

SPOTLIGHT SESSION | SINGING



Spotlight Station is where campers step beyond rehearsal and into deeper discovery. During this rotation, they engage in creative activities that help them explore their showcase content from new angles—whether through movement, storytelling, character work, or personal reflection.

It's a chance for students to take bold, creative risks, make meaningful choices, and see how their unique voice shapes the story they're telling. Whether they're diving into lyrics, embodying a character, or experimenting with movement, every activity is designed to stretch comfort zones and build confidence.

At K2K's VISTO Camp, we believe theatre is more than performance—it's a pathway to identity, belonging, and purpose. Spotlight Station reflects that heart by encouraging students to express themselves fully, explore big ideas, and grow as both performers and individuals.

DREAM | DREAM BIG!

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When You Believe - Prince of Egypt (Camp Song)



Breath River - Campers imagine breath flowing like a river while sustaining long phrases. Partners listen for steady tone. *Focus:* breath control.

Emotion Journey - Sing the verse representing a journey from doubt to belief. Campers gradually change their tone and volume.

- uncertain or questioning
- hopeful and gentle
- confident and powerful.

Lyric Meaning Lab - Choose a phrase like “There can be miracles.” Campers experiment emphasizing different words:

- THERE can be miracles
- There CAN be miracles
- There can be MIRACLES.

Discuss how emphasis changes the meaning.

Choir Balance Builder - Divide the group into three choir sections. Each section sings at different volumes while the leader adjusts balance until the sound blends evenly. Campers learn how choirs balance their sound.

Dynamic Sculpting - Leader sings a phrase with exaggerated dynamics (soft start, big swell, soft ending). Campers must mirror the exact dynamic shape when repeating the phrase. Gradually increase complexity by adding more subtle dynamic changes.

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What Dreams are Made Of - Hilary Duff (Camp Dance)



Groove Translator - Play the instrumental and have campers identify the drum groove. They translate that groove into body percussion before singing the chorus. Example: clap-clap-stomp pattern.

Chorus Energy Map - Listen to the chorus and identify the musical peaks. Campers mark those peaks with stronger vocal energy when singing.

Pop Style Switch - Sing the chorus in different musical styles:

- pop ballad
- energetic dance track
- soft acoustic style.

Focus: stylistic interpretation.

Instrument Detective - Campers listen to the song and identify different instruments they hear:

- drums
- electric guitar
- keyboards
- background vocals.

Assign each instrument to a small group who must recreate that sound vocally or with body percussion. When all groups perform together, the room becomes a live version of the song's arrangement.

Rhythm Relay - Campers stand in a circle. One camper claps the rhythm of a lyric phrase and points to the next camper who must continue the pattern without breaking the beat. After the rhythm makes a full circle, everyone sings the phrase together.

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In Summer - Frozen (Olio)



Temperature Tone – Campers sing short lines from the song while pretending their voices are different temperatures:

- icy cold voice (tight, crisp sound)
- warm sunny voice (smooth and relaxed)
- melting voice (slow and droopy).

Discuss how tone colour changes the feeling of the music.

Snowman Sound Effects – Campers add musical sound effects to the song using body percussion or voice. Examples:

- snow crunching (stomp)
- sunshine sparkle (finger snaps)
- melting snow (descending “who” sound).

Layer the sounds under the melody.

Musical Contrast Game – Sing a verse twice:

Round 1: extremely smooth and legato

Round 2: short and bouncy staccato.

Discuss how the musical style changes Olaf’s personality.

Sunburst Dynamics – Sing the chorus starting quietly and gradually expanding like the sun rising. Encourage bright vocal tone. *Focus*: dynamic shaping.

Silly Instrument Orchestra – Assign campers imaginary instruments:

- violin
- trumpet
- drum
- flute.

They must perform the instrumental parts vocally while others sing.

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A Dream is a Wish Your Heart Makes - Cinderella (Parlando)

Musical Conversation - Split the group into two halves. Group A sings a lyric phrase like they are asking a question. Group B answers with the next phrase like a reassuring response. Encourage different vocal tone choices.

Musical Paintbrush - Campers “paint” the melody in the air with their hands as they sing.

Long notes = long strokes

Short notes = quick flicks.

Focus: melodic shape awareness.

Whisper to Wonder - Sing the first verse as if sharing a quiet secret. Then sing it again with wonder and hope. Sing it that way back and forth a few times. Discuss how tone changes emotion.

Dream Soundscape - Divide campers into three groups to build a dream soundscape under the melody.

Group 1: soft humming drone

Group 2: gentle rhythmic taps (heartbeat style)

Group 3: whispering the word “dream”

Have a few campers sing the melody over top. Rotate roles so everyone experiences each layer.

Floating Tempo Experiment - Sing the verse twice:

1. with strict steady tempo

2. with a slightly floating rubato style

Discuss which version feels more dreamy.

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Nothing is Impossible – Planetshakers (Bombershay)

Rhythm Construction Crew - Divide campers into groups and assign each a different rhythm pattern based on the chorus.

Group 1: stomp beat

Group 2: clap syncopation

Group 3: snap off-beat

Once the groove is steady, the melody is added.

Musical Echo Trail - One camper begins singing a phrase. A second camper enters two beats later echoing softly. A third camper enters four beats later. Creates a layered echo effect.

Harmony Hunt - Campers experiment with singing a simple harmony note while the melody is performed. Encourage them to adjust pitch until the chord sounds balanced.

Rhythm Puzzle Challenge - Write one lyric phrase from the chorus on the board. Campers must work together to figure out the rhythm using only claps and stomps before singing it. Steps:

1. Clap the rhythm together.
2. Speak the lyric rhythmically.
3. Add the melody.

Leaders can intentionally mix up the rhythm to see if campers can spot the mistake.

Tempo Courage Challenge - Sing the chorus at three different tempos:

- slow and dramatic
- normal
- upbeat and energetic.

Discuss how tempo affects the message.

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Extras

The following Spotlight Session activities revolve around the Biblical content for the week. Incorporate them into your week to strengthen the understanding of the stories campers are learning.

Pharaoh's Talent Search - Pharaoh needed someone with a special gift to help solve a problem. One camper leaves the room. The group secretly chooses:

- a lyric
- a dynamic
- a movement

The camper returns and listens to the performance. Can they figure out all three clues?

Focus: Listening skills and musical awareness.

Build the Dream - Start with one singer. Every four beats another camper joins. Keep growing until the whole group is singing. Then add:

- harmony
- motions
- dynamics
- facial expressions

Talk about how something small can grow into something much bigger - just like many dreams start small.

Plot Twist Performance - Joseph's story had a lot of unexpected twists. Campers sing normally until the leader calls out a plot twist. Without stopping the song, campers adjust their performance.

- You're stuck in jail
- You just became famous
- You're performing in a snowstorm
- You won an award
- You lost your map
- You're riding a camel
- You're on live TV
- You're performing on the moon

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Trust the Conductor - One camper becomes "Joseph." Everyone else keeps their eyes on the conductor while singing. The conductor controls:

- volume
- tempo
- cut-offs
- energy

The goal is for the entire choir to move together as one.

Dream Elevator - Imagine you're riding an elevator toward your dream. Each floor changes how you sing:

- Floor 1 = nervous
- Floor 2 = hopeful
- Floor 3 = excited
- Floor 4 = determined
- Floor 5 = confident
- Floor 6 = "I made it!"

Sing the same section each time while changing the emotion.

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