

SPOTLIGHT SESSION | SINGING



Spotlight Station is where campers step beyond rehearsal and into deeper discovery. During this rotation, they engage in creative activities that help them explore their showcase content from new angles—whether through movement, storytelling, character work, or personal reflection.

It's a chance for students to take bold, creative risks, make meaningful choices, and see how their unique voice shapes the story they're telling. Whether they're diving into lyrics, embodying a character, or experimenting with movement, every activity is designed to stretch comfort zones and build confidence.

At K2K's VISTO Camp, we believe theatre is more than performance—it's a pathway for each individual to grow in their understanding of who they are, where they fit in and their purpose.

Spotlight Stations reflects that heart by encouraging campers to express themselves fully, explore big ideas, and grow.

UNIQUELY ME!

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You Say - Lauren Daigle (Camp Song)



Affirmation Echoes -Practice deep breathing by singing a line like “You say I am strong” in one long, steady breath. Stand tall with open arms or strong posture. Repeat with volume variations or movement across the room.

Truth Tag- Sing the chorus as a group, but “tag” a different camper each time to sing the final word or phrase of each line. Adds pressure and fun, while keeping everyone engaged and ready to shine.

Creation Battle- Divide the group into two “teams.” Call out an identity word (e.g., “Strong!” “Loved!” “Enough!”). Each team must create a sung or chanted phrase using that word in 30-60 seconds. Then both teams perform their version and celebrate each other.

Identity Karaoke Pass- Play an instrumental of “You Say” (or another camp-appropriate song). Go around the circle karaoke-style, passing the blow-up microphone: each camper sings one line with their own flair—loud, gentle, silly, or heartfelt. The group can softly hum or snap along like a backup choir.

Interval Echo Walk- Have campers spread out in the room. The leader sings a short melodic phrase using simple intervals (e.g., do-mi, sol-do). Campers echo the phrase while walking toward the leader, then echo a new phrase while walking away. Change intervals with each round to explore upward and downward motion.

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I'm Finally Me - Laura Marano (Camp Dance)



Lyric Spotlight – Choose a favorite lyric from the song and sing it solo with interpretation. Builds confidence and personal connection to music.

Self-Description Songwriting – Campers write and sing a short verse about who they are or who they're becoming. Teaches self-expression and courage.

“Sing Me a Mood” Challenge– Campers sing the same lyric (e.g., “I’m finally me”) using different moods: proud, silly, dreamy, energetic, relaxed. The group guesses the emotion and then discusses which version feels the most them.

Voiceprint Harmony – Each camper adds their unique sound or harmony to a group section. Emphasizes that identity shapes group strength.

Tempo Shift Story – Sing the same lines at different tempos to reflect how identity can shift in different environments. Develops emotional and musical flexibility.

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What I Am - Will.I.Am (Olio)



Echo Me, See Me- The leader sings short, simple phrases (e.g., “I am strong,” “I like to dance”) and the campers echo them back using big gestures or matching facial expressions. You can play with volume, speed, or emotion. Builds listening, vocal confidence, and joyful self-expression.

Sound Like Me- Go around the circle and let each camper sing their name or a fun sound (like “la-la-Ryan!” or “zing-zing-Avery!”). Everyone repeats it back, copying their rhythm or tone. Reinforces that everyone’s voice is special and worth repeating.

Mirror Song Moves- Choose a song lyric (like from “You Say”, “I’m Finally Me” or “What I Am”), and assign a motion for each word (e.g., point to self, strong arms, heart hands). Campers sing the line while matching the movement. Links lyrics to identity and helps with memory through body-based learning.

Name-in-the-Song Game- Insert camper names into a familiar song (e.g., “If you’re brave and you know it, clap for Mia!”). Each camper gets a turn being celebrated. Makes music personal and builds a sense of belonging and pride.

Feelings Voice Parade- Using a short, simple phrase like “This is me,” campers sing it in different feeling voices: happy, sleepy, excited, shy, loud, soft, etc. Encourages vocal play and awareness of emotional expression.

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How Far I'll Go - Moana (Parlando)



Lyric Reflection Lines- Campers choose a favorite lyric from the song (e.g., “no one knows how far it goes”) and sing it solo or in pairs with intention. Follow up with a short discussion or journal reflection: What does this line mean to you? Creates personal resonance with the song’s message.

