

DAILY PRAYER MEDITATIONS

October 20-25, 2025

Monday, October 20, 2025 (by Marilyn Culler)

Psalm 57 <https://tinyurl.com/6knvcdv3>

PONDER: David turns his thoughts from the enemies chasing him to the saving faithfulness of God. Instead of dwelling on “Poor me,” David determines what he will do. He will: keep a steadfast heart, sing praises, awake the dawn, give thanks and sing more praises. We languish in our own misery all too often, when we should really be looking to God’s power to lift us out of less-than-ideal situations in which we find ourselves – even when these situations are of our own making.

PRAYER: God, thank you for Your faithful Presence around me always. Amen.

ACTION: Get up before dawn and go outside to welcome the new day.

Tuesday, October 21, 2025 (by Ashlée Vitz)

Acts 27:13-38 <https://tinyurl.com/4ne2t4ns>

PONDER: In the storm, Paul encourages others: “Take heart, for I have faith in God.” Faith is not just for myself but also to strengthen those around me. Who in my circle needs encouragement today?

PRAYER: Lord, let my faith not only sustain me but also uplift others. Give me words and actions that bring courage to those who feel afraid. Amen.

ACTION: Encourage someone today—through a call, text, or prayer. Remind them that God is with them in their “storm.”

Wednesday, October 22, 2025 (by Marilyn Culler)

Luke 22:39-46 <https://tinyurl.com/39hbj6cs>

PONDER: Have you ever “fallen asleep” and couldn’t figure out how to go on? Then, miraculously, someone comes along and reminds you to pray for what you need to stay vigilant to God’s call for your work in the world. We read in 1 Thessalonians 5:16-18, “Rejoice always, pray without ceasing, give thanks in all circumstances, for this is the will of God in Christ Jesus for you.”

PRAYER: God, keep me constantly aware for Your Presence in my day. Amen.

ACTION: Prayer comes in many forms. “Do” prayer today.

Thursday, October 23, 2025 (by Ashlée Vitz)

2 Timothy 4:1-8 <https://tinyurl.com/yerbe8un>

PONDER: Paul, nearing the end of his life, speaks about having fought the good fight and finished the race. His confidence rests in God’s faithfulness. What would I want to say at the end of my journey? Am I living today in a way that makes that testimony possible?

PRAYER: Lord, help me live with the end in mind—not in fear, but with faithfulness. May my daily choices reflect the hope of receiving Your crown of righteousness. Amen.

ACTION: Think about the “legacy of faith” you want to leave. Write down one small step you can take today toward living that story.

Friday, October 24, 2025 (by Lisa Trigg)

Psalm 18:32-33 <https://tinyurl.com/34havpv7>

PONDER: I always loved to climb trees as a kid. Getting as high as I could was a great challenge. Getting down safely was a bit more challenging. Heights didn't bother me, because I hung on tightly. I knew that the greater the height the greater the danger, but also the greater the thrill of seeing things from a different viewpoint. God goes with us on these tall journeys, whether they are in trees, as we ascend personal challenges of education or occupation, whenever we step out of our comfort zone where the air seems thinner and the danger seems greater. I like the experience of going wherever God leads, willingly and unafraid. No height we are called to climb is too high for God.

PRAYER: Dear God, as you lead me to greater heights in Jesus, help me to go willingly and unafraid, knowing that you hold me – and will not let me go. Amen.

ACTION: Consider a challenge you can take knowing that God is with you.

Saturday, October 25, 2025 (by Lisa Trigg)

Isaiah 40:27-31 <https://tinyurl.com/37z8j77c>

PONDER: One summer I tried to grow a new variety of squash. It was supposed to be super large, and the seeds were very tough, with a thick, rough shell. The person who gave me the seeds told me to use an emery board to scuff the shell so it would break open easier, and to soak it in water a couple of days to soften it before putting it in the ground. I experimented. One seed I put in the ground as it was. The other seed was scuffed and softened. It took a long time for both seeds to germinate, but the one that was scuffed did sprout sooner. Neither plant seemed to be producing squash that was any larger than any of the other nearby squash. And then, I found small animal tracks in my garden, and knew that rabbits had been tending to my squash when I was not around. The rabbits were renewing their strength by patiently waiting for the squash to reach the right size for them. I couldn't be mad at them. That's what rabbits do. Sometimes our hard work and best effort have different outcomes than we anticipate, and others benefit. I think God wants us to be okay with that.

PRAYER: Dear God, thank you for squash, and for rabbits, and for patience and strength. Amen.

ACTION: Celebrate the positives that benefit everyone.