



FRIDAY 20TH JUNE 2025

DEAR PARENTS

The **2025 Roland Garros Final between Carlos Alcaraz and Jannik Sinner** has been described as one of the *matches of the century*. Against all odds, Alcaraz emerged victorious; snatching victory from Sinner when he was just a single point away from victory!

In many ways, this echoes our own story. Like Sinner, **The Cedars community has achieved great things this year**: pupils have worked hard and striven to live and grow in virtue. But as with the Final, everything can be lost if we are not alert in the final moments.

This year, our summer holidays will last over 1468 hours. However, it is no time to switch off completely. As St. Josemaría Escrivá wrote: *"Rest means recuperation: to gain strength, form ideals and make plans. In other words it means a change of occupation, so that you can come back later with a new impetus to your daily job."*

If we let those 1468 hours slip away like water through our fingers, we risk beginning the new academic year on the back foot. **Alcaraz taught us an important lesson in that Final: every moment counts until the very end.**

So, what does that look like for us over the 1468-hour holidays? Each one must reflect on their own circumstances, but here are a few ideas to get started:

- Wake up at a consistent time;
- Set boundaries on social media use;
- Do a daily act of service for someone else;
- Read a book or listen to a podcast to grow in knowledge.

Summer is not the end of the match; it is very much part of the Game. If we use it well, keeping up our habits and building virtue through routine and meaningful activity, we will return to Fidelis College refreshed and ready for a new victory.

Let's make all 1468 hours count!

With best wishes,

Pablo Hinojo
Headmaster



UK Maths Trust

I am pleased to announce that our two candidates in the **National Junior Kangaroo competition**, open to Year 7 and 8 pupils, have both won a Certificate of note.

First Form pupil, **Michele Colagrossi** has won a **Silver Certificate**, and **Ismail Sheikh** of the Second Form has won a **Bronze Certificate**. Congratulations to them! Mr Moloney



PUPILS OF THE WEEK

WEEK 9



1st Form **Alvaro Martinez Pardo De Vera**

2nd Form **Alfie Jenkins**

3rd Form **Tomás Kennefick** **4th Form** **Jake Harrison**



KEY DATES FOR PARENTS - TRINITY 2025

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| Thursday 26 June | Mass of St Josemaria (everyone welcome) 6.30pm

St John the Baptist, 48 Dale Rd, Purley CR8 2EF. <i>The church has some parking available but registration is required. Parking places nearby.</i> |
| Thursday 26 June | Mass of St Josemaria (everyone welcome) 7.00pm

Holy Ghost Catholic Church, 27 Nightingale Square, Balham, London SW12 8QJ. <i>There are no parking restrictions at this time and it is easy to find spaces around Nightingale Square. Confessions from 6.30pm.</i> |
| Friday 27 June | Sports Day, 10:00am |
| Saturday 28 June | PACT Barbecue and Summer Fete |