

Tropic Isles •

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### ~~~*A Breezier Breezes – Hurricane Awareness Edition~~~* Home of the Month Meet Your New Neighbors

August's "Home of the Month" is awarded to Florretta Krueger at 2807 12th St. W. Florretta added new curbing to the front of her home and a few decorative touches which create a home with great "curb appeal". Congratulations for being named August's "Home of the Month".

### Photo of the Month



On June 22, two water spouts were seen over Terra Ceia Bay by Tom and Barb Johnson from Jamaica Dr. around 5:30. Other residents were witness to this weather phenomenon as well. First as renters for 10 years in Tropic Isles, but now new owners at 2815 Trinidad Way, are **Ron** 

and Linda Pillars of Kalamazoo, Michigan. They are part of a larger group of residents from the same area in Michigan who have made Tropic Isles their winter home. Linda's brother, John Danielson of 31st Ave. W., also lives in the park.

Ron and Linda celebrated their 56th wedding anniversary on February 1, 2025. They have 2 children—Rob (55) and Carrie (52). Their son, Rob has 2 children—Lauren (23) and Andrew (19) and their daughter, Carrie, has 3 children—Chloe (26), Jake (24), and Caitlyn (22). Ron was a residential production manager for 25 years and prior to that was self-employed. Linda was an accountant for a CPA firm for 19 years. Ron enjoys fishing, golfing, and playing cards with the guys. Linda enjoys sewing, golfing, and playing cards with the ladies.

Please continue to make Ron and Linda feel right at home here in Tropic Isles.

### Thought for the Day

No matter how educated, talented, rich, or cool you believe you are, how you treat other people ultimately tells it all.

Starfish Hunt Can you find me hiding somewhere inside?

### By Cindy Shaw

I'd like to introduce you to our new, full-time neighbor at 298 Bahama Dr. He is **Gary Moore**, originally from Columbus, Ohio. Gary spent 4 years in the Navy



and then served as a firefighter in the Department of Defense for 5 years. He owned a carpet cleaning business for 10 years and was a cross-country truck driver for 30 years. Gary lived on a houseboat in Lake Mead, Nevada for 10 years and then decided he wanted to do some traveling, so he bought a motorhome. Eventually he decided to settle down and took a job in maintenance in a Bradenton mobile home park for 3 years before retiring.

While living in Bradenton, he visited the Jacobson Builders office to inquire about a mobile home and was steered to look at the two model homes in Tropic Isles. While talking with the realtor, he was told that the house on Bahama Dr. was furnished and turn-key ready, so he made the purchase. Gary shares his home with his sweet, 5-year-old rescue mix, Buddy. After doing a DNA test, he learned that Buddy was a 50% American Staffordshire Terrier and 50% Staffordshire Bull Terrier.

Gary is engaged to Teresa Blake of Bradenton. He has 3 daughters—Jamie, Andrea, and Allison. He also has 6 grandchildren between the ages of 10 and 24—Melina, Zachary, Ethan, Thomas, Emily, and Lily.

In his youth, Gary had a passion for bow hunting--turkey and deer. He also enjoys boating, fishing, golfing, biking, working out, and doing a little bit of gambling. Please welcome Gary and Buddy to our little slice of paradise here in Tropic Isles.

### Look What's New!

The long-awaited renovations to the Yacht Club are finally complete. Take a look inside at the new décor and the fitness room! Thank you to everyone who made it all happen!











### Happy Times in the Yacht Club!

Tuesdays at 2:00 Cards are finally back where they belong, as is the Mahjong group!

Both groups were sharing space and enjoying the beauty of the new Seabreeze Room (formerly known as the Pretty Room).





### **Fourth of July Picnic** The 4th of July picnic, sponsored by the

The 4th of July picnic, sponsored by the Entertainment Committee, was enjoyed by many residents and their families. Good

food, good company, and good times were had by all. Thanks to Chris Wagner for sharing his talents with everyone!





### **Tropic Isles**

**1503 28th Ave. West, Palmetto, Florida 34221** The Office is open from 9 AM to 3 PM. The Office will be CLOSED during the lunch hour from 12-1 PM. Other than office hours, your call will be forwarded to a live answering service. You may call the regular office phone number at any hour of the day or night for urgent matters. For emergencies, dial 911.

Barbara McEvoy, General Manager Robin Emanuel, Resident Services Thomas Tonich, Maintenance Manager Brayden Boatwright, Maintenance Tech Rick Kropp, Marina Office (941) 721-8888 • Fax 941-729-0687

Marina 941-729-8128 www.TropicIsles.net

### Tropic Isles Co-op BOARD OF DIRECTORS 2025/2026

President	Al MacKenzie
Vice President	Drew Doll
Secretary	Dennis Butts
Treasurer	Jose Torres
Director 1	Dennis Weber
Director 2	John Partridge
Director 3	Randy Rice

### TIHOA Tropic Isles Homeowners Association 2025/2026

President	Terry Foley
Vice President	Richard Belle
Treasurer	John Slater
Secretary	Anna Antonacci

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President	John Vetter
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Director	Bill Clark
Director	Dan Baker
Director	Mike Jenkins
Director	Shirley Pendergrass
Director	Trish Spangler
City Liaison	Dan Demers

### Tropic Isles Breezes Published monthly and delivered to all residents Editor: Cindy Shaw

Send photos and articles to Tlbreezes 1@aol.com Deadline the 10th of each month for the following month. The inclusion of advertising contained in this newsletter supports the publication costs, but does not constitute an endorsement by the Tropic Isles Co-Op, nor does the content of articles submitted by individual residents and those representing clubs and activities.

## From the Editor



Kindness—the quality of being friendly, generous, and considerate. The point is not to pay back kindness, but to pass it on. Pay it forward!

### Do three acts of kindness each day.

Smile. Compliment someone. Listen. Hold the door. Show gratitude to a stranger. Tip extra—just because. Pay for someone's meal at a restaurant. Let someone cut in front of you in line. Pay the toll for the person behind you. Slow down so someone can merge in front of you in traffic. Give someone your seat. Buy a stranger a coffee. Check in on your neighbor. Do a favor for someone while they are out of town. Offer to go shopping or run another errand for someone who is ill or unable to do it themselves.



People always ask me, "As a full-time resident, what is summer like in Palmetto, Florida?" Here are some things that come to mind....

- The weather is consistently nice—sunny and warm.
- We have lots of sunshine and use lots of sunscreen.
- The beach is popular, but you don't want to go without a beach umbrella.
- You make plans to do any outdoor work before 10 AM or after 3 PM to stay out of the heat of the day.
- You go from an air-conditioned house to an air-conditioned car to an air-conditioned business.
- There is great fishing of all kinds. (The water is so warm that when you catch a fish, it's already cooked.)
- You can take a drive in your convertible and have the AC on at the same time.
- Finding shade becomes a priority in whatever you do outside.
- You can find a parking space close to the door of your favorite restaurant or even in the parking lot of the Moose on the Beach.
- There is no waiting at many popular restaurants and some offer special "meal deals" to keep customers coming throughout the summer months.

(continued on page 5)

### Updates from the Manager's Desk / <sup>5. Plan Your Evacuation</sup>

### Hurricane Season is Here – Be Prepared

Dear Residents,

As we enter another hurricane season—lasting through November 30th—the Board of Directors & Staff of Tropic Isles Co-Op, Inc. want to ensure that every resident is informed, prepared, and supported.

This letter provides essential information to help you plan ahead, safeguard your property, and understand how our team will work to secure the Park during severe weather events. We kindly ask that you take a moment to review the following details carefully.

### COMMUNITY COMMUNICATION DURING STORMS

The Management Team will share important updates via mass email and post on our two official Facebook pages:

- Tropic Isles Co-Op, Inc.
- Friends of Tropic Isles

Please ensure that the office has your most current email address on file.

