



Food provided for children may contain one or more of the 14 main allergens (please see displayed allergen poster). If you would like to know more about the contents of your child's food, please ask the Nursery Manager for more information.

Week 1	Lunch	Tea	Pudding
Monday	Three Bean Chilli & Rice	Jacket Potato with Tuna and Sweetcorn	Natural Yoghurt with Fruit
<i>Vegetarian</i>	Three Bean Chilli & Rice	Jacket Potato with Cheese and Sweetcorn	Natural Yoghurt with Fruit
Tuesday	Sausage and Mash Potato with Cauliflower & Broccoli	Cheese and Tomato Pizza with Vegetable Sticks	Fruit Salad
<i>Vegetarian</i>	Meat Free Sausages and Mash Potato with Cauliflower & Broccoli	Cheese and Tomato Pizza with Vegetable Sticks	Fruit Salad
Wednesday	Chicken Casserole	Vegetable Pasta	Tinned Peaches
<i>Vegetarian</i>	Vegetable Casserole	Vegetable Pasta	Tinned Peaches
Thursday	Fish Pie with Mixed Vegetables	Hearty Autumnal Soup with Bread & Butter	Jelly & Fruit
<i>Vegetarian</i>	Soya Pieces with a white sauce, mash Potatoes & Mixed vegetables,	Hearty Autumnal Soup with Bread & Butter	Jelly & Fruit
Friday	BBQ Chicken & Jacket Potato	Macaroni Cheese	Vegan Lemon Loaf
<i>Vegetarian</i>	Meat Free BBQ Chicken & Jacket Potato	Macaroni Cheese	Vegan Lemon Loaf



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Week 2	Lunch	Tea	Pudding
Monday	Tomato Pasta	Autumnal Vegetable Casserole	Tinned Peaches
<i>Vegetarian</i>	Tomato Pasta	Autumnal Vegetable Casserole	Tinned Peaches
Tuesday	Savoury Mince & Jacket Potato	Salmon & Pea Pasta	Vegan Banana Muffins
<i>Vegetarian</i>	Meat Free Savoury Mince & Jacket Potato	Tomato Pasta	Vegan Banana Muffins
Wednesday	Chicken Curry with Rice	Ham & Pineapple Pizza with Vegetable Sticks	Fruit Jelly
<i>Vegetarian</i>	Meat free Chicken Curry with Rice	Pepper & Pineapple Pizza with Vegetable Sticks	Vegetarian Jelly
Thursday	Cowboy Hotpot	Jacket Potato with Baked Beans	Natural Yoghurt with Fruit
<i>Vegetarian</i>	Vegetarian Cowboy Hotpot	Jacket Potato with Baked Beans	Natural Yoghurt with Fruit
Friday	Spaghetti Bolognese	Savoury Vegetable Crumble	Fruit Salad
<i>Vegetarian</i>	Meat Free Spaghetti Bolognese	Savoury Vegetable Crumble	Fruit Salad



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Week 3	Lunch	Tea	Pudding
Monday	Autumnal Vegetable Curry with Couscous	Tomato Soup with Bread & Butter	Fruit Salad
<i>Vegetarian</i>	Autumnal Vegetable Curry with Couscous	Tomato Soup with Bread & Butter	Fruit Salad
Tuesday	Chicken Pasta	Jacket Potato with Cheese & Cucumber	Fruit Jelly
<i>Vegetarian</i>	Meat Free Chicken Pasta	Jacket Potato with Cheese & Cucumber	Vegetarian Jelly
Wednesday	Beef Stew with Mashed Potato.	Beans on Toast	Vegan Gingerbread
<i>Vegetarian</i>	Vegetable Stew with Mash Potato	Beans on Toast	Vegan Gingerbread
Thursday	Cottage Pie with Peas & Sweetcorn	Sweet Potato & Bean Stew	Tinned Peaches
<i>Vegetarian</i>	Meat Free Cottage Pie with Peas & Sweetcorn	Sweet Potato & Bean Stew	Tinned Peaches
Friday	Fish In Parsley Sauce with Mash Potatoes, Broccoli & Cauliflower	Roasted Vegetable Pasta Bake	Natural Yoghurt & Fruit
<i>Vegetarian</i>	Soya Pieces In a Parsley Sauce with Mash Potatoes, Broccoli & Cauliflower	Roasted Vegetable Pasta Bake	Natural Yoghurt & Fruit