

DAILY PRAYER MEDITATIONS
March 23-28, 2026

Monday, March 23, 2026 (by Marilyn Culler)

Acts 20:7-12 <https://tinyurl.com/yyatwe66>

PONDER: Paul talked long into the night with a group of believers, and Eutychus, sitting in a third-story window, fell asleep and fell to the ground. Have you ever fallen asleep during a sermon, or while you were meditating on God's Word? I can relate to this young man! Paul went to him, fell on him, and proclaimed he was alive. Then Paul went back to teaching until daybreak, when he departed. Great comfort remained with the believers after Paul left. How comforting to feel deep rest in the Lord after meditating on his Word!

PRAY: God, revive me with Your Word when I'm feeling exhausted almost to the point of death. Amen.

ACTION: Settle in and meditate on God's Word for 15 minutes before you begin your day. God's Presence goes with you.

Tuesday, March 24, 2026 (by Ashlee Vitz)

Matthew 11:28-30 ~ "Come to me, all you who are struggling hard and carrying heavy loads, and I will give you rest. Put on my yoke, and learn from me. I'm gentle and humble. And you will find rest for yourselves. My yoke is easy to bear, and my burden is light."

PONDER

Jesus offers rest—not escape, but shared burden. Gentle grace replaces crushing expectations.

PRAY

Jesus, give rest to my weary soul. Amen.

ACTION

Pause intentionally once today.

Wednesday, March 25, 2026 (by Marilyn Culler)

Luke 1:37 ~ *The angel said to Mary: "Nothing will be impossible with God."*

PONDER: The Lord declares in numerous ways, again and again throughout scripture that nothing is impossible with God. How often we forget that God's power is beyond our understanding! Angels, too, are among us today. May we always be aware of messages that bless us.

PRAY: God of power and might, keep me awake and aware of Your abiding Presence. Amen.

ACTION: Be aware of new possibilities today.

Thursday, March 26, 2026 (by Teddy Shuck)

Psalm 130 ~ <https://tinyurl.com/4jwdufzy>

PONDER: Have you ever practiced breathing in and out as you pray? Somehow, we are filled with warmth and hope from God. The Bible tells us that God breathed life into Adam. Since time began for man, God has walked with us, giving us the will to go on.

Using breath as prayer, we can be closer to Him. This psalm expresses while waiting for him, our hopes can be felt in his word. Are you waiting for something today?

PRAY: Lord, help me to use breath prayers as I speak to you. Help me to reach deep into my feelings to feel your words of hope. Amen.

ACTION: As you breathe today, inhale, “I wait for you, Lord.” As you exhale, think, “My hope is in your word.”

Friday, March 27, 2026 (by Ashlée Vitz)

Matthew 25:40 ~ “Then the king will reply to them, ‘I assure you that when you have done it for one of the least of these brothers and sisters of mine, you have done it for me.’

PONDER

Love of neighbor is love of Christ. Faith shows up in action.

PRAY

Jesus, open my eyes to your presence in others. Amen.

ACTION

Serve someone in a tangible way.

Saturday, March 28, 2026 (by Ashlée Vitz)

Luke 14:11 ~ All who lift themselves up will be brought low, and those who make themselves low will be lifted up.

PONDER

God lifts the humble and restores the overlooked. The kingdom makes room.

PRAY

God of grace, help me trust your lifting. Amen.

ACTION

Affirm someone else’s worth today.