### HURRICANE TERMINOLOGY TO KNOW

- Hurricane Watch: Conditions are possible within 48 hours.
- Hurricane Warning: Conditions are expected within 36 hours or less.

### **PARK OPERATIONS & EVACUATION NOTICE**

Once a Hurricane Watch is issued, Tropic Isles' personnel will begin securing buildings and common areas.

If an **Evacuation Order** is issued, all water and sewer lift stations will be shut down three (3) hours after the order to protect infrastructure and ensure guick restoration after the storm. **\*\*Please note:** Staff will not be able to assist individual residents at their homes during storm preparation. Their responsibilities are focused on the Park's mechanical systems and common areas.

### **STAY INFORMED**

We encourage residents to sign up for local emergency alerts:

### City of Palmetto

CodeRED: https://www.palmettofl.org/1348/Code-RED

• Alert Manatee: https://www.mymanatee.org/.../sign-up-foralert-manatee

### **PREPARE NOW – RECOMMENDATIONS FOR ALL RESIDENTS**

1. Secure Your Home and Lot.

Remove or tie down all outdoor items. If you'll be away, please make arrangements to have shutters closed and loose items stored. If you have a boat, make sure it is properly secured.

2. Emergency Supply Kit

Assemble supplies now. A full checklist is available here: 2022 Disaster Supply Kit Checklist (PDF)

3. Review Insurance

Ensure your coverage is up-to-date. Take photos and inventory valuables. Store documentation in a waterproof container.

### 4. Special Needs Residents

If you require special assistance during an evacuation, please pre-register with Manatee County.

Have transportation and a destination ready. Do not wait until the last minute—leave early, especially if elderly or mobility-limited. When an evacuation order is issued, everyone must leave the Park. Emergency services and utilities will be suspended and staff will also evacuate.

### 6. Plan to Stay Away

Once evacuated, expect to remain away for several days. Authorities may restrict re-entry until conditions are deemed safe.

### Make sure you have fuel in your vehicle and some cash on hand, as ATM machines may not be operational.

### **AFTER THE STORM**

Please allow staff and emergency crews time to assess and restore the community. Do **not** call the office for updates—Management will send mass communications via email and Facebook once it is safe to return.

We appreciate your cooperation and urge all residents to stay informed, be prepared, and remain safe. Let's work together to ensure our community is ready and resilient throughout the hurricane season.

> Warm regards, Bobbie McEvoy, LCAM/CMCA General Manager On behalf of the Board of Directors & Staff Tropic Isles Co-Op, Inc.



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### From the Editor (continued from page 3)

- The traffic is light, and it doesn't take forever to cross the Green Bridge.
- There are fewer people everywhere.
- After the heat of the day, the clouds can build up to produce afternoon thunderstorms, but the storms don't last very long. These thunderstorms are quite awesome with beautiful cloud formations.
- There is usually an afternoon sea breeze to enjoy while you sit out on your deck with your favorite beverage.
- There aren't any mosquitoes or bugs to bother you.
- You can view breath-taking sunsets from the pool deck while enjoying a swim. Take a swim under the lights.
- You can try your hand at catching bay scallops in the Gulf during scallop season. Mmm...good!
- If the heat really gets to you, you can travel to cooler places to get some relief from the heat.
- Compare 5 months of cold, ice, snow, and gloomy days in the North to 5 months of sunshine and air-conditioning in the South. I'd pick Florida any day. It's a great place to live!



### **Summer Office Hours**

The Office hours are 9:00 AM to 3:00 PM. The Office will be CLOSED during the lunch hour from 12-1.

### Survey Results - Yacht Club Rooms

Thank you to everyone who participated in the survey to rename the rooms in the Yacht Club!

Some of the results were pretty close, but here are the new names:

Main Room - DOCKSIDE ROOM Gym - FULL SPEED AHEAD FITNESS CENTER Billiards Room - GAMERS QUARTERS Pretty Room - SEABREEZE ROOM Library - THE BOOK NOOK

### Idea to Ponder....

If you don't allow yourself to move past what happened, what was said, and what was felt, you will look at your present and future through that same dirty lens.



Try to see things as they are today, instead of how you hoped, wished, or expected them to be.

### New Chapter Real Estate Barbara Curtis

L 1507 Palm 941-7

### Licensed Real Estate Broker

1507 28th Ave. W., Suite A Palmetto, Fl. 34221 941-720-2513 (cell) newchapter.re@gmail.com

Carmen M. Garcia-Urgelles Residential Realtor Cell: 941-933-0453 Carmen.Garcia@kw.com

R





HomeConnection.KW.com



## Volunteers Needed! Please Help!



### WE WANT YOU

We have a need for volunteers in the following positions:

- **Zoom Moderators** for Co-op Board Meetings. Contact the Office. Must be a Shareholder. We will train.
- Bingo volunteers needed to work on a team. A Coordinator and Treasurer are needed. If you are interested in either position, please contact Wendy Verstringhe at <u>wendyjean609@gmail.com</u>. Bingo will NOT go forward without volunteers.
- **Bunco Coordinator**, set your own day and time, contact Darlene Mallory for info.
- Coordinators needed for Neighbors Helping Neighbors, contact Bev MacKenzie.
- **Coordinator** to form a **Holiday Lighting Committee** to decorate the buildings for the holidays. Contact Wendy Verstringhe, if interested.

## **SUB-FLOOR & FLOORING EXPERTS!**

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<b>Important For All Residents</b>	FC
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### **\*\*THE DEADLINE HAS PASSED\*\***

This is your last chance to get any changes to your name, address, contact numbers, northern information, and email address into the new 2025-2026 Tropic Isles' Resident Directory. Send ASAP to Cindy Shaw at tibreezes1@aol.com or call/text 608-212-8967. Don't delay!

Cindy Shaw, Editor

### **CORRECTIONS FOR THE DIRECTORY**

Any corrections or additions will be posted here in the monthly newsletters until the 2026 Resident Directory is printed. Please make these changes to your directory.

**Resident Listings:** 

5		
ANTCLIFF, Rick & Shari	Remove 941-723-7913, Designate phone numbers 616-754-7562(S) and 616-232-9647(R).	s s
BAILEY, Rikki & Carol	Change the number to 447-776-303006.	3
BELSHAW, John & Doris	Add a phone number for Doris 440-420-6835 and an email <u>djb37606@gmail.com</u> . Remove northern information.	S
<b>BRINK</b> , John & Cheryl	Remove northern address. Add 6399 Teal Bend Rd., Oak Harbor, OH 43449	s
BUCKLEY, Mary	Add northern address 25155 W. Caine Rd., Ingleside, IL 60041	V
CARROLL, Jim	<b>NEW!</b> Add 2850 Trinidad Way, 281-413-5632	
DREW, Michelle	<b>NEW!</b> Add 3114 10th St. W., 774-248-4859 and <u>mdrew520@gmail.com</u>	
<b>DUVAL</b> , Theron & Jackie	<b>NEW!</b> 318 Terra Ceia Dr., 517-215-4375(T), <u>tharonjduval@live.com</u> , 2838 County Rd. B, Swanton, OH 43558	
<b>ERHARD</b> , Steve & Diane	NEW! Add 194 Bimini Dr., 609-605-3917(S)/609-605-3919(D), steve.erhard@gmail.com/ dwerhard@gmail.com, 106 W. Kirkland Ave., Beach Haven, NJ 08008	
GARDINA, Catherine	Remove phone number and email. Add 941-212-6281 and email <u>21takeiteasy@gmail.com</u> .	
GARDNER, Rick & Shelley	<b>NEW!</b> 223 Bimini Dr., 978-790-5221(R)/978-790-5220(S), <u>rtgardnerjr@gmail.com(R)/</u> peace20424ptl@gmail.com(S)	Ρ

