

DAILY PRAYER MEDITATIONS
March 16-21, 2026

Monday, March 16, 2026 (by Teddy Shuck)

Psalm 95

PONDER

This psalm, which has traditionally been used as a fitting beginning of the whole day's prayer, invites us to come into the Lord's presence, acknowledging not only God's sovereignty over the whole of creation but also the intimacy of our own relationship with God. We are counseled not to make the mistakes of our ancestors. Who is God, really? Is it not amazing that I can even speak to God?

PRAYER

Lord, let me hear your voice throughout the day today, and teach me the way to respond. Amen.

ACTION

Begin your prayers today acknowledging the amazing fact that you can speak with your Creator.

Tuesday, March 17, 2026 (by Ashlée Vitz)

Matthew 18:21-22

PONDER

Forgiveness is not denial—it's freedom. Jesus calls us into a practice that heals the forgiver as much as the forgiven.

PRAY

God of mercy, help me forgive with wisdom and grace. Amen.

ACTION

Begin forgiveness with prayer, not pressure.

Wednesday, March 18, 2026 (by Marilyn Culler)

Isaiah 60:17-22

PONDER

The glory of God's everlasting light, protection and presence flow through this passage from the prophet Isaiah. The wholeness of God is splendor beyond anything we can begin to imagine. The inferior will be replaced with the precious. Peace will bring prosperity. After seeing temples to Apollo and ornate offerings to Greek gods, after seeing splendid sanctuaries across Greece and Rome, I can't help but know that God is more than even all of these precious materials and places. God's splendor and glory are our all-sufficient Light ... the "silver and gold" of the spiritual reign of Christ and God's personal reign in the New Jerusalem

PRAY

God of glory and eternal presence, thank you for shining Your goodness and grace on my days. Amen.

ACTION

Consider what is precious to you about God's abiding Presence in your life. Allow the precious nature of God to guide you throughout the day.

Thursday, March 19, 2026 (by Teddy Shuck)

Psalm 23

PONDER

This psalm draws from the familiar imagery of shepherding in biblical times, but it is especially vivid for the fact of having been written from the perspective of the sheep that looks to God as his shepherd. Its need for water, guidance, safety, green grass, food and healing can clearly be interpreted not just in terms of material realities but also in a spiritual sense. What image stands out to you from the reading?

PRAY

Lord, let me read this psalm once. Then let me breathe in as I read it again. Let me feel your warmth as I read, feeling that you are there for me all the time. Then let me smile to all I meet today with the warmth of your love. Amen.

ACTION

Focus today on how God is always there for you. Show others God's love.

Friday, March 20, 2026 (by Ashlée Vitz)

Matthew 20:26–28

PONDER

Greatness in God's kingdom looks like service. Power is redefined as care.

PRAY

Servant Christ, shape my life around love. Amen.

ACTION

Help someone without being asked.

Saturday, March 21, 2026 (by Ashlée Vitz)

Luke 12:22–31

PONDER

Worry narrows our vision; trust widens it. Jesus invites us to live rooted in God's care.

PRAY

God of provision, quiet my anxious heart. Amen.

ACTION

Release one worry through breath prayer.