

SMALL GROUP | DAY 3

GOD MADE ME AMAZING AND WONDERFUL



I can trust God no
matter what



Bible

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. Galatians 5:22-23

SUPPLIES

- Basket
- 3D construction paper fruits (apple, grapes, banana, etc.) with descriptions written or typed on the inside. (see descriptions below)
- a Bible, ipad for video
- Twister Game Board x2

Prepare In Advance

- Mark Galatians 5:22-23 in Bible
- Set a timer for 7-10 minutes before the end of small group time for prayer and Take Action
- Think of a Fruit of the Spirit or two you already have in your life and a Fruit of the Spirit you want more of to share with Campers.
- Surprise VERA Component in Small Group – VERA shows up in banana costume to drop off fruit baskets “I brought you Fruits of the Spirit to sweeten up your life.”

Digging Deeper

This morning, VERA wanted to win the Super Star Citizen of Woodstock award. The award was looking for people who show kindness, love, care, giving, and helping.

- Anyone ever win an award for being kind, a good friend, or being a helper?
- Tell us how you have shown kindness, love, care, generosity, or a helping hand to someone lately.

This reminds me of what the Bible calls the Fruits of the Spirit.

- Who likes to eat fruit? What are your favorite fruits? (Let the Campers share)
- Did you know that you can have fruit in your life?

Think if a cucumber plant. It starts with a seed in the ground. With good soil, water, and sunshine it sprouts and grows a tall plant. The plant grows flowers that become fruit.

Yummy cucumbers! We are learning and growing. But we don't grow cucumbers.

UNIQUELY ME!

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Here in the Bible, it says the fruit that should grow in our lives is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Galatians 5:22-23

When you have these fruits in your life, you become more like Jesus.

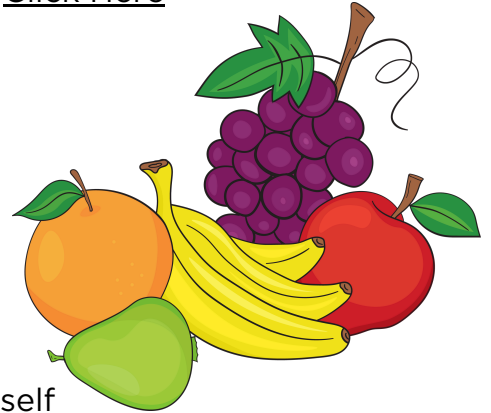
Watch this video to help Olio and Parlando learn this verse: [Click Here](#)

Fruit Basket Activity

Invite campers to unfold the fruit one at a time.

Love

The fruit of love means to like and care for others very much. You think of them as more important than yourself



Does that mean when I share the last piece of chocolate cake with my sister, I show her love?

Joy

The fruit of joy means to stay happy and content even if things don't go your way

Does joy mean that even if it's finally video game time and your device battery is dead, you can still be happy?

Peace

The fruit of peace means to feel calm and not worried. Peace also means a time of no war

What is something we may feel worried about?
God can help us to feel calm and at peace about that.

Patience

The fruit of patience means to be able to wait even if the wait feels long

What has been something you have had to wait for?
Was it hard to stay patient?

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Fruit Basket Activity

Kindness

The fruit of kindness means to be friendly, generous, and thoughtful of others

We all like friends who are kind, right?

Goodness

The fruit of goodness means to be have good morals or wanting to do right.

Does this means telling the truth even if we might get into trouble?

Faithfulness

The fruit of faithfulness means to be trustworthy or loyal. Someone who is faithful can be counted on to do what they say they will do

Keeping our word is so important. People trust us when we are faithful and do what we say we will do.

Gentleness

The fruit of gentleness means to be kind, tender, patient toward others, not pushing or rough

Self-Control

The fruit of self-control means to be in control of your emotions, words, actions

Someone who is self-controlled understands when it is time to talk, time to listen, and time to let others share.

Now when you hear Fruits of the Spirit, remember that we should all have love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control growing in our lives!

Let's test how well you have these fruits in your life by playing Twister!

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GAME | Fruit Of The Spirit Twister

Campers follow the directions to place their hand or foot on the coloured circle that is called if and only if the statement read shows love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Stay where you are on the Board if the statement does not show the Fruit of the Spirit.