	FORNAL, Bob & Violet	Add 2817 Trinidad Way, 941-920-5564 and <u>vibob@comcast.net</u>
	JOHNSON, Mark & Karen	Designate the number for Mark 617-590-2719 and add number for Karen 508-789-8833 and email <u>karenw1248@gmail.com</u>
	KRAMER, Norma	<b>NEW!</b> Add 150 Maui Dr., 954-383-1671 and <u>norma_kramer@hotmail.com</u>
2	<b>KRUPINSKI</b> , Paul	Remove Betty's name and phone number.
<u>!</u> r	<b>LEHMANN</b> , Sharon & <b>MURPHY</b> , Brian	NEW! Add 364 Tampico Dr. shecar1@silomail.com, 519-761-1437(S)/905-512-1351(B), 213 GolfLinks Rd., Burford, ONT, CAN NOE 1A0
/ 2	MCKINNEY, Marilyn	Remove entire listing.
	<b>MYERS</b> , John & Cindi	Designate the number for John 765-480-7328 and add number for Cindi 765-438-3642 and email <u>cindi@watkinsowners.com</u>
	SCHILLING, Bill & Karin	Designate 269-591-2077 as Bill's number.
	<b>SMITH</b> , William & Cheryl	Designate the number for William 805-338-3371 and add number for Cheryl 972-965-4895 and email <u>cheryljsmith74@gmail.com</u>
	STOVER, Joyce	Remove number and email. Add 419-438-1217 and email joycestover58@gmail.com
	SWAINSTON, LeeAnn & AUSTIN, Doug	<b>NEW!</b> Add 124 Capri Dr. <u>leeannstreasure@yahoo.com,</u> 912-344-8771(L)/912-344-8772(D)
	WAGGONER, Marilyn	<b>NEW!</b> Add 1314 29th Ave. W.,

### **Postage Stamp Increase**



Postage stamp increase went from 73 cents to 78 cents in July 2025.

727-639-3744, maylin318@icloud.com

### Be Kind To Your Furry Friends and walk them in the cooler parts of the day.



### Laugh More, Look Younger



Before bed, think of three funny things that happened to you today, and repeat this exercise for seven nights in a row. Doing this can boost your happiness for up to six months, as found in a study in the Journal of Psychology. The exercise may help you focus less on what went wrong and shift your attention to the positive.

### **Submissions to the Breezes Newsletter**



Submissions to the Breezes should be sent to Cindy Shaw at <u>tibreezes1@aol.com</u>. The **deadline is the 10th of each month for the <u>following</u> month**. If you are unable to make a submission using email, call/text 608-212-8967 with your request. You can text or email your pictures, but they must be in jpeg format.



### Co-Op Board of Directors' Meetings

The Tropic Isles' Board of Directors usually meet every **third Thursday of the month at 9:30 AM in the Auditorium and via Zoom**. You will be notified of the meeting via Mail Chimp prior to the meeting and given the Zoom link. The agenda is posted in the box to the left of the front doors at the Auditorium at least 48 hours prior to the meeting. All Shareholders are welcome to attend. Meetings and the agenda will be announced via Mail Chimp prior to the meeting.

### The next Co-op Board Meeting is August 21 at 9:30 AM, if needed.

### 2025-2026 Co-op Board of Directors Emails

Al MacKenzie, President Drew Doll, Vice President Dennis Butts, Secretary Jose Torres, Treasurer Dennis Weber, Director 1 John Partridge, Director 2 Randy Rice, Director 3 president@tropicisles.net vp@tropicisles.net secretary@tropicisles.net treasurer@tropicisles.net director1@tropicisles.net director2@tropicisles.net director3@tropicisles.net

Zoom meetings are now a staple in our day-to-day lives. Reliable, easy-to-use video platforms like Zoom have helped to restore the ability to hold meetings during difficult times. The challenges and benefits of Zoom meetings can

be much different than in-person meetings. The advantage of virtual meetings is the ability to hold them almost anywhere and have more people participate from anywhere, but there are dos and don'ts associated with participating in a Zoom meeting.

**Zoom Etiquette** 

### ZOOM "BEST PRACTICES"

- 1. You should try to attend the meeting from a quiet area that has a neutral background.
- 2. Eliminate distractions-- noises (dog barking, dishwasher, voices in the background, TV, etc.) and movement going on around you.
- 3. Wear proper attire—not your pajamas or go shirtless.
- **4.** Avoid distracting behaviors—ironing, eating, moving around.

5. Don't do private things— brush or floss your teeth, shave, etc. **REMEMBER: THE CAMERA SEES EVERYTHING AND EVERYONE ON ZOOM CAN SEE YOU.** While we like to see everyone, you <u>do</u> <u>not</u> have to participate using video to attend a Zoom meeting. You <u>do not</u> have to have your camera on to see what is going on at the meeting either. Another option is to just cover up your camera lens at the top of the screen with a post-it note. If you choose to have your camera on, aim the camera 'straight' at your face (not from a position that looks up your nose) and try to follow the Zoom "best practices".

**Just a reminder**: In the chat portion of the Zoom meeting, remember to give your name and address when you ask your question. Questions can't be read without that information.





### Tender Chicken Ricotta Meatballs with Creamy Spinach Alfredo Sauce

### **Ingredients for the Meatballs:**

For the Chicken Ricotta Meatballs:

- 1 lb. ground chicken
- 1/2 cup ricotta cheese
- 1/3 cup grated Parmesan cheese
- 1/2 cup breadcrumbs
- 1 large egg
- 2 cloves garlic, minced
- 1/2 teaspoon onion powder
- 1/2 teaspoon Italian seasoning
- Salt and black pepper, to taste
- 2 tablespoons olive oil (for baking or brushing)

### Ingredients for the Spinach Alfredo Sauce:

2 tablespoons butter 2 cloves garlic, minced 2 cups fresh spinach, chopped 1 1/2 cups heavy cream 3/4 cup grated Parmesan cheese Salt and black pepper, to taste Pinch of nutmeg (optional)

### Directions:

Prepare the Meatballs:

- 1. Preheat oven to 400°F.
- 2. Line a baking sheet with parchment paper or lightly grease it.
- 3. In a large bowl, combine ground chicken, ricotta, Parmesan, breadcrumbs, egg, garlic, onion powder, Italian seasoning, salt, and pepper.
- 4. Mix just until combined—don't overwork the mixture.
- 5. Form into meatballs (about 1 1/2-inch diameter) and place them on the prepared sheet.
- 6. Brush lightly with olive oil.
- 7. Bake for 20–25 minutes, or until golden brown and internal temperature reaches 165°F.

Make the Spinach Alfredo Sauce:

- 1. While the meatballs bake, melt butter in a skillet over medium heat.
- 2. Add garlic and sauté for 30 seconds.
- 3. Stir in chopped spinach and cook until wilted.
- 4. Pour in the cream and bring to a gentle simmer.
- 5. Whisk in Parmesan and cook until sauce thickens, about 5–7 minutes.
- 6. Season with salt, pepper, and nutmeg if using.

### Combine & Serve:

- 1. Add baked meatballs to the Alfredo sauce and gently coat.
- 2. Serve hot over pasta, rice, or with crusty bread. Garnish with extra Parmesan or fresh parsley.
- Prep Time: 20 minutes | Cook Time: 25 minutes | Total Time: 45 minutes





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## **Soft Floors?**

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### Live and Learn and Pass It On

People, ages 5 to 95, share what they've discovered about life, love, and other good stuff.

