommended hotels and those offering special rates for this meet.

Scratch Rule: The Arizona Senior Scratch Rules as stated in the Arizona Swimming Guide rules and regulations will be enforced for all swimmers. Swimmers must indicate their intention to scratch finals within 30 minutes after results have been announced. Any swimmer qualifying for a Finals race who fails to compete (no show) shall be barred from further competition for the remainder of the meet. Alternatively, the penalties above can be waived once a fine of \$200 is received by the Clerk of Course. A swimmer who checks in for and is seeded into a timed final event who fails to compete (no show) shall be barred from their next event.

Check-in: All events 400 meters and longer will require positive check-in with the clerk of course by the published deadlines. Failure to positively check in will result in the swimmer's removal from the event.

Positive Check-in Deadlines

Friday for 1000/1650: 4:45PM

Saturday for 400 IM: 9:00AM

Sunday for 500 Free: 9:00AM

Session I – Friday January 16, 2026**4:30 PM Warm Up, 5:15 PM Start**

Girls #	Event	Boys #
101	12&U 500 Yard Free	102
1	Open 1000 Yard Free	2
3	Open 1650 Yard Free	4

Session 2/4 – Saturday January 17, 2026**Prelims—7:30 AM Warm up, 8:30 AM start****Finals—4:00PM Warm up. 5:00PM start**

Girls #	Event	Boys #
5	Open 200 Back	6
7	Open 200 Free	8
9	Open 100 Breast	10
11	Open 50 Fly	12
13	Open 400 IM	14

Session 3 – Saturday January 17, 2026**12&U Timed Finals 12:00 PM Warm up, 12:45 PM start**

Girls #	Event	Boys #
103	12&U 100 Back	104
105	12&U 100 Free	106
107	12&U 50 Breast	108
109	12&U 50 Fly	110
111	12&U 25 Back	112
113	12&U 25 Free	114
115	12&U 200 IM	116

Session 5-7 – Sunday January 18, 2026**Prelims—7:30 AM Warm up, 8:30 AM start****Finals—4:00PM Warm up. 5:00PM start**

Girls #	Event	Boys #
15	Open 200 Breast	16
17	Open 50 Free	18
19	Open 200 Fly	20
21	Open 100 Back	22
23	Open 500/400 Free	24

Session 6 – Sunday January 18, 2026**12&U Timed Finals 12:00 PM Warm up, 12:45 PM start**

Girls #	Event	Boys #
117	12&U 25 Breast	118
119	12&U 25 Fly	120
121	12&U 50 Back	122
123	12&U 50 Free	124
125	12&U 100 Breast	126
127	12&U 100 Fly	128
129	12&U 200 Free	130

Session 6/7 – Monday January 19, 2026**Prelims—7:30 AM Warm up, 8:30 AM start****Finals—2:00PM Warm up. 3:00PM start**

Girls #	Event	Boys #
25	Open 100 Free	26
27	Open 50 Breast	28
29	Open 50 Back	30
31	Open 100 Fly	32
33	Open 200 IM	34