Place your Right or Left Hand on...	Place Your Right or Left Foot on...
Red, Blue, Yellow, Green if...	Red Blue, Yellow, Green if...
You show love when you play the game your siblings want to play even if you don't.	You break your brother's Lego set on purpose.
You choose joy even when it rains all day on your birthday.	You whine and complain because it's raining too much to go outside to play.
You feel afraid after watching a scary movie. You don't feel any peace.	The thunderstorm is loud and feels scary, but you feel peace because you know God is with you and your home is a safe place.
You feel super impatient when the food at a restaurant takes a long time to come.	You are super hungry! Dinner isn't ready. You ask Mom how you can help with dinner.
A classmate says something mean about you. You trip them in gym class so they fall on their face and everyone laughs.	A classmate misplaced their story book. You show kindness by lending them your book.
It's math class and you listen quietly as your teacher explains fractions.	You know you should be faithful to brush your teeth so you don't get any cavities, but you want to eat Smarties in bed. You skip brushing your teeth.
Mom is planning a surprise party. She asks you to keep it a secret, but you whisper the details to friends.	Dad counts on you to set out the garbage on garbage day. You don't feel like doing it, so you pretend you forgot.
A friend's dog died and you feel so sad for her. You show gentleness by sitting with her at recess while everyone else plays.	Your sports team won a pizza party for best team spirit. You only like pepperoni pizza so you skip to the front of the line. You fill you plate with four pieces.
It's time for pumpkin pie, and you grab the biggest piece for yourself.	Mom just made chocolate chip cookies. You forget about self-control and eat four cookies when she's not looking.

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GAME | Fruit Of The Spirit Twister

BOMBERSHAY

Place your Right or Left Hand on...	Place Your Right or Left Foot on...
Red, Blue, Yellow, Green if...	Red Blue, Yellow, Green if...
You roll your eyes at your little brother's joke.	You break your brother's Lego set on purpose.
You stay friendly even though you know you weren't invited to a friend's party.	You complain because your parent was late picking you up again.
You get annoyed that your mom nags you about too much video game time.	You blame the teacher for your bad grade even though you didn't study.
You feel super impatient when the food at a restaurant takes a long time to come.	You are super hungry! Dinner isn't ready. You ask Mom how you can help with dinner.
A classmate says something mean about you. You make up a lie about them and text it to your friends.	You get AI to write your persuasive essay.
You are faithful to do your Doulingo lesson before midnight to keep your streak.	You know you should be faithful to brush your teeth so you don't get any cavities, but you want to eat Smarties in bed. You skip brushing your teeth.
Your mom is planning a surprise party. She asks you to keep it a secret, but you whisper the details to friends.	Dad counts on you to set out the garbage on garbage day. You don't feel like doing it, so you pretend you forgot.
A friend's dog died and you feel so sad for her. You show gentleness by listening to all the stories of her	You "forgot" your gym clothes. You sit out of gym class again.
It's time for pumpkin pie, and you grab the biggest piece for yourself.	Mom just made chocolate chip cookies. You forget about self-control and eat four cookies when she's not looking.
You auditioned and sadly, didn't get the lead part. You celebrate for the friend who did.	You see yourself in mirror and say "I am amazing."

Last person standing wins

Great job! Every day as we learn to love and choose joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control, we become more like Jesus.

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Remember the importance of building trust. Being transparent as a leader builds trust and creates vulnerability.

- Ever said mean words to others?

When you belong to Jesus, you choose to speak kind words.

- Ever hit your sibling?

When you belong to Jesus, you respect them and don't get into fights.

- Ever told a lie to avoid getting into trouble?

When you belong to Jesus, you want to speak the truth.

- Ever try to be funny by telling a joke, but it actually hurts someone's feelings or embarrasses them?

When you belong to Jesus, you love others and think of them as more important than yourself.

Having the Fruit of the Spirit in our lives – isn't easy. Sometimes we get upset and say mean words and tell lies. That's ok; ask for forgiveness.

But, as we remember that we are amazing and wonderful, made by God, we remember that we are created for a purpose with important things to do.

We can ask God for help and the Fruit of the Spirit will become part of who we are.

We will want to be kind and caring to others.

Deeper Questions

- What Fruits of the Spirit do you already have in your life?
- What Fruits of the Spirit do you want more of in your life?

Crew Leaders share your answers to encourage the Campers to do the same

Prayer

Dear God, we want to become more like You. Help us to choose love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control at home, at school, with our friends, and in our sports and activities.

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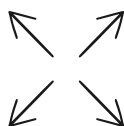


Campers match up the descriptions with the fruits: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Can draw lines to match up or put letters: A. B. C. D

Doing what's right
Listening and waiting to talk
Keeping promises
Staying calm and gentle
Choosing to be happy
Loving and caring for others
Feeling calm inside
Waiting my turn
Being kind and helpful

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Match them Up!

Love
Joy
Peace
Patience
Kindness
Goodness
Faithfulness
Gentleness
Self-Control



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But the fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful ²³ and gentle and having control of oneself.

Galatians 5:22-23

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