- I've learned that failures always blame someone else. -age 62
- I've learned that old women can get away with anything. -age 40
- I've learned that what sounds like music to my grandkids, sounds like a train wreck to me. –age 64
- I've learned that if I want circumstance in my life to change for the better, I must change for the better. –age 42
- I've learned that nothing very bad or very good lasts very long. -age 66
- I've learned that a loving, faithful wife is a man's greatest treasure. –age 68
- I've learned that no man is a match for a woman's tears. -age 49
- I've learned that a pat on the back and a sincere "You're doing a great job" can make someone's day. –age 59
- I've learned that bigger is not always better, and that going faster is not necessarily progress. -age 73
- I've learned that life is like a blind date. Sometimes you just have to have a little faith. –age 23

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### TOTALLY WILD ANIMAL AND PLANT FACTS

- Electric eels are a type of knife fish, more related to a catfish than to real eels. These electric fishes have to come up for air every 10 minutes.
- Electric eels can discharge 600-860 volts of electricity, but the jolt isn't strong enough to injure humans.
- · Electric eels can accidentally shock themselves.
- Electric eels are good fathers. When protecting their young from predators, they will tell their offspring to hide in their mouths. Daddies and babies communicate with each other using low-voltage pulses.
- There is a grass tall enough to hide an elephant. It measures 10-23 feet in height. It's called elephant grass because they love to eat it, blowing their cover in the process.
- Not all sunflowers are yellow. Some are red, white, or purple.
- Despite their beautiful colors, sunflowers don't smell like flowers. They are said to smell slightly like honey.
- Sunflowers face east at sunrise and follow the sun as it sets in the west. Overnight they turn themselves back to the east to meet the sun the following morning.
- You shouldn't plant daffodils next to tulips or roses because when the daffodils' stems are cut, the slime can get on other flowers and suffocate them.
- People with good gardening skills are said to have green thumbs. Those that can't garden are said to have brown thumbs.
- Cacti at the Saguaro National Park have microchips embedded in them to track their location. There are thieves that sneak into the park and saw off the cacti to sell them on the black market.
- · Oak trees get struck by lightning more than any other tree.
- An Oak anniversary is when a couple has been married for 80 years.

### Your Daily Dose of Vitamin Sea

Ocean air Sally hair Nol a care Take me there



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### Celebrate National Senior Citizens' Day –

## 88

### **AUGUST 21**

On August 19, 1988, President Ronald Reagan signed Proclamation 5847 declaring August 21 as National Senior Citizens Day. National Senior Citizens Day recognizes the achievements of the more mature representatives of our nation. The day provides an opportunity to show our appreciation for their dedication, accomplishments, and services they give throughout their lives. The wealth of knowledge, skill, and experience offer so much to the next generation. As technologies advance, these are the people who've experienced each step of change. Not only have they contributed to it, but they understand firsthand the benefits and the drawbacks. They know life without the advancements that exist today. Our senior citizens are pioneers of science, medicine, psychology, civil rights, and so much more. Their valuable contributions to our communities create better places to live. They deserve the respect and dignity their achievements earn them. This special day encourages supporting senior citizens to live their lives to the fullest and as independently as possible. Spend time with the senior citizens you know. Let them know they are appreciated and loved. Share your smile with those who may not otherwise get a visitor today.

"By the time you're eighty years old, you've learned everything. You only have to remember it!"

- George Burns

As we grow older, we start to realize what we need and what to leave behind.

### **Thoughts On Growing Old**



I woke one day. My hair was gray. My youthful face had gone away. How very strange to look and see someone who didn't look like me. I need a mirror that reflects my soul for that is the me that has not grown old.

(Submitted by Irene Casey)

### Positive Changes to Make as We Grow Older



- 1. After loving my parents, my siblings, my spouse, my children, and my friends, I have now started loving myself.
- 2. I have realized that I am not "Atlas". The world does not rest on my shoulders.
- 3. I have stopped bargaining with vegetable and fruit vendors. A few pennies more is not going to break me, but it might help the poor fellow save for his daughter's school fees.
- 4. I leave my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than I am.
- 5. I stopped telling the elderly that they've already narrated that story many times. The story allows them to walk down memory lane and relive their past.
- 6. I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.
- 7. I give compliments freely and generously. Compliments are a mood enhancer not only for the recipient, but also for me. And a small tip for the recipient of a compliment-- never, NEVER turn it down, just say "Thank You."
- 8. I have learned not to bother about a crease or a spot on my shirt. Personality speaks louder than appearances.
- 9. I walk away from people who don't value me. They might not know my worth, but I do.
- 10. I remain cool when someone plays dirty to outrun me in the rat race. I am not a rat and neither am I in any race.
- 11. I am learning not to be embarrassed by my emotions. It's my emotions that make me human.
- 12. I have learned that it's better to drop the ego than to break a relationship. My ego will keep me aloof, whereas with relationships, I will never be alone.
- 13. I have learned to live each day as if it's the last. After all, it might be the last.
- 14. I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be!

### **Rule of the Month**

This is a reminder that the Rules and Regulations are in effect and being enforced. All residents and their guests are expected to know and abide by these rules. If you need of a copy of the current Rules and Regulations, you may go to <u>www.tropicisles.net</u> to view or print a copy online.

### 3.4 Fencing

Fencing of Units/Lots is prohibited. Other materials which are used as a fence, border, or barrier are not permitted without written permission via the ARC process.

### 3.5 Carport Use (Covered Area)

- Carports are primarily intended to be used for passenger vehicle parking.
- Carports cannot be converted to living or personal property storage space if vehicles are displaced to the street or other areas.
- All vehicles must be parked parallel to the carport. Parking across the end of the driveway is prohibited.
- Unoccupied campers, motor homes, travel trailers, watercraft trailers with or without watercraft, motorcycles, and utility trailers may be parked in a Resident's carport PROVIDED the item can be parked PRIMARILY\* within the carport or on the driveway/parking pad in the RV Section, as long as the resident's vehicle is not displaced to the street or other areas for parking. (\* to the greatest practical extent for the given space.)

3.6 Outdoor Furniture

- The only furniture permitted on open patios, lanais, decks, carports, or Units/Lots outside of a Dwelling is that which is specifically designed for outdoor use.
- Hot tubs/spas, Jacuzzis, saunas, and swimming pools are not allowed.

### 3.10 Grills, Fire Pits, Other Flammable Appliances

- Grills, fire pits, or other open flame appliances using firewood are NOT permitted.
- Open flames are NOT permitted within or under carports or covered patios.
- Outdoor gas or electric grills and appliances used for cooking are permitted and must be used according to manufacturer's specifications.
- 16.1 Garbage, Recycling, and Yard Waste
  - NO REFUSE is to be dumped in the bay, canals, streets, vacant lots, or any common areas of the Community. This includes the mowing and blowing of grass clippings and putting other yard waste into those areas.



### Here are Some Friendly Reminders to Help to Make Tropic Isles a Happy and Stress-Free Place to Be!

### **Pool Etiquette**



If you enjoy spending time at the pool, please remember these few simple things:

The State Health Department requires all persons using a public pool or hot tub/spa to shower <u>immediately</u> <u>before</u> entering the pool and hot tub/spa.

