

SPOTLIGHT SESSIONS | DANCING



Spotlight Station is where campers step beyond rehearsal and into deeper discovery. During this rotation, they engage in creative activities that help them explore their showcase content from new angles—whether through movement, storytelling, character work, or personal reflection.

It's a chance for students to take bold, creative risks, make meaningful choices, and see how their unique voice shapes the story they're telling. Whether they're diving into lyrics, embodying a character, or experimenting with movement, every activity is designed to stretch comfort zones and build confidence.

At K2K's VISTO Camp, we believe theatre is more than performance—it's a pathway to identity, belonging, and purpose. Spotlight Station reflects that heart by encouraging students to express themselves fully, explore big ideas, and grow as both performers and individuals.

MADE TO WONDER

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A Million Dreams (Camp Song)



Dream Monologues – Give each camper a random prop and have them create and perform a monologue about a dream they have, using vivid imagery about how this prop impacted them.

Time Traveler's Tale – Act out a scene where a character from the future visits the present to inspire someone to pursue their dream.

Dreamer vs. Doubter – A debate scene between someone who dreams big and another who is skeptical, encouraging improvisation and argument-building skills.

Imaginary Adventure – Campers narrate and act out a dream sequence with surreal elements. Help your campers to go as wild as possible- stretching their imaginations.

Miming Dreams – A group of campers act out a dream scene silently while another group of campers narrate the events as if reading from a dream journal. Have campers switch out as you go between narrating and acting.

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I Am Creative (Olio)

Abstract Dance- Campers are given a color, texture, or sound and asked to dance like it. For example: “dance like the color blue,” or “move like something sticky.” Build creative connection between ideas and the body.

One-Legged Dance- Campers choreograph short movement phrases while keeping one foot off the ground—hopping, balancing, or wobbling. They can switch legs partway through. Help to encourage problem-solving through movement and build physical control.

Shape Shifters- Campers explore movement inspired by shapes like triangles (sharp arms), circles (spinning), or squares (boxy steps). They can “draw” shapes in the air or on the floor.

Doodle Dance- Each camper receives a scribbled or abstract drawing and interprets it through movement. Was it a swirl? A zigzag? A bouncy dot? They decide how to dance it.

Move & Freeze Art- Campers dance around the space to music. When the music stops, they freeze like a sculpture. After each round, the group reflects on what their “frozen artwork” looks like. Builds self-regulation while combining visual art and movement.

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So Creative (Parlando)



Paint the Air- Campers imagine their bodies as paintbrushes, using hands, arms, and full body movement to “paint” shapes, swirls, and lines in the air. The group can interpret music or sounds as their paint colors. Play different songs to see how that changes the way they ‘paint’.

Improvisation Relay- One dancer begins with a short, improvised phrase. When they stop, the next dancer picks up from their final movement and continues the sequence, passing it down the line.

Emotional Coloring- Assign emotions to colors (e.g., yellow = joy, red = anger, blue = calm), then have dancers embody those emotions through movement. They can transition between them as if changing colors. Help to build awareness of how emotions influence movement and how dancers can communicate feeling without words.

Music Video Creator- In small groups, campers choreograph short dance videos based on a theme, emotion, or story. They choose their setting, props, and moves, and film the performance in one take.

Dance with Props- Each camper is given an unusual prop (scarf, pool noodle, plastic spoon, etc.) and must incorporate it into their dance creatively—tossing, balancing, spinning, or using it as a partner.

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Fireflies (Bombershay)



Follow the Brush- One dancer uses an imaginary paintbrush to create movement patterns in the air and on the floor. The rest of the group follows the path of the brush with their own bodies, mirroring and evolving the motion.

Dance Storytelling- Campers choose a simple storyline (e.g., building something, going on a journey, overcoming fear) and use movement to tell the story from beginning to end—without using words or props. Helps campers understand how choreography can carry narrative meaning and emotional arc.

Shape Movements- Have campers work together to create choreography in “chapters,” with each section inspired by a shape. For example: triangle = sharp steps, square = grounded and strong, spiral = swirling and continuous.

Mirrored Dance- Campers work in pairs, with one dancer leading a sequence and the other trying to match it precisely—like a mirror. Halfway through, they switch roles.

Dance Battle of Creativity- Campers take turns performing original movement ideas in response to one another—building off energy, rhythm, and theme. Others cheer, observe, or join as the battle evolves. Fosters confidence, risk-taking, and celebration of each camper’s unique movement voice.

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The following Spotlight Session activities revolve around the biblical content for the week. Incorporate them into your week to strengthen the understanding of the stories campers are learning.

Bezalel's Masterpiece Skit (Exodus 31:1-6 - Craftsmanship & Mosaics)

Each team creates a "living sculpture" where actors pose like statues to form a scene that represents Bezalel crafting something magnificent. One team member (playing Bezalel) then walks through the scene explaining the work.

The Creator's Toolbox (Philippians 1:6 - God's Work in Us)

Each team is given random skills (e.g., singing, dancing, storytelling, shadow puppetry) and must use them to perform a skit where God is "building" a person's purpose over time.

Talent Swap Show (Colossians 3:23-24 - Using Gifts for God)

Each team picks one talent (e.g., drawing, acting, music, dancing) and must teach another team how to use it. After learning, they must perform a skit about someone discovering their talent for God!

Tabitha's Fashion Show (Acts 9:36-42 - Sewing for the Poor)

Each team must create costumes out of paper, fabric scraps, or other materials and then present a fashion show skit where Tabitha explains how these clothes are helping others.

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Mosaic Story Builders (Exodus 31:1-6 – Creativity in Small Pieces)

Each team receives a set of random story elements (e.g., a talking donkey, a lost treasure, a storm) and must weave them into a Bible-based story about creativity.

The Masterpiece Freeze Frame (Genesis 1 – Everything God Made is Good) Each team acts out a scene from creation but freezes at a key moment. Another team then "steps in" to complete the scene in a way that shows God's hand in it.

Creative Character Swap (Samson, Tabitha, Bezalel, Creation – Who's the Most Creative?) Each team randomly swaps characters (e.g., Samson and Bezalel, or Tabitha and Adam) and must improvise a skit where one Bible character learns from another about using creativity wisely.

Creation Remix Battle (Genesis 1 – A New Take on Creation)

Each team picks a different artistic style (e.g., silent film, comedy, slow-motion, dance, mime) and must perform the Creation Story in that style!