



REQUEST FOR 2026 PROPOSALS IS NOW OPEN!

Date of the Military Mental Health Conference: Thursday, April 30th and Friday, May 1st, 2026

Place: Education Center, [15000 Highway 115, Little Falls, MN 56345](#)

Theme: *Transitions* - Examples of presentations we are looking for: transitions that families/children/teens go through when there is a transition for their parent, transitions when becoming a caregiver for a parent living with the military parent, special needs of a child, meeting the needs of Blue Star and Gold Star Families, Service member & family transitioning into the military (routine and structure change), Service member & family transitioning out of the military (routine and structure change)

Session proposals are due to the review committee: December 31, 2025 - no later than 4:30 pm Central time.

Accepted conference sessions will be notified by: Proposals will be reviewed and accepted by January 31, 2026.

Metrics for determining accepted proposal submissions

Successful proposals will:

- Advance the overall theme of the conference: Issues, Innovation, Impact
- Clearly communicate what participants will experience during the session
- Focus on new knowledge and skills that participants can put to use

- Include links to applicable research
- Challenge participants to think differently or adopt new practices
- Length of presentation is one of two options
 - _____ one hour
 - _____ 1 and ½ hour

When submitting your proposal:

- Use Times New Roman 12 font
- PDF your document
- Email MMHC Board Member, Anita Harris Hering at aharris@umn.edu

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Captivating Title:

Session Topic:

Presenter(s):

Name

Email

Phone

Name

Email

Phone

Name

Email

Phone

Description (75 words) as you want it to appear in the program if chosen. Write in the third person, concise, engaging and structured.

Draft Description of Presentation (200 word limit)

Session Learning Outcomes:

Length of presentation is one of two options (check one)

☐ one hour

☐ 1 and ½ hour

Opportunities you will provide participants to engage with you in your session:

AV equipment needed:

If selected, and space allows, would you also like a Vendor table for resources?

☐ yes

☐ no

- 1. With permission, the full PowerPoint presentation, handouts, and resources will be made available electronically to registered attendees after the event.**
- 2. All correspondence will be via email with the main presenter.**
- 3. Presentations are not to be used as an opportunity to “showcase” or “sell” business, services or products in any way.**
- 4. We value your time and expertise and understand that when you present at MMHC, you are sharing more than your knowledge. For that reason, we waive the registration fee for all presenters. This entitles you to all food included in the registration fee and you can attend sessions and earn professional development credits yourself. No monetary compensation is provided.**

For questions or more information, please contact Anita Harris Hering, aharris@umn.edu