



Food provided for children may contain one or more of the 14 main allergens (please see displayed allergen poster). If you would like to know more about the contents of your child's food, please ask the Nursery Manager for more information.

Week 1	Lunch	Tea	Pudding
Monday	Spaghetti Bolognese	Butternut Squash Soup with Bread & Butter	Vegan Orange Muffins
<i>Vegetarian</i>	Meat Free Spaghetti Bolognese	Butternut Squash Soup with Bread & Butter	Vegan Orange Muffins
Tuesday	Chicken Arrabbiata Stew	Cheese & Tomato Pizza with Vegetable Sticks	Tinned Peaches
<i>Vegetarian</i>	Meat Free Chicken Arrabbiata Stew	Cheese & Tomato Pizza with Vegetable Sticks	Tinned Peaches
Wednesday	Fish Pie with Peas & Sweetcorn	Roasted Vegetable Pasta	Natural Yoghurt
<i>Vegetarian</i>	Vegetable Pie with Peas & Sweetcorn	Roasted Vegetable Pasta	Natural Yoghurt
Thursday	Beef Ragu	Autumnal Vegetable Casserole	Fruit Salad
<i>Vegetarian</i>	Vegetable Ragu	Autumnal Vegetable Casserole	Fruit Salad
Friday	Mixed Bean Chilli & Wedges	Creamy Tomato Risotto	Bananas & Custard
<i>Vegetarian</i>	Mixed Bean Chilli & Wedges	Creamy Tomato Risotto	Bananas & Custard



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Week 2	Lunch	Tea	Pudding
Monday	Smokey Sausage Casserole	Vegetable Biryani	Tinned Peaches
<i>Vegetarian</i>	Meat Free Smokey Sausage Casserole	Vegetable Biryani	Tinned Peaches
Tuesday	Beef Stew with Parsley Mash	Vegetable Potato Bake	Fruit Salad
<i>Vegetarian</i>	Vegetable Stew with Parsley Mash	Vegetable Potato Bake	Fruit Salad
Wednesday	Cottage Pie with Mixed Vegetables	Jacket Potato with Tuna & Sweetcorn	Vegan Blueberry & Banana Loaf
<i>Vegetarian</i>	Meat Free Cottage Pie with Mixed Vegetables	Jacket Potato with Cheese & Sweetcorn	Vegan Blueberry & Banana Loaf
Thursday	Spanish Chicken & Couscous	Sweet Potato & Bean Stew	Natural Yoghurt
<i>Vegetarian</i>	Meat Free Spanish Chicken & Couscous	Sweet Potato & Bean Stew	Natural Yoghurt
Friday	Salmon & Pea Pasta	Hawaiian Pizza with Vegetable sticks	Fruity Mousse
<i>Vegetarian</i>	Tomato Pasta	Cheese & Pineapple Pizza with Vegetable Sticks	Fruity Mousse



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Week 3	Lunch	Tea	Pudding
Monday	Autumnal Vegetable Curry with Rice	Cheese & Beans on Toast	Fruit Salad
<i>Vegetarian</i>	Autumnal Vegetable Curry with Rice	Cheese & Beans on Toast	Fruit Salad
Tuesday	Fish in a Cheesy Sauce with Mash Potatoes & Peas	Vegetable Soup with Bread & Butter	Vegan Gingerbread
<i>Vegetarian</i>	Soya Pieces in a Cheesy sauce with Mash Potatoes & Peas	Vegetable Soup with Bread & Butter	Vegan Gingerbread
Wednesday	Californian Chicken Pasta Bake	Hearty Vegetable Hotpot	Tinned Peaches
<i>Vegetarian</i>	Meat Free Californian Chicken Pasta Bake	Hearty Vegetable Hotpot	Tinned Peaches
Thursday	Cowboy Hotpot	Tomato Pasta	Jelly & Fruit
<i>Vegetarian</i>	Meat Free Cowboy Hotpot	Tomato Pasta	Vegetarian Jelly & Fruit
Friday	Chicken Casserole	Jacket Potato with Cheese & Cucumber	Natural Yoghurt
<i>Vegetarian</i>	Vegetable Casserole	Jacket Potato with Cheese & Cucumber	Natural Yoghurt