

DAILY PRAYER MEDITATIONS

November 3-8, 2025

Monday, November 3, 2025 (by Marilyn Culler)

Psalm 142 <https://tinyurl.com/27pvyb5j>

PONDER: I think a lot about choices these days, including the choices I've made throughout my lifetime. In these verses, David is hiding in a cave, mostly because of bad choices he has made. He's crying out to the Lord for help. The last few lines of verse 7, the pleading ends and David's focus shifts. People will see God's good deeds – not just God's goodness to David, but the goodness available to all who turn to the Lord. David knows his only hope of rescue is from the Lord. And so it is with each of us.

PRAYER: Saving God, protect me from making poor choices so that I can serve Your higher will for my life. Amen.

ACTION: Ask for God's guidance in every choice you make today. Focus on God's goodness and allow others to see how God blesses your life.

Tuesday, November 4, 2025 (by Ashlée Vitz)

Hebrews 6:1-20 <https://tinyurl.com/yftfvt5j>

PONDER: We are called to press on to maturity, anchored by hope in Christ. Hope is described as “an anchor for the soul,” steady and secure, rooted in God's promise and Christ's intercession. Maturity means moving beyond fear into trust.

PRAY: God of promise, anchor my heart in your steadfast hope. Amen.

ACTION: Write one hope you cling to on a sticky note. Place it where you'll see it daily.

Wednesday, November 5, 2025 (by Marilyn Culler)

Psalm 50 <https://tinyurl.com/ywzycf47>

PONDER: Sacrifice. Judgment. Punishment. Salvation. Throughout time, God has called out to all creation. God knows every insect, and everything about each person. God allows us to make mistakes, and at some point God shows us a better path, allows us to correct our ways and shows us divine salvation. Praise be to God who is willing to save us from ourselves!

PRAYER: Creator God, thank You for seeing my desire to grow closer to You, and guiding me back into the arms of Your goodness.

ACTION: Resist the urge to judge others today.

Thursday, November 6, 2025 (by Ashlée Vitz)

Hebrews 7:18-28 <https://tinyurl.com/2v888er>

PONDER: Christ's priesthood is perfect, unlike the old covenant that needed repetition. He saves completely and forever. This assurance frees us from striving to earn God's favor.

PRAY: Perfect Savior, let me rest in your finished work. Amen.

ACTION: Identify one area of guilt or striving. Consciously hand it over to Christ.

Friday, November 7, 2025 (by Ashlée Vitz)

Hebrews 8:1-13 <https://tinyurl.com/5d57dv33>

PONDER: God promises a new covenant written on our hearts. This is intimate, transformative, and rooted in mercy. Our life in Christ flows from within, not external

compulsion.

PRAY: God of the new covenant, inscribe your word on my heart. Amen.

ACTION: Take 3 deep breaths and ask: “What promise do I need on my heart today?”

Saturday, November 8, 2025 (by Lisa Trigg)

Acts 12:5-11 <https://tinyurl.com/5hxr5ra>

PONDER: The Apostle Peter had been unjustly imprisoned and was likely facing execution, but apparently he had no trouble sleeping on the night before he was to be sentenced. No tossing and turning. No anxious sleep. In fact, the angel had to roughly awaken Peter before leading him out of the prison to safety. It’s been a long time since I’ve had such a peaceful sleep prior to a day of stress. How did Peter do it? We read that the church was earnestly praying to God for Peter’s safety. I imagine Peter had earnestly prayed for deliverance as well, and maybe all of that prayer gave him the confidence to sleep soundly knowing that God was with him through the ordeal. It can be difficult to surrender our worries to God. Perhaps we can find comfort in Peter not panicking, but trusting that God remains with us through the difficult times.

PRAYER: Dear God, help me as I surrender my worries to you, so that I do not pick them back up in the morning. Amen.

ACTION: Develop a nightly prayer practice in which you release your worries to God.