# SMALL GROUP | DAY 1 I BELONG IN MY FAMILY



#### **Bible**

Psalm 133:1 "How good and pleasant it is when brothers live together in unity."

### **Supplies**

- Appreciation Flowers (1 per camper)
- Markers
- Play-dough
- wristbands for leaders & campers



help others feel the same

### **Crew Leader Prepare In Advance**

- mark Bible at Psalm 133:1 and Psalm 27:10
- mold 1-2 objects of what they like doing with their family to show Campers and to get the discussion started
- provide Take Action wristband for each Camper. Assure them that you will explain its purpose
- Shape it with Playdough Purpose is to have hands on activity during discussion

# **Overview & Getting Started**

Give each Camper a ball of Playdough to mold objects that represent what they like about their family or what they like to do together.

Crew Leader shows the 1-2 objects to get the discussion started

Not all questions need to be asked. Ask based on time available. Campers take turn sharing while molding an object that represents their answer

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- What do you like about your family?
- What do you like to do together as a family? How do you like to have fun?
- What are your family's favourite movie snacks?
- What chores do you do together as a family? How do you work together as a team?
- What vacations have you been on together as a family?
- What is your favourite memory with your family?

Your family is important no matter what it looks like. You belong in your family. You and your family go together.

# **SMALL GROUP | APPRECIATION FLOWERS**

Campers are to write or draw on the flower petals what they like and are thankful for about their family.

Note: Petal pieces are pre-cut. Glue together with glue dots so they can choose their own flower petal colours.

#### **Review of Bible Time**

We heard a Bible story this morning about the first and biggest family, the family of Israel. That's a whole lot of children, grandchildren, and great grandchildren, isn't it?!



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# Digging Deeper | When You Get Annoyed with Your Family

Your family is important. You belong in your family no matter what your family looks like. That doesn't mean every family is perfect. Even though you and your family go together, that doesn't mean that you won't argue or get annoyed with each other.

What it does mean is that you can choose to be kind, patient, forgiving, and respectful.

In the Bible it says, "How good and pleasant it is when brothers live together in unity." Psalm 133:1

God wants us to get along, be respectful and kind to each other.

- What are some ways you can be kind to your family members?
- What times should you stay patient with your family?

#### **SPECIAL NOTES:**

#### Campers share a time when they didn't get along with a family member:

Listen well as they share. Be sure that they feel seen and heard. You can say, "I'm sorry that happened. That may be how your family member chose to behave and I understand how it isn't nice. How can you choose to respond next time that is kind, patient, and respectful?"

### Camper Says They Feel They Don't Belong in their Family:

Listen well to your Campers as they share. Be sure that they feel seen and heard. Then ask, "Would it help to know that God loves you very much? Nothing will stop Him from loving you. He never meant for you to feel alone or like you don't belong.

God says that He "has chosen you and not rejected you." In the Bible, it says, "Though my father and mother forsake me, the Lord will receive me." Psalm 27:10

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- Leader & Camper Playbill
- Leader & Camper Wristband

Hand out Playbills

When you go to a theatre performance, you may be given a Playbill that tells about the play and the actors.

At VISTO, we are giving you a Playbill, too, that will contain information about you. You are invited to take it home each day and add to it all the things you are learning.

We call this our TAKE ACTION Playbill! because we are going to ask you to take action on the things you learn at VISTO everyday! Sometimes we can get so caught up in what we are learning that we don't always take the time to notice what others are doing, or put into action what we've learned. Teach "Take Action" hand motion.

Each day at VISTO there will be an activity to do and when you bring it back to camp the next day we want to celebrate what you have done! In addition, **VISTO VERA has a special video** for you to watch each day & this wristband is going to be your reminder all week long!

Attach Wristband on self and each camper.

Make sure each camper has their name on their Playbill.

Attach today's Take Action insert and encourage campers to keep other items from their week inside their playbill, or consider journalling about these things throughout the week.

Take The Stage, Live the Change



I am created to belong and help others feel the same

# SMALL GROUP | DAY 1

# VISTO

#### Today,

- We invite you to give the Appreciation Flower you made in Small Group time to someone, or someone in your family. Tell them what you like about your family.
- Bring your Playbill back to Camp tomorrow and tell your Crew Leader if you gave your Appreciation flower to your family.

### **Introduce Prayer**

Prayer is talking to God. Did you know that God hears you when you talk to Him? Your thoughts, your words, any day, any time and any where!

Some people like to close their eyes when they pray. Some people pray and talk to God as they go about their day.

Talking to God in prayer is like talking to your best friend. Tell Him anything, when you are happy or sad. He loves to hear your prayers, and He loves to talk to you. Prayer is a quiet moment to listen to God, too.

Let's pray to God now.

### **Prayer**

Thank You, God, for our families no matter what our families looks like. We know that we belong together. We pray that You would bless our families and help us to be kind, patient, forgiving, and respectful to each other.

Thank you God for the reminder that we belong and we can help others belong. Help us to Take Action today! Amen.