

DAILY PRAYER MEDITATIONS

January 5-10, 2026

Monday, January 5, 2026 (Marilyn Culler)

Heavenly Blessings – Ephesians 1:3 (CEB)

“Bless the God and Father of our Lord Jesus Christ! He has blessed us in Christ with every spiritual blessing that comes from heaven.”

PONDER: Blessings unnumbered are available to us from the divine realm of God’s power and his gift of Christ. Our gifts are abundant, when we focus on what God has done in our lives. More blessings are coming – physical and spiritual. Can you feel it?

PRAY: God, open my eyes and my heart to see what You are doing, and know the divine power moving in and through me. Amen.

ACTION: Commit to focusing on spiritual blessings in the coming year.

Tuesday, January 6, 2026 (Ashlée Vitz)

The Gift of the Christ Child (Epiphany) – Matthew 2:11 (NRSV)

“They knelt down and paid him homage. Then they opened their treasure chests and offered him gifts.”

PONDER: The wise men didn’t come to Jesus because they had it all figured out. They came because they followed a light. They brought what they had – not perfect lives, but open hearts and honest gifts. God is still honored not by perfection, but by presence. What gift can you offer Jesus today? Even your brokenness can be a gift when it’s given honestly.

PRAY: Jesus, like the wise men, I come as I am. Receive what I bring, even if it isn’t perfect. Amen.

ACTION: Give something today – your time, a kind word, or a prayer for someone.

Wednesday, January 7, 2026 (Ashlée Vitz)

When You’re Weary – Matthew 11:28 (NRSV)

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.”

PONDER: You don’t have to be strong all the time. Jesus doesn’t say, “Come when you have it together.” He says, “Come when you’re tired.” Rest in Jesus is more than sleep – it’s the peace of knowing you don’t have to carry everything alone.

PRAY: Jesus, I am tired. I bring my burdens to You. Give me rest for my soul. Amen.

ACTION: Take five slow breaths. With each exhale, imagine placing one worry into Jesus’s hands.

Thursday, January 8, 2026 (Teddy Shuck)

Psalm 29 <https://tinyurl.com/yjvxu xe6>

POUNDER: As in other places, such as Exodus 9:23-25, Isaiah 29:6, and Revelation 11:19, the actions that occur during a storm are seen as symbolic of God’s presence and power. God’s power is identified for us in this manner to be able to picture God. How much have we seen God? His strength is more than we will ever understand, but we can respect him, appreciate him and love him by putting ourselves into his actions. The psalmist reminds us that he sits enthroned forever. He is forever.

Even as the Lord reveals terrifying power, I feel blessed to receive his love.

PRAYER: Let the Lord give us strength. Let the Lord bless us with peace. Amen.

ACTION: Allow yourself to experience awe at God's revelation of power, and may your silence before him be more eloquent than any words you might speak.

Friday, January 9, 2026 (Ashlée Vitz)

The Lord Hears You — Psalm 18:6 (NRSV)

“In my distress I called upon the Lord... and my cry reached his ears.”

PONDER: God does not ignore your pain. Even when words fail or prayers feel weak, God hears. Your cries don't have to be poetic or perfect — they just have to be honest. The psalmist reminds us that God listens not from a distance, but with compassion.

PRAY: God, when I'm hurting, help me remember that You hear me. Thank You for listening, even when all I can do is cry out. Amen.

ACTION: Say a short, honest prayer today — even if it's only one sentence from the heart.

January 10, 2026 (Ashlée Vitz)

Teach Me Your Ways — Psalm 25:4 (NRSV)

“Make me to know your ways, O Lord; teach me your paths.”

PONDER: We often ask God to fix things, but this verse invites us to ask God to teach us. God's path may not always be the easiest, but it leads to life. Learning God's ways is a journey — of patience, humility, and trust.

PRAY: Lord, teach me Your ways. Help me to walk in Your truth, even when I don't understand everything. Amen.

ACTION: Ask God one question today — then spend one minute in silence, simply listening.