

# 1<sup>st</sup> Sunday of Lent

02/22/2026



## OPENING HYMN: #132 (MI)

### FORTY DAYS AND FORTY NIGHTS

HEINLEIN



1. For - ty days and for - ty nights You were fast - ing in the wild;
2. Shall not we your sor - row share And from world - ly joys ab - stain,
3. Then if Sa - tan on us press, Flesh or spir - it to as - sail,
4. So shall we have peace di - vine: Ho - lier glad - ness ours shall be;
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant by your side;



1. For - ty days and for - ty nights Tempt - ed, and yet un - de - filed.
2. Fast - ing with un - ceas - ing prayer, Strong with you to suf - fer pain?
3. Vic - tor in the wil - der - ness, Grant we may not faint nor fail!
4. Round us, too, shall an - gels shine, Such as served you faith - ful - ly.
5. That with you we may ap - pear At th'e - ter - nal Eas - ter - tide.

Text: 77 77; George H. Smyttan, 1822–1870, alt.

Music: attr. to Martin Herbst, 1654–1681, alt.

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(There is no Gloria during Lent.)

*Grant, almighty God, through the yearly observances of Holy Lent, that we may grow in understanding of the riches hidden in Christ, and by worthy conduct, pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.*

**FIRST READING**

**Genesis 2:7-9; 3:1-7**

## PSALM 51: FIRST SUNDAY OF LENT, YEAR A



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- 1.) Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense. Thoroughly wash me from my guilt and of my sin cleanse me. **R/.**
- 2.) For I acknowledge my offense, and my sin is before me always: "Against you only have I sinned, and done what is evil in your sight." **R/.**
- 3.) A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me. **R/.**
- 4.) Give me back the joy of your salvation, and a willing spirit sustain in me. O Lord, open my lips, and my mouth shall proclaim your praise. **R/.**

### SECOND READING

**Romans 5:12-19**

### LENTEN GOSPEL ACCLAMATION NO. IX-A



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**>>** *One does not live on bread alone, but on every word that comes forth from the mouth of God. R/.*

### GOSPEL

*Matthew 4:1-11*

### HOMILY

#### PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of Heaven and earth,  
Of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born  
of the Father before all ages. God from God, Light from Light, true God  
from true God, begotten, not made, consubstantial with the Father;  
through him all things were made. For us men and for our salvation he  
came down from Heaven,

(all bow)

*and by the Holy Spirit was incarnate of the Virgin Mary, and became  
man.*

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. **Amen.**

## **PETITIONS**

### ***~ PRAYER FOR SYNOD 2026 ~***

Blessed Trinity, source of our life and our unity, we ask for your presence with and within us, as we undertake this synodal journey.

**CREATE IN US** and all those responsible for preparing the synod, a discerning spirit.

**HELP US** to deepen our relationship with you and with one another over the months and weeks ahead.

**GROW IN US** the fire of your love, that we may eagerly respond to your loving invitation to spread the joy of the Gospel, and to serve the poor, suffering and vulnerable.

**FORM US** to be better disciples, creating vibrant, mission-oriented communities, of faith, hope and charity. We ask this through the intercession of our diocesan patrons, Mary, the Immaculate Conception and St. Matthew.