Volume Voyage- Divide the song into sections. Campers start quietly, then gradually increase volume and energy through the verse and chorus—building like an emotional wave. Add in an arm motion (like a wave) to help campers connect even more to the sensation.

One Line, Many Ways- Campers pick a lyric (e.g., “see the line where the sky meets the sea”) and perform it in different musical styles or character voices—curious, brave, shy, bold, robotic, opera. Encourages playful discovery of voice and mood.

Echo Island- Leader sings a line, and campers echo it back with a twist—adding movement, rhythm changes, or their own word. Can be done in a circle as a camp-wide chorus.

Chorus Layers- Break the chorus into rhythmic or melodic parts. One group hums the beat, one sings the line, another speaks key words. Layer it together and build volume. Emphasizes collaboration and shows how each person adds to the whole.

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Stand Out - A Goofy Movie (Bombershay)



Vocal Obstacle Course

Set up a sequence of vocal challenges campers complete in order:

Hold a long note

Sing a scale while walking

Speak a lyric in character (e.g., pirate, robot, villain)

Sing a short phrase while doing jumping jacks

Each camper completes the course individually or in teams, cheering each other on. Builds stamina, pitch control, and performance confidence.

Emotions Elevator- Choose a phrase like “This is who I am.” Have campers sing it multiple times, changing the emotion each time—excited, nervous, angry, shy, powerful, silly, etc. They can stand taller or slump based on the emotion. Add movement if desired.

Volume Volleyball- In a circle, campers pass a VISTO ball as they work through the song. The first camper sings softly and tosses the ball to the next camper, who picks up the song at the next line. That next camper sings it slightly louder and passes it on, until the final camper belts it out.

Identity Echo Chains- Campers create a simple musical phrase (like “I shine like the sun”) and choose a gesture or movement to go with it. In a circle, each camper performs their phrase, and the group echoes it back with matching energy. This reinforces positive self-expression and peer recognition.

Lyric Adventure Quest- Hide 3–4 lyric cards around the room, each with a short phrase (e.g., “I know who I am,” “I won’t hold back,” “Shine bright,” etc.).

Each group finds the cards and creates a new song using those lines, adding simple melody or rhythm (claps, snaps).

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The following Spotlight Session activities revolve around the biblical content for the week. Incorporate them into your week to strengthen the understanding of the stories campers are learning.

Psalm 139 Movement Meditations (Psalm 139:13-14 - Wonderfully Made)

Campers create slow-motion, breath-focused movement phrases that reflect God's care and creativity in forming each of us. Movements begin close to the body (introspective) and gradually expand outward (boldly stepping into purpose). Can be done individually or as a group.

Gideon Before & After Skit (Judges 6-7 - From Fear to Courage)

Campers perform two short scenes: one showing Gideon hiding in fear and doubt, and one showing him boldly leading with God's strength. Between scenes, discuss what changed—and how God spoke identity over him.

Prodigal Son Monologue (Luke 15:11-32 - A Homecoming of Grace)

Campers choose to speak as either the returning son or the loving father. Monologues can be written or improvised, focusing on themes of regret, welcome, love, and identity. Helps campers experience the joy and worth that comes not from performance, but from being deeply loved and forgiven by God.

Jesus' Mirror (Philippians 2:5; John 13:34 - Reflecting Christ's Character)

In pairs, campers take turns acting like Jesus toward each other—offering encouragement, truth, forgiveness or comfort through improvised scenes or silent gestures. Afterwards, they reflect on how it felt to give and receive Christlike love.

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Loved by God Freeze Frames (Jeremiah 31:3 – Everlasting Love)

Campers create group tableaux that show key concepts: being chosen, being forgiven, being welcomed, being loved. Each group presents their image while others guess the message before debriefing as a whole.

Voice Sculpt Challenge (Psalm 139 / Jeremiah 31:3)

Give each camper a creative vocal prompt (e.g., “Make a sound that feels like being known,” “Sing a note like you’re being hugged,” “Create a rhythm that sounds like joy”).

They have 30 seconds to come up with their own sound, then share it with the group. Group can layer or respond, turning it into a spontaneous vocal soundscape.

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