



# Introduction to HANDLE® Level 1

*Presented by*

*Parzival Therapies*

*in affiliation with The HANDLE Institute*

**Helping Extra-ordinary People do Ordinary Things**

## An Introduction to HANDLE

HANDLE, a Holistic Approach to Neurodevelopment and Learning Efficiency. It is a gentle, non-drug-based approach that takes advantage of neuroplasticity, to help the body and brain work more efficiently together. This course will provide you with resources to better understanding of how behaviors can communicate about underlying neurological stressors.

*It is our goal to support your vision of creating an environment where all people, regardless of background and ability, can grow, make choices, and be valued and contributing members in their home and community.*

### Course Content

- Begin to explore how irregularities in neurological and developmental systems relate to perplexing behaviors and dysfunction
- Begin to understand how different sensory systems impact one another
- The impact of the internal and external environments on stress and behaviors.
- Understanding how nutrition and good health enhance our abilities
- See yourself and others through non-judgmental eyes
- Recognize subtle signs of stress and intervene before the consequences manifest
- Gentle Enhancement® and the meaning of “innocent assault”
- Learning habilitative Activities, tools and knowledge to apply in everyday situations

**Registration via [www.ParzivalTherapies.com](http://www.ParzivalTherapies.com)**

**Suggested Reading: The Fabric of Autism, Weaving the Threads into a Cogent Theory,** *by Judith Bluestone, (available on [www.handle.org](http://www.handle.org))*

### **Instructor Nancy Dill, MSE, CHP, CNTP,:**

HANDLE Practitioner and Instructor; Certified Nutritional Therapy Practitioner. Nancy Dill has been helping clients with learning and attention difficulties, non-verbal and communication issues, autism, brain injuries, or perplexing behaviors to live easier and more productive and fulfilling lives, since 2009. She works with clients and teaches the HANDLE Approach World-wide on-line and in person (location depending). [www.ParzivalTherapies.com](http://www.ParzivalTherapies.com)