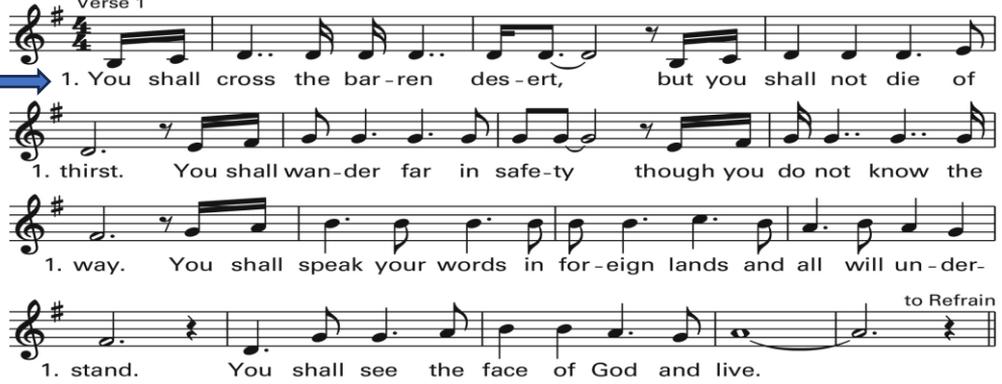
**Amen.**

# OFFERTORY HYMN: # 439

## BE NOT AFRAID

Bob Dufford, SJ

### Verse 1



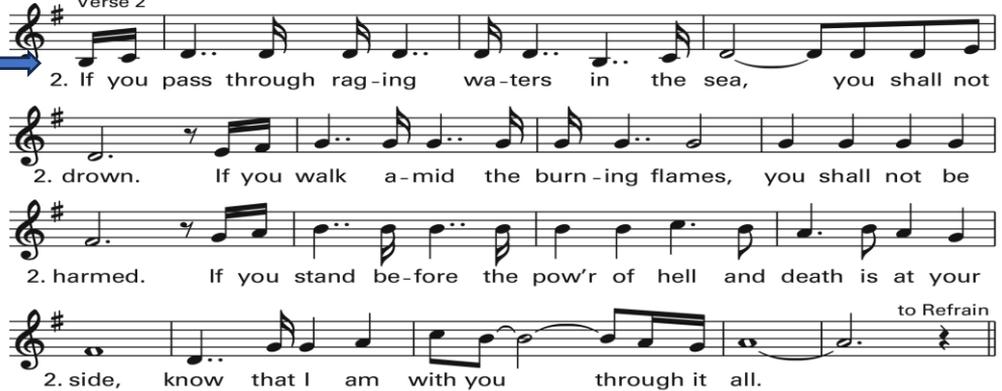
1. You shall cross the bar-ren des-ert, but you shall not die of  
1. thirst. You shall wan-der far in safe-ty though you do not know the  
1. way. You shall speak your words in for-ign lands and all will un-der-  
1. stand. You shall see the face of God and live.

### Refrain



Be not a-fraid. I go be-fore you al-ways. Come fol-low  
me, and I will give you rest.

### Verse 2



2. If you pass through rag-ing wa-ters in the sea, you shall not  
2. drown. If you walk a-mid the burn-ing flames, you shall not be  
2. harmed. If you stand be-fore the pow'r of hell and death is at your  
2. side, know that I am with you through it all.

Text: Based on Isaiah 43:2-3; Luke 6:20ff. Text and music © 1975, 1978, Robert J. Dufford, SJ, and OCP. All rights reserved.

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### ACT OF SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least into my heart. I embrace You as if You have already come, and unite myself wholly to You. Never permit me to be separated from You. **Amen.**



**COMMUNION HYMN: #139 (Music Issue)**

**ASHES TO ASHES**

Dan Schutte

Refrain

Ash - es to ash - es, from dust un - to dust. The  
cross on our fore - head, your prom - ise, O God.  
Read - y us to fol - low the way of your Son, to rise from these  
ash - es, re - deemed in the fire of your love.

Verses: Ash Wednesday

1. Sound the trum - pet in Zi - on, an - nounce from the Lord  
2. Rend your hearts, not your gar - ments; re - turn to the Lord,  
3. We have seen in the heav - ens and held in our arms  
4. Let us fast from un - kind - ness and turn from our greed,  
5. Though this life that we trea - sure must fade like the grass,

to Refrain

1. that the day of God's fa - vor is ev - er close at hand.  
2. who de - lights when we of - fer a tru - ly hum - ble heart.  
3. what the hand of our Mak - er can fash - ion out of dust.  
4. giv - ing bread to the hun - gry and lift - ing up the poor.  
5. heav - en's glo - ry a - waits those who put their trust in God.

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**PRAYER TO ST. MICHAEL**

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl about the world, seeking the ruin of souls. **Amen.**



## HAIL, HOLY QUEEN

*Hail, Holy Queen*, Mother of Mercy, our life, our sweetness,  
and our hope! To Thee do we cry, poor banished children of  
Eve; to Thee do we send up our sighs, mourning and  
weeping in this vale of tears. Turn, then, most gracious  
advocate, Thine eyes of mercy toward us; and after this our exile, show  
unto us the blessed fruit of thy womb, Jesus.



O clement, O loving, O sweet Virgin Mary!

*Pray for us, O holy Mother of God,*

**R/. That we may be made worthy of the promises of Christ.**

*St. Joseph, the Worker, Pray for us.*

*Blessed Fr. Solanus Casey, Pray for us.*



**CLOSING SONG:** *“Beyond the Days”*  
**(BACK COVER)** → → →

# CLOSING HYMN: #131 (Music Issue)

## BEYOND THE DAYS

Ricky Manalo, CSP

Refrain



Be - yond the days of hope and mys - t'ry we see a light of faith re - newed, and in our long - ing we thirst for guid - ance to walk with you day by day.

1-4 to Verses

Final Verses

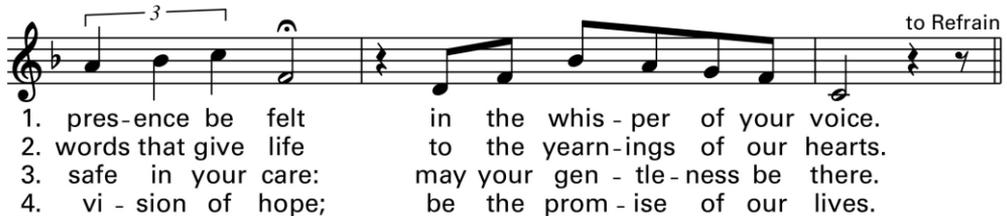


day, to walk with you day by day.

1. For - ty days and
2. Not on bread a -
3. In your hands, O
4. On our Lent - en



1. nights, you guide the steps of our jour - ney. May your
2. lone are we to walk on this jour - ney. Speak the
3. God, we feel the touch of your guid - ance. Keep us
4. path we see the dawn of a new day. Be our



1. pres - ence be felt in the whis - per of your voice.
2. words that give life to the yearn - ings of our hearts.
3. safe in your care: may your gen - tle - ness be there.
4. vi - sion of hope; be the prom - ise of our lives.

to Refrain

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