

SMALL GROUP | DAY 4

Helping Others is Part of My Purpose with God as My Helper



Bible

Let us start rebuilding. So they began this good work. Nehemiah 2:18 NIRV

They realized that our God had helped us finish the work. Nehemiah 6:16 NIRV

Supplies

- 1 balloon per Camper
- Bible
- 1 basket



I can trust God
no matter what!

Crew leader prepare in advance

- Mark in Bible Nehemiah 2:18 and Nehemiah 6:16 NIRV
- Mark in Bible Isaiah 41:10 NIRV, Isaiah 41:13 NIRV, and Philippians 4:13 NIRV

Digging Deeper

Today is all about - how helping others which is part of our purpose.

How do you like to help others?

- What are some things adults ask you to help with that you don't really want to do? (provide examples to get to "real" conversations.
- Adults really do appreciate your helping hands. How can you make those tasks or chores fun to do? Or at least more tolerable?

Let's play a game that is all about helping each other and working together as a team.

GO THE DISTANCE!

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Balloon Chain Game

Each Camper has a balloon except for the leader who holds a basket. Who wants to be the leader holding the basket?

- It is best to have five or more Campers in each team so can split the Crew into two groups
- Mark the starting line with pylons

Stand in a straight line and form a chain connected by balloons. You must walk or run to the basket as one balloon chain. If a balloon falls, return to the starting line to begin again.

Once you get to the basket, starting from the last teammate in the chain, pass your balloon to the front and into the basket without breaking the chain. Listen carefully!

This is the only time you can touch your balloon with your hands!

The leader will drop the balloons inside the basket.

The first team to drop all the balloons inside the basket wins.

Ready? Action!

Connection to Bible Story Theme

In our Bible story today, what did Nehemiah do to help? (He was the king's cupbearer and he helped rebuild the walls of Jerusalem)

Could Nehemiah rebuild the entire wall by himself?

No! He needed help. The King and the people in Jerusalem were willing to help.

(Use the Bible) Here in the Bible it says, "Let us start rebuilding. So they began this good work." Nehemiah 2:18 NIRV "They realized that our God had helped us finish the work." Nehemiah 6:16 NIRV

We need each other. Don't be shy to ask for help because God uses people to help you. You can also ask God for help.

GO THE DISTANCE!

Small Group

Helping Others is Part of My Purpose and God is My Helper



God is Our Helper

(Invite Campers to read these verses)

“Don’t be afraid, because I am with you. Don’t be upset, because I am your God. I will help you. I will hold you up with my right hand.” Isaiah 41:10 NIRV

“For I am the Lord your God. I will hold your hand and say to you, Don’t be afraid. I will help you.” Isaiah 41:13 NIRV

“I can do all things through Jesus who gives me strength.” Philippians 4:13
When I feel afraid or worry, I read these verses and feel so much better because God is my helper.

How do you see God helping you? (Let Campers share)

Do you remember the Wise Choices Bid Cards from yesterday’s Small Group time? All of the things on those cards applies here when we need God’s help. We can pray and read the Bible. We can ask trusted adults to help us.



It’s time to pray! You heard me right!

Your Take Action (cue motion for Take Action) is to take a moment to pray all by yourself and ask God for help. Whatever you need help with, We want you to talk to Him about it.

Maybe as you drive home today, or when you go to bed, you can pray and say, Dear God, thank You that You are my helper. Would you help me?

It does not matter the need, or how big the worry; God loves to hear from us, no matter what! We can trust Him.

Bring your Playbill back tomorrow. I want to celebrate that you prayed to God for help.

Thank You, God, that You are our helper always. How amazing it is to learn about you and your purpose for our lives. We can count on You and others to help us. We want to help others, too. God thank you for helping us remember that helping is part of our purpose too. Amen.

Prayer

GO THE DISTANCE!