The State Health Department rules also regulate food, beverages, and glass containers as follows: Food and beverages are prohibited in the pool and on the wet deck area, except:

- Commercially-bottled water in plastic bottles is allowed on the pool wet deck for pool patron hydration. (NOTE: The pool wet deck is defined as the four-foot-wide unobstructed pool deck area around the outside of the pool water perimeter, curb, ladders, handrails, diving boards, diving towers, pool slides, waterfalls, water features, starting blocks, planters, or lifeguard chairs.) <u>NO</u> <u>food or beverages are allowed IN the pool or hot tub/spa, OR</u> within 4 feet of the water.
- All glass containers and products are prohibited in the fenced pool area or within 50 feet of an unfenced pool. <u>NO GLASS</u> <u>CONTAINERS!</u>

Other reminders to help make your time at the pool enjoyable for everyone:

- Children's hours at the pool are 11 AM to 1 PM and 4 PM to 6 PM.
- Please dispose of the cans, plastic bottles, and trash in the receptacles provided for you.
- If you are a smoker, please smoke in the designated "SMOKE BREAK AREA" <u>outside</u> of the fence.
- Please remember to put down the pool umbrellas when you are through using them and return your noodles and water weights to their proper location. Leave no trace.
- Use a towel to protect the chairs from sunscreen.
- Dogs, golf carts, bikes, smoking, and glass are NOT allowed in the pool deck area.
- Remember to be considerate and respectful of others.
- Please keep your music and conversation levels LOW so as not to disturb others.
- Disorderly conduct, public intoxication, and profane language will NOT be tolerated.



### Remember to Shower Before Entering the Pool

The **State Health Department** and our Rules and Regulations <u>7.5 Shower</u> state:

## The State Health Department requires all persons using a public pool or hot tub/spa to shower immediately before entering the pool and hot tub/spa.

This is not just Tropic Isles' rule <u>7.5 Shower</u>, it is a Health Department Rule. All you need to do is rinse off and quickly rub your skin to remove any oily residue. It keeps the pool and hot tub/spa cleaner. No shampoo or soaps are permitted in the pool or hot tub/spa deck area.

The shower at the pool is located near the fence on the west side of the pool near the boat docks.





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### **New Feature! Photo Of The Month**



Please send me your favorite photo of wildlife or scenery and I will feature at least one photo a month. Include where it was taken and the name of the person taking it. Email it to <u>tibreezes1@aol.com</u> or text it to 608-212-8967. Please send in your favorite nature photo.

### **Calling All Fishermen and Women!**



Would you like to share a picture of your "catch of the day" from the nearby waters around Tropic Isles? Send it to <u>tibreezes1@aol.com</u> and it can be published in the next issue of the Breezes. Please include a sentence or two about where it was caught, size, and what type of fish it is!



E-mail: mh@bassineinsurance.com

### Safety Tip of the Month ----

### IF YOU SEE SOMETHING, SAY SOMETHING!



Please be alert to your surroundings and any strangers in the park. If there are people in the park who do not belong, please contact the Office, AND call the police. You do not need to confront the

person, just place the call. There is a phone on the outside wall of the Yacht Club on the pool deck and inside the Yacht Club and Auditorium that can be used for emergencies or to call the police for any trespassers. Call the Palmetto Police Department with any non-emergency information at 941-721-2000, ext. 4, OR 911 with an EMERGENCY! **If in doubt, CALL**. Please add the local Palmetto Police number to your cell phone and do not hesitate to call and

report suspicious activity in our community. We ALL need to do our part to keep Tropic Isles a safe place to live!



Palmetto Police -Local Number 941-721-2000, Ext. 4



3. NOTIFY THE OPERATOR OF ANY INJURIES.

### Residents

We want to take a moment to remind everyone that the pool, hot tub, buildings,



and all the common areas are for the use and enjoyment of all residents. For your safety, there are surveillance cameras in all of these locations. If you see someone breaking the rules in these areas or trespassing, please note the day and approximate time of the rule infraction and report it to the Office. Taking a picture is always helpful, too. Our Manager, Bobbie, will review the tapes and be able to determine who has broken the rules and take the appropriate action.

RESIDENTS ARE STRONGLY ENCOURAGED TO REPORT ANY INFRACTION OF THE COMMUNITY'S RULES AND REGULATIONS TO THE MANAGER. NOTE THE DAY AND TIME OF THE OCCURANCE AND TAKE A PICTURE, IF POSSIBLE. THE INFORMATION IS KEPT STRICTLY CONFIDENTIAL!

SEE SOMETHING, SAY SOMETHING, DO SOMETHING!

## LOOKED UNDER YOUR MOBILE HOME LATELY?

Missing or torn insulation and vapor barrier can allow moisture, mold and mildew to build up, and provide access to insects and rodents into your home!

## Call today for a FREE Under Home Inspection



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### ~~ Special Thanks~~

- A heartfelt "thanks" to Jackie Freeman, Irene Casey, and their hardworking team of volunteers for putting on such a great 4th of July picnic, sponsored by the Entertainment Committee! A good time was celebrated by all!
- Thank you to **Violet Fornal** for the 4th of July cake and to **Chris Wagner** for sharing his musical talent with everyone.
- A great big thank you to **everyone who attended the 4th of July picnic** and contributed in some way in helping make it such a huge success!
- Thanks to **all who helped unload the storage pods** to put the Yacht Club back together again.
- Thank you to all those **people who send in pictures and articles** to be used in the Breezes. It is greatly appreciated by me and by all who enjoy the newsletter.
- Thanks to **Elaine Faulkner and Kathryn Wells** for overseeing the distribution of the Breezes in May, June, and July while I've been away. Your help is greatly appreciated.

### **Looking For A Rental?**



I am offering to act as a Rental Liaison for Tropic Isles. I will simply match homeowners to perspective renters and renters to homeowners wishing to rent. Communication only, no charge. Please send me your request via email to jwfreeman@fuse.net or call/text 859-750-2617 to Jackie Freeman.





- That there may be two 3' alligators living in the Sewage Treatment Pond across from Tropic Isles? Be aware when you walk your dogs along the fence on 28th Ave.
- That we encourage you to follow the **"See something, say something, do something"** slogan if you see someone not following the rules or trespassing in the park. Take a picture and report it to the Office AND call the Palmetto Police 941-721-2000 Ext. 4.
- IF YOU ARE LEAVING THE PARK, PLEASE PREPARE YOUR HOME FOR HURRICANE SEASON (June 1-November 30) BY REMOVING EVERYTHING IN YOUR YARD THAT COULD BECOME A MISSLE IN STRONG WINDS AND SECURING ANYTHING THAT YOU KEEP STORED IN YOUR CARPORT OR OUTSIDE OF YOUR HOME.
- Follow the <u>SLOW-Manatee Zone</u> signs in the area. Manatees are on the move now that the water has warmed up. It is against the law to harass, feed, water, or touch a manatee.
- You can access the Breezes newsletter over the summer by visiting the Tropic Isles portal at <u>www.tropicisles.net</u> under the "Residents"—"Breezes Newsletters" heading.
- You can send pictures to be included in the Breezes newsletter of your summer events by texting them to 608-212-8967 or emailing them to tibreezes1@aol.com. Don't forget to send your pictures to fl34221@aol.com to be posted on the Tropic Isles Facebook page.
- You can call Irene Casey from the Caring Team if you have any health-related needs.
- That a survey was taken to rename the rooms in the Yacht Club after the renovations were completed. Signs will be made to designate those areas. The names of the new areas are:

Main Room – Dockside Room Fitness Room – Full Speed Ahead Fitness Center Library – Book Nook Pretty Room – Seabreeze Room Game Room – Gamers Quarters

- That the Book Nook, Full Speed Ahead Fitness Center, Gamers Quarters, and Seabreeze Room are newly renovated and are available for your use.
- Remember that no yard waste (grass clipping, branches, etc.) should end up in the canals or streets. Make sure your lawn service is aware of this as well.
- Avoid driving down the streets where demolition of homes is being done or new homes are being installed. Many nails and screws get left behind which could do damage to your tires. Residents on those streets can help by walking the street you live on and picking up the nails/screws that get left behind. We all can do our part to help.

