

SPOTLIGHT SESSION | ACTING



Spotlight Station is where campers step beyond rehearsal and into deeper discovery. During this rotation, they engage in creative activities that help them explore their showcase content from new angles—whether through movement, storytelling, character work, or personal reflection.

It's a chance for students to take bold, creative risks, make meaningful choices, and see how their unique voice shapes the story they're telling. Whether they're diving into lyrics, embodying a character, or experimenting with movement, every activity is designed to stretch comfort zones and build confidence.

At K2K's VISTO Camp, we believe theatre is more than performance—it's a pathway to identity, belonging, and purpose. Spotlight Station reflects that heart by encouraging students to express themselves fully, explore big ideas, and grow as both performers and individuals.

WE BELONG TOGETHER!

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You'll Always Find Your Way Back Home - Hannah Montana (Camp Dance)



Homecoming Scenes - Campers perform short scenes of characters returning to a meaningful place or person after time away. Encourages emotional storytelling, reflection on what makes a place feel like home, and the importance of relationships.

Lost & Found Monologues - Each camper writes and performs a monologue about a time they felt left out or isolated and how they found a sense of belonging. Builds vulnerability, narrative structure, and emotional connection.

Reunion Freeze Frames - Groups create a series of frozen images that depict joyful reunions (e.g., a long-lost friend, family member, or teammate). Teaches visual storytelling, spatial awareness, and shared emotion.

Welcome Wagon - Campers role-play as new arrivals and welcoming hosts. The challenge is to make the new camper feel truly included using only positive words and gestures. Builds empathy, improvisation skills, and inclusive language.

BFF Backstory - In pairs, campers develop a short, improvised scene explaining how their characters met and became best friends. Promotes connection, collaborative storytelling, and quick thinking.

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Glorious - David Archuleta (Camp Song)



Glorious Gifts Skit - Campers create a scene where each character has a unique talent that contributes to solving a problem. Emphasizes appreciation for differences and collaboration.

The Missing Piece - Each camper represents a puzzle piece. They act out a scene where someone feels left out until they realize their part is essential. Promotes self-worth and ensemble-building.

The Choir of Voices - Perform a scene with overlapping voices speaking the lyrics of the song completely together. Highlights the power of many working as one.

Spotlight Scene - Campers take turns stepping forward to speak or act out one thing that makes them feel special or included. Builds public speaking confidence and validation.

Unity in Diversity - Groups create skits that bring together characters from different backgrounds to complete a shared task. Encourages cultural awareness, respect, and collaboration.

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Every Move I Make - David Ruis (Olio)



Follow the Leader Scene - One camper begins a scene as the leader. Everyone else must copy their actions, emotions, and energy exactly.

Examples:

Exploring a jungle, Crossing a river, Sneaking into a castle, Walking through a parade,

Preparing for a big performance

Halfway through, switch leaders without stopping the scene.

Freeze and Follow - One camper creates a frozen pose. The next camper joins and creates a connected pose. Continue until the entire group has built one giant frozen picture. Then bring it to life and create a short improvised scene explaining what is happening.

Yes, And... - Campers are paired up. One camper is given a ridiculous task or challenge and must commit fully to it, trusting their partner to support the scene.

Examples:

Convincing a town that squirrels should run the government, Selling invisible pizza

Training for the world's slowest race, Preparing for a potato beauty pageant

The partner's job is to always say "yes" and build on the idea.

The Follower Factory - One camper is the inventor of a brand-new invention, or trend. The others become enthusiastic followers trying to learn it.

Examples:

The world's most complicated handshake, A new way to eat cereal, A dance move that involves sneezing, A backpack-wearing competition

The inventor keeps changing the rules and everyone must adapt.

Pass The Action - One camper starts an action (digging, climbing, dancing, etc.). The next camper copies it, then changes it into a new action for the next person.

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We Belong Together - Toy Story 3 (Parlando)

Toy Box Tales- Campers take on the roles of different toys in a toy box and perform short scenes showing what it feels like to be loved, left behind, or reunited with their child. They'll build empathy by imagining the emotional world of toys longing for connection.

