



FAST Mayflower Invitational

May 1 - 3, 2026

Sanctioned by: Arizona Swimming, Inc.

Sanction No. AZ26-64R

Liability: Held under the sanction of USA Swimming. In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Flying Fish Arizona Swim Team, Town of Oro Valley, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted by: Flying Fish Arizona Swim Team (FAST-AZ)

Location: Oro Valley Aquatic Center
23 West Calle Concordia
Oro Valley, AZ 85704
Pool Phone - (520) 297-7946

Meet Director: Anthony Ferrara: meets@fastswimteam.com

Meet Referee: Bobby Davidson: meetref@fastswimteam.com

Course: Outdoor, 50 meter, 8 lane, heated competition pool. Area for warm up/cool down available. Colorado Start & Timing. FAST reserves the right to conduct chase starts or to swim in fewer lanes or swim the distance races in 2 per lane.

Eligibility:

1. Open to any USA Swimming registered swimmer holding a 2026 USA Swimming registration card or to foreign athletes formally invited by USA Swimming.
2. A valid USA Swimming registration must be presented at the Clerk of Course, if requested.
3. This is an ABC Meet.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 15 feet, 0 inches at the start end and 6 feet, 6 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations.

- All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
 13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
 14. Meet Marshals shall wear their identifying attire, as provided by the club.
 15. Swimmers with disabilities are welcome. The swimmer (or swimmer's coach) is responsible for notifying the referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
 16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 17. The following medical supervision will be available to athletes participating in the meet. lifeguards, AED device, Emergency Oxygen, EMS 3-5 minutes away.

Schedule:	Friday, May 1:	Session I: 4:00 pm warm-up, 5:00 pm start
	Saturday, May 2:	Session II: 8:00 am warm-up, 9:00 am start
	Saturday, May 2:	Session III: 12:00 pm warm-up, 1:00 pm start [or one hour after the conclusion of Session II, whichever is later]
	Sunday, May 3:	Session V: 8:00 am warm-up, 9:00 am start
	Sunday, May 3:	Session VI: 12:00 pm warm-up, 1:00 pm start [or one hour after the conclusion of Session IV, whichever is later]

Meet Rules:

1. Swimmers are limited to six (6) individual events per day.
2. Positive check in is required for any distance 400 or longer. Positive check in will close thirty (30) minutes prior to the start of the session in which the event is swum.
3. 400 and longer events will be seeded, fastest to slowest, and will alternate women's and men's heats. **Swimmers in these events need to provide their own timers. Swimmers in the 1500 Free will also need to provide their own personnel to lap count.**
4. No time trials will be offered at this meet.
5. At the discretion of the meet referee, the 1500 may be swum two swimmers per lane.

Scoring: Events will be scored 9-7-6-5-4-3-2-1.
Events will be functionally seeded and scored separately by age group – 8 & Under, 9-10, 11-12, 13-14 and 15 & Over.

Entry Fees: Individual Events: \$6.00/event. LSC Surcharge \$10.00/swimmer.
Fees are non-refundable.
Entry fees are due prior to the beginning of the first session.
Make all checks payable to: FAST

Entries: All entries must be in a USA SDIF format file (Hy-Tek or TeamUnify).
Coaches are required to submit team entries in TM or TU file format by email. Email the entry file, accompanied by a Hy-Tek meet entry report to meets@fastswimteam.com no later than 8pm on Friday, April 24, 2026. **Please put your team name in the subject line of the email.** No late entries or deck entries will be accepted. Entries will be accepted up to the four hour time limit rule.

Awards: Ribbons: 1st-8th place for 11-12, 9-10, and 8 & Under. No awards will be given for 13 & Over.
Arizona ABC awards will be given.

Concessions: There may or may not be concessions at this meet depending on availability. Hospitality for officials and coaches are hosted by FAST.

Friday Distance Session | May 1, 2026

Girls	Event	Boys
1	10 & Under 400 Free	2
3	11 & Over 1500 Free	4

Session II Saturday AM | May 2, 2026

Session III Saturday PM | May 2, 2026

Girls	Event	Boys		Girls	Event	Boys
5	12 & Under 100 Free	6		21	13 & Over 100 Free	22
7	12 & Under 50 Fly	8		23	13 & Over 50 Fly	24
9	11-12 200 Fly	10		25	13 & Over 200 Fly	26
11	12 & Under 200 IM	12		27	13 & Over 200 IM	28
13	12 & Under 50 Back	14		29	13 & Over 50 Back	30
15	11-12 200 Back	16		31	13 & Over 200 Back	32
17	12 & Under 100 Breast	18		33	13 & Over 100 Breast	34
19	11-12 400 Free	20		35	13 & Over 400 Free*	36

*5 Minute break before the 400 Free

Session V Sunday AM | May 3, 2026

Session VI Sunday PM | May 3, 2026

Girls	Event	Boys		Girls	Event	Boys
37	12 & Under 200 Free	38		51	13 & Over 200 Free	52
39	12 & Under 50 Breast	40		53	13 & Over 50 Breast	54
41	11-12 200 Breast	42		55	13 & Over 200 Breast	56
43	12 & Under 50 Free	44		57	13 & Over 50 Free	58
45	12 & Under 100 Back	46		59	13 & Over 100 Back	60
47	12 & Under 100 Fly	48		61	13 & Over 100 Fly	62
49	11-12 400 IM	50		63	13 & Over 400 IM	64