## Tropic Isles' Marina

MARINA HOURS

Open 7:00 AM to 5:00 PM 7 days a week, weather permitting

### **MARINA STAFF**

Rick Kropp Dean Brown Mike Biggins Jerry Quesenberry Joe Bokar



### **Kayak Launch Use Reminders**

If you are using the Tropic Isles' kayak launch, please make sure to do the following:

1. Read the directions if you are not sure how to use the launch.



- 2. Make sure you sign out and erase your name when you return.
- 3. When you lower the ramp, do not undo both ends of the rope. Undo one side, lower the ramp, and then cleat it off.
- 4. If no one else is signed out when you return, please lift the ramp out of the water.
- 5. If the ramp has debris on it, please hose it off.

Your help in taking good care of our launch is appreciated.

### **Kayak Rack Storage**



### Kayak-Ity-Yak

You are welcome to use the kayak launch at any time. Just follow the directions at the launch and kindly rinse it off when you are done using it. Thank you!

### FOR RESIDENTS WHO STORE THEIR KAYAKS ON THE RACKS AT THE LAUNCH:

Be advised, kayaks may only stay on the racks, if YOU are here in the park. If you are leaving for an extended period of time, please store your kayak in your shed or home where it can be safely secured.

REMEMBER TO LOCK YOUR KAYAKS TO THE RACK! Check with the Office about availability on the racks and rental prices.

### **Citrus Homes Meadowood Homes of Florida**



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1	SATURDAY 2
	Au	August 2025	25			
<b>3</b> Friendship Day	4	ß	<b>6</b> 9:30 am 3-COR Meeting	7	ω	6
10	11	<b>12</b> 1:00 pm Book Club - Y	13	14	15	16
17	18	19	<b>20</b> 9:30 am 3-COR Meeting	<b>21</b> 9:30 am Co-Op Board Meeting - A and Zoom, if needed. <b>National Senior</b> <b>Citizen's Day</b>	22	23
24 31	25	>		28	29	30
10:00 am Shuffle 2:15 pm Mahjong - SB	9:00 am Fun & Fitness- YC 10:00 am Shuffle	9:00 am Fun & Fitness- YC 10:00 am Shuffle 2:00 pm Cards - YC	10:00 am Shuffle 1:00 pm Music Jam - YC 2:15 pm Mahjong - SB 2:15 pm Mahjong - SB	9:00 am Fun & Fitness- 9:00 am Shuffle 12:30 pm Canasta- YC	10:00 am Shuffle	8:30 am Coffee Hour - A 10:00 am Shuffle

### **Aluminum Can Recycling**

We continue to collect aluminum cans over the summer. The drop-off box is in the Office parking lot or you can call for pickup if you have a large quantity. This is for <u>aluminum</u> <u>cans only</u>. Please do not put plastic bags, trash, or any other food items in the box. We collect a considerable amount of money



from recycling and the money is used on items for the park.

### **Take Pride In America**

Do you know how long it will take these items to decompose to non-recognizable form?

		8
STYROFOAM	NEVER	
Aluminum	80-100 years	
Plastic Bags	10-20 years	
Plastic coated cartons	5 years	
Plastic containers	50-80 years	
Cigarette butts	10-12 years	
Orange peels	up to 6 months	
Paper containers	2-5 months	

### 5 Things Mosquitoes Love About Humans



Mosquito season is here! While the mosquitoes can make your life miserable, certain qualities might make certain types of people more susceptible to bites than others. Here are 5 things that could make you more attractive to mosquitoes:

- 1. **Alcohol**: Alcohol makes your blood vessels dilate and warm blood moves closer to the surface of your skin. That warmth is especially attractive to mosquitoes.
- 2. **Sweat**: If you are sweaty, you are more likely to be bitten due to the lactic acid buildup and odor in your sweat. Perfume or a chemical that blocks that smell might help.
- 3. **Being a man**: Men are more likely to be attacked by bugs due to their size and that they tend to emit greater heat or carbon dioxide.
- 4. **Type "O" blood**: Mosquitoes love "O" type blood. Type "A" blood is less desirable. Type "B is somewhere in the middle.
- 5. **Pregnancy**: Mosquitoes are more attracted to people who emit more carbon dioxide when they breathe, such as pregnant women or larger people.



### Please Keep Our Canals Free of Debris!



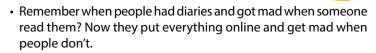
In 2012-13 and 2024, the canals in Tropic Isles were dredged for thousands of dollars. That dredging provided deeper water access in places where there was little to none. Since that time, we have tried to keep our canals clean and free

of debris. **YOU CAN HELP BY NOT** blowing grass clippings/lawn debris into the canals or streets and making sure your lawn maintenance provider is aware of that as well. It is the homeowner's responsibility to make sure that their lawn clippings do not end up in the streets or canals. If you are mowing lawns for residents in the park, please do not allow grass clippings to end up in the street. They eventually get washed into the canals. More importantly, **REMEMBER ANYTHING THAT YOU ALLOW TO GO INTO THE STREETS** (lawn clippings, sand, gravel, dirt, debris, etc.) will get washed into the street drains and end up in the canal with the next rain or lawn irrigation system that isn't monitored correctly. The canals will start to fill in and then more dredging will be needed at a cost to the residents.

### PLEASE DO YOUR PART! EVERY LITTLE BIT HELPS!

### Laughter is the Best Medicine!

- In the corn maze, I felt like I was being stalked. It was earie!
- If you wear a sweater and sweat, are you the sweater?



- When you really want to slap someone, do it, and say "Mosquito".
- A police officer came to my house and asked me where I was between 5 and 6. He seemed irritated when I answered "kindergarten".
- WALMART the only place you can get a haircut, eye exam, ice cream, manicure, tires for your car, and witness a real like "What not to wear" episode.
- I was just wondering. . . Does anyone else get road rage from pushing a cart through Walmart, or it is just me?
- Can't find your children? Try turning off the WIFI. They appear suddenly.
- Square box, round pizza, triangle slices? I'm confused!
- I'm going to stand outside, so if anyone asks, I am outstanding.
- I wonder how cops on bicycles arrest people? "Alright, now get in the basket!"
- My mom said, "Follow your dreams," so I went back to bed.
- I got expelled from school on pajama day. It's not my fault I sleep naked.
- Good friends don't let you do stupid things ... alone.
- EXERCISE? I thought you said "extra fries".
- Why did the lifeguards kick the elephants out of the pool? Because they kept dropping their trunks.
- Just before I die, I'm going to swallow a bag of popcorn kernels. My cremation is going to be EPIC!

### Men are Happy People

Your last name stays put.

The garage is all yours.

Wedding plans take care of themselves.

You can never be pregnant.

You can wear NO shirt to a water park.

Car mechanics tell you the truth.

You never have to drive to another gas station restroom because this one is just too icky.

You don't have to stop and think of which way to turn a nut on a bolt. Wrinkles add character.

Wedding dress - \$5,000. Tux rental- \$100.

People never stare at your chest when you're talking to them.

New shoes don't cut, blister, or mangle your feet.

One mood all the time.

Phone conversations are over in 30 seconds' flat.

You know stuff about tanks.

A five-day vacation requires only one suitcase.

You can open all your own jars.

If someone forgets to invite you, he or she can still be your friend.

Your underwear is \$8.95 for a three-pack.

Two pairs of shoes are more than enough.

You almost never have strap problems in public.

You are unable to see wrinkles in your clothes.

The same hairstyle lasts for years, maybe decades.

You only have to shave your face and neck.

You can play with toys all your life.

You have one wallet and one pair of shoes, one color for all seasons. You can wear shorts no matter how your legs look.

You can 'do' your nails with a pocketknife.

You have freedom of choice concerning growing a mustache.