Lost and Found- Campers create original scenes where one character becomes lost (physically or emotionally) and must rely on friends or their community to find their way back.

Gesture Chain: Welcome Edition- One camper steps into the center of a circle and performs a short silent gesture (e.g., open arms, a wave, an invitation to sit). The next camper enters, mimics that gesture, then adds their own version of a welcoming gesture. This continues until all campers have added their movement to the growing chain.

Story Swap- Campers begin acting as one character and then halfway through the scene switch roles with someone else. They must adapt quickly while keeping the story clear. Demonstrates how identity and empathy can shift when we step into each other's shoes.

"We Stick Together"- Groups create scenes showing how friends stand by each other through challenges—maybe one friend is being excluded or facing a hard task. Scenes must end with a visible act of support.

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What I've Been Looking For – High School Musical (Bombershay)

Big Energy Entrance Challenge- Campers take turns making the most dramatic, funny, or confident entrance they can—from a door, curtain, or imaginary arch. The goal is to “own the space” with posture, voice, and attitude. Celebrates bold self-expression and encourages campers to take up space as their true selves.

“That’s So Me!” Character Line-Up- Campers are given a list of big character traits (e.g., “super competitive,” “dreamer,” “quiet leader,” “total goofball”). They walk around the room and freeze when they hear one that feels like them—or one they’d like to try. Then they act it out with one exaggerated line or gesture.

The Spotlight Switch- One camper steps into the “spotlight” and shares a short sentence or pose that represents a talent, interest, or dream (real or invented). Then the “spotlight” switches to another camper who must respond with a compliment, connection, or bold reaction in character.

Identity Box Improv- Campers are given an imaginary “box” that contains something only they know about themselves (e.g., “I love sea creatures,” “I write songs at night”). They use physical mime to reveal what’s inside and act out how it affects their day or personality.

Dream Audition Remix- Instead of a traditional skit, campers create wild, over-the-top “auditions” for a made-up talent show—dancing like a mop, reciting a monologue as a pirate, lip syncing to toast popping. Each audition should be completely unexpected and joyfully weird.

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Extras

The following Spotlight Session activities revolve around the biblical content for the week. Incorporate them into your week to strengthen the understanding of the stories campers are learning.

Unity Freeze Frames (Psalm 133:1 - Living in Harmony)

Campers work in small groups to create frozen scenes that represent moments of unity—celebration, teamwork, reconciliation, or worship. These tableaux are shared silently or accompanied by a song lyric or verse.

Open Door Skit (2 Kings 4:8-11 - The Shunammite Woman's Hospitality)

Groups create a short skit where someone opens their home, group, or heart to someone new. Whether welcoming a traveler, a new camper, or a neighbor, the scene should model generosity and kindness.

Sharing Circle (Acts 2:42-47 - The Early Church)

Campers portray members of the early church community, sharing resources, food, worship, and time. They brainstorm what this might look like in their own lives today and act out a short scenes of sharing and caring.

Kindness in Motion (Luke 10:25-37 - The Good Samaritan)

Using gentle choreography, campers represent moments of compassion: stopping to help, offering water, lifting someone up (symbolically, no physical lifting). Movements can be set to music or soundscape.

Zacchaeus Reflection Monologue (Luke 19:1-10 - Zacchaeus is Seen by Jesus)

Each camper writes or improvises a short reflection as Zacchaeus—before and after his encounter with Jesus. What did it feel like to be unseen? What changed when Jesus noticed him? Monologues can be dramatic, simple, or poetic.

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Skills Developed: Character empathy, solo performance, reflective writing.

Spiritual Focus: Shows how being seen, welcomed, and forgiven opens the door to real belonging.

Harmony of the Early Church (Acts 2:42-47)

Divide campers into small groups. Each group is assigned one musical layer: rhythm (body percussion), melody (humming or simple vocal line), harmony (drones or background vocals), or spoken word (a verse or phrase from Acts 2:42-47). They rehearse separately, then combine all parts into a live "sound church" that grows together in volume and unity.

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