

## It's time to find out how much PFAS may be in your blood! GET TESTED Starting at only \$249

By testing your blood levels today, your exposure levels can be calculated and documented. This information can be critical to the management of your health.

## How PFAS testing works:

Our 3-step process provides you with reliable and accurate PFAS results from the comfort of your home. Get your PFAS test delivered to your doorstep in 5 business days.

Step 1: Order Direct Online

**Text 989.820.2339 with Email Address** for Invite to CLIENT PORTAL to Order Kit

Step 2: Collect and Ship Sample Complete blood collection at your home or work and mail it to our lab, (prepaid return shipping label included).

Step 3: Get secure results

Receive your test results online within 4-5\* weeks, get the clarity you deserve, confidentially.

For a personal PFAS Testimony click this link: https://www.mlive.com/public-interest/2020/11/michigan-pfas-activist-says-blood-testing-probably-saved-her-life.html

For All Things PFAS click this link: https://www.pfas-exchange.org/

## Who could be exposed:

- active or retired firefighters.
- work or worked at a chemical manufacturing facility.
- live or lived near a military installation.
- work or worked in the carpeting or cleaning industry.
- consume carry out or fast food often.
- use or used nonstick cookware.
- wear water or stain-resistant clothing, uniforms, or shoes
- work or worked in construction or food packaging.
- live in a community at risk for PFAS contamination.
- wax or waxed ski and sporting equipment

PFAS has become an emerging concern that may lead to serious health problems. According to the CDC, research suggests high levels of PFAS may lead to the following:

- Increased cholesterol
- Changes in liver enzymes
- Increased risk of some cancers (kidney and liver)
- Decrease in immune response.
- Decreased vaccine response in children
- High blood pressure in pregnant women
- Pre-eclampsia (pregnancy complication with high blood pressure, swelling, and protein in urine)
- Small decreases in infant birth weights

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