You can do Christmas shopping for 25 relatives on December 24 in 25 minutes.

No wonder men are happier!







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# Vapor / Moisture Barrier Underhome Encapsulated Insulation Hurricane Tie-Down Anchors 10 Yrs Exp.

To our valued customers:

Our top priority is the health and safety of our employees and our customers. Our employees are closely following the Centers for Disease Control (CDC) guidelines and recommendations, like frequent hand washing, social distancing, and staying home if they are feeling ill.

We have taken steps to limit exposure to the virus by making our customers aware that there is no need to have any contact with our employees if you choose to do so. Our business falls under the state's guidelines as "Essential Business".

We want to build a great relationship with you. Call today for your Free Inspection. (800) 377-7885

Stay Safe and Continued Good Health. *Underhome Armor Family* 



### Entertainment Committee Events 2025-26



Next year, the Entertainment Committee is looking at bringing more events to the community. We are a great team and are always looking for new members who would like to join us. We have a lot of fun coming up with new ideas and planning the events. Our meetings are on the first Thursday of the month at 10:00 AM in the Yacht Club. Feel free to stop in and just see what we do!

### **Farewell Dance**

Next year's Farewell Dance theme will be The Big Glow! Get those neon clothes from the 80's out. We will feature SoulRCoaster, a park favorite, on Saturday, March 28th.

### 2025-2026 ENTERTAINMENT EVENTS

These are some of next season's schedule of events. (There will be more events added.)

- Halloween Golf Cart Parade ..... October 26th Meet at the Auditorium Halloween Party..... October 31st Party in the Auditorium Welcome Back Dance ......November 15th DJ Peter Ruskin and his wife Christmas Dance ......December 13th Bob and Tom--The Band Christmas Golf Cart Parade..... December 21st Meet at the Auditorium Christmas Eve Social ......December 24th Christmas Program in the Auditorium New Year's Eve Party ..... December 31st Party at the Auditorium Super Bowl Party ......February 8th Gathering in the Auditorium (wear your favorite team attire) Valentine Golf Cart Parade ..... February 15th Meet at the Auditorium Meet at the Auditorium
- Pool Party ...... April 11th TI Band

### Residents: Please Help to Conserve Water

ADJUST YOUR SPRINKLERS FOR THE THE RAINY SEASON.

IF YOU HAVE WATER IN THE STREET, YOU NEED TO ADJUST YOUR SPRINKLERS!!

### **Manatee County Watering Restrictions**

**IRRIGATION HOURS & RESTRICTIONS** 

 Irrigation of existing lawns and landscaping is limited to once a day, two times per week.



- Irrigation days are by address.
- Irrigation is only allowed before 10 AM or after 4 PM on approved days.

Restrictions apply to all potable (drinking) water and all irrigation waters that come from wells, surface water sources including retention ponds, rivers, lakes, etc. Violations of this directive carry fines up to \$10,000 as provided for under Florida Statute §373.129(5).

WATERING DAYS BY ADDRESS

- EVEN addresses (last digit is 0, 2, 4, 6 or 8) may only irrigate Thursday AND/OR Sunday
- ODD addresses (last digit is 1, 3, 5, 7 or 9) may only irrigate Wednesday AND/OR Saturday
- Properties without addresses may only irrigate on Tuesday
   AND/OR Friday

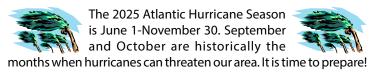
There are no restrictions on fountains, car washing, and pressure washing.





Keep our kids safe!! Remember to watch for stopped school buses, crossing guards and PLEASE, slow down in school zones!

### **Hurricane Preparedness**





A **<u>hurricane watch</u>** indicates the possibility that a region could experience hurricane conditions within 48 hours.

A **<u>hurricane warning</u>** indicates that sustained winds of at least 74 mph are expected within 36 hours.

It is important to be prepared before disaster strikes. Please pick up a copy of the Disaster Planning Guide wherever you see one. They include maps of the locations of all shelters, as well as planning and preparation information. Here are some important things to remember:

- Which shelters they open can vary with each emergency, depending on many factors, for example the size and intensity of a disaster, etc. Emergency Management will announce via the media which shelters will open and when.
- DO NOT go to the shelter until local officials make the announcement that the shelter is open! Make sure you take a mask, hand sanitizer, and sanitary wipes.
- The shelter listing will include designated pet-friendly shelters.
- If you need assistance in an evacuation, or need to go to a special needs shelter, please register now with your county. The contact numbers are in the Disaster Planning Guide.
- Please do not call the schools or 9-1-1 for Disaster/Hurricane information. Listen for the announcements. Please note: It is important to know that ALL persons living in Tropic Isles MUST evacuate if ANY mandatory evacuation order is given. Tropic Isles lies in the RED zone for hurricane evacuation and flooding, which means we must evacuate! Be prepared and be safe!

### ~~~Hurricane Preparedness~~~

### Top 10 Things to do BEFORE the Storm

- 1. Make your Family Disaster Plan. It's not hard. Talk with your family. If you need help, go online to <u>www.tampabayprepares.org</u> and <u>www.floridadisaster.org</u> or call your local emergency management agency or local chapter of the American Red Cross.
- 2. Refer to the Hurricane Evacuation Map inside the local Disaster Guide. Locate where you live and your evacuation zone. Determine if and when you would have to evacuate.

## REMEMBER: All mobile home residents must evacuate, regardless of location. *If you need help determining your zone, go online or call your local emergency management office BEFORE THE STORM THREATENS.*

- 3. Decide NOW where you would go if ordered to evacuate (a friend or relative, a hotel or motel, or as a last resort, a public shelter or out of the region). REMEMBER, if you are going to leave the area or go to a hotel, do not delay. Determine your route, leave early, and travel the shortest distance possible. Think tens of miles, not hundreds.
- 4. Build/Check your *Disaster Supply Kit* and obtain any items you need.
- 5. Make plans and purchase materials, such as storm shutters, to protect your home before the storm.
- 6. Keep your home in good repair. Tacking down loose roofing, securing all loose outdoor articles, trimming trees, and keeping gutters clean are good places to start.
- 7. Purchase a battery-powered weather alert radio and a nonelectric land-line phone. Even though phone service may not be disturbed, cordless phones will not work during power outages. Cell phone signals will be overburdened, so make sure your friends and relatives know where you plan to be during the storm. Save them the heartache of looking for you.
- 8. Inventory your property and possessions (on paper or computer) and take a video survey of your property. Store the inventory with insurance and other important papers in a safe place and send a copy to a relative out of the area.
- 9. Make sure your street address number is clearly marked on your home.
- 10. Whether you rent or own your home, review your insurance with your agent NOW.

### Have a wonderful summer!

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### When You Must Evacuate

If you are at Tropic Isles when an evacuation order is given, don't panic. Move at a steady pace and be sure you leave enough time to get to where you will weather the storm. DO NOT take chances with your life by staying at home or waiting until the weather turns bad!

- Make sure your destination is not within a zone that has been ordered to evacuate.
- Take enough supplies for your family, including medications.
- Fill your gas tank.
- Take your pets. Don't forget their supplies.
- Take important papers, including your driver's license, special medical information, insurance policies, your insurance agent's name and number, and property inventories.
- Take irreplaceable items, such as photos or keepsakes.
- Bring in loose furniture, trashcans, flowerpots, etc. that can be blown around in the wind.
- Let friends and relatives know where you are going.
- Turn off your electricity, water, and gas, if officials tell you to do so.
- Lock your windows and doors.
- Stay tuned to your local radio and television station for emergency broadcasts.

### LEAVING COASTAL AREAS

If you are leaving the area, remember to take supplies with you. Move inland away from the storm surge and inland flooding, but it is not recommended that residents try to leave the region. Roads will be heavily congested, and you run the risk of being caught on the highway without a safe refuge or running into the storm if it takes a different track.

### **HOTEL OR MOTEL?**

If you plan to go to a hotel or motel, you will need to check for availability and make your reservation well in advance. Some hotels/ motels have standing reservation hurricane programs, and some relax their pet restrictions in an emergency. Again, make sure your destination is not in an evacuation zone.

If you are at Tropic Isles when an evacuation order is issued, you WILL be required to evacuate. Be prepared!



### Don't Be Caught Off Guard--Build a Disaster Kit



### What kind of emergency supplies should I have?

- 7-14 gallons of water per person
- Non-perishable food and utensils for 7-14 days
- Non-electric can opener
- Change of clothing and footwear
- A blanket or sleeping bag
- Pillows, air mattress
- First aid kit
- Flashlight and extra batteries
- Hygiene materials (toothbrush, toothpaste, deodorant, etc.)
- Medication
- Extra pair of glasses
- Hearing aids and batteries
- · Important family documents in a waterproof container
- Emergency cash or traveler's checks
- · Portable radio and batteries
- Toilet paper, sanitary wipes, paper towels
- · Folding chairs, if you evacuate
- Charger for cell phones and other mobile devices
- For pets: carrier, leash, food and water for 14 days, medications, vaccination paperwork, comfort items, bed, bowls

Creating a complete disaster kit does not have to be a hit to your wallet all at once. Picking up a handful of items during weekly shopping trips will help you build your disaster kit in no time. Manatee County Emergency Management recommends your disaster kit contain water, food and supplies for seven to fourteen days.

What about filling my prescription medication? Per <u>Florida</u> <u>State Statute 252.358</u>, during a state of emergency, health insurers, managed care organizations, and other licensed entities shall waive time restrictions on prescription medication refills to allow refills in advance.

### Pet Disaster Kit

- Identification tags with phone numbers for collars and/or harnesses.
- Leashes, harnesses, and carriers to transport pets safely and securely.
- Water and food for 7 days.
- Medication for 7 days.
- Vaccination records, medical conditions, behavior problems, feeding schedule, veterinarian information stored in a waterproof container. This is needed if you have to board your pets.
- Current photo of your pets in case they get lost.
- First aid kit
- Pet bed, toys, and treats





"Our new energy efficient windows installed by AMS are beautiful. Everything from start to finish was great." C. Wallace

Pinellas County



"This is simply the best roof over system available. We love our new roof. Thanks you and your staff." J. Howard

Pinellas County

### Glass & Acrylic Enclosures Turn your screen room into a livable lanai



"My husband and I now spend most of our time in our lovely lanai. No more rain or dirt. The workmanship is fabulous." M. Lowery Tampa

### We also Specialize in Vinyl Siding • Carports • Sheds • Screen Rooms



Serving your community for over 35 years. Great Price • Great Products • Great Workmanship Your neighbors have used us. How About You? Visit www.AMSOFFLA.com and view our informative video

FREE ESTIMATES Evening & Weekend Appointments Available

FL State Certified • Licensed & Insured General Contractor CG1515749 • Roofing Contractor CC C1329853



SAVE TIME AND MONEY BY CALLING US TODAY TO GET YOUR PROJECT STARTED!



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### In The Neighborhood?

### **Remembering the Fourth of July**



Irene and I, and the Entertainment Committee, want to thank everyone for coming to the 4th of July picnic. It was the first event in the Yacht Club since being repaired and renovated and everyone loved the new décor. It has a very

pleasant and uplifting feel when you enter. There were lots of smiles, socializing, and lots and lots of great food. We had 96 attendees! Everyone seemed so happy. We had several rounds of Playing Card Bingo with winners receiving prizes. The Cornhole winner was Laura Gibbs and she won a whole apple pie for a prize. We have a special thank you to Vi Fornal for supplying a fabulous 4th of July cake. A big thank you to Steve Tourtillotte and John Brazil for the set-up of the room with moving tables and chairs. Also, a big thank you to Al Coleman for doing cleanup. We also want to thank Leslie Cheney and Norma Kramer for their help. We really enjoyed the prayer from Shari Antcliff. It was very heartfelt. Best wishes and love to all of you. (Pictures on page 2.)

Your Co-chairs: Jackie Freeman and Irene Casey



So! There were 1,094 Peanut M&Ms in that jar! Gail Sherman's grandson, Xavier, was the winner! He guessed 1,010 and was pretty excited to be handed that jar as a prize! The rule was: the closest guess without going over. Linda Suggs guessed 1,100 which was only 6 over, so she was awarded some chocolates for her excellent guess.

### **New Landscaping Advisory Committee**

The Landscape Committee tries to keep the gardens in our community healthy and beautiful. We could use your help weeding and deadheading at the entrance gardens this year. If you are interested in helping out during the summer, contact Pamela Cuff at 952-374-8712 (text). We put out zinnia seeds to add



some color to the gardens as the temperatures rise. I am always impressed by the many volunteers in our community.

Pamela Cuff, Coordinator

**The Caring Team** 



Some concerned citizens in Tropic Isles began the formation of the "Caring Team" in 2023—a group of individuals that would be willing to help those in our community who may be alone or need assistance. The "Caring Team" might do things like calling and/or checking in on their neighbors, helping them with some tasks, shopping, running an errand, etc.

The idea behind this concept centers on providing a type of "wellness visit" for residents who live alone or those that do not have a support system in place for health emergencies or in times of need. Since it was formed, the Caring Team was successful in providing assistance of various kinds to residents who had various health needs. All information is kept strictly confidential.

The Caring Team will not have any meetings over the summer, but is still available for your summer health needs by calling Irene Casey at 774-201-9444.

Our next Caring Team meeting will be November 10, 2025 at 9 AM in the Auditorium. If you are interested in becoming a part of this Caring Team, please email me at <u>tibreezes1@aol.com</u>, call/ text me at 608-212-8967, or attend the meeting on November 10. We'd love to have you on our team!

Cindy Shaw, Caring Team Secretary



### **Summer Activities**



Canasta, Anyone?



If you have an interest in playing Canasta, come join us on **Thursdays at 12:30 PM** in the Yacht Club. Contact Diane Ringler at 941-713-1534 with questions.

### Tuesdays at 2:00



The Tuesdays at 2:00 get-together for cards and something to do meets in the Yacht Club and continues all throughout the summer. Do not hibernate! Come on down, get to know the other full-time residents in the park, and make new friends. Contact Sherry Novak at 330-428-6005 if you have any questions.

### Mahjong



Mahjong will meet in the Seabreeze Room (formerly the Pretty Room) of the Yacht Club every **Wednesday** and Sunday at 2:15-4:30 PM. If you are interested in learning to play Mahjong, please contact Irene Casey at 774-201-9444 or email Irene at irene5381@gmail.com.



### **NEW Neighbors Helping Neighbors (NHN)**

Neighbors Helping Neighbors (NHN) continues to answer calls for various needs relating to park compliance issues with your home or yard, special concerns, or hardships. We welcome all calls. If we cannot help you directly, we have a list of referrals which may help. Bev is still looking for volunteers to assist her in coordinating the work parties for Neighbors Helping Neighbors' requests. Please call **Bev MacKenzie at 716-583-4894** for assistance or to volunteer.



email: valerie@ontracnewsletters.com

### **PROFESSIONAL & EXPERIENCED**



### Summer Coffee Hour

**Summer Coffee Hour** will restart in August and is held every Saturday at 8:30 AM in the Auditorium. For the fee of \$1.00, you can enjoy coffee/tea and a donut. Most importantly, this is a great time to



share information and converse with other residents who remain in the park during the summer months. There will be a 50/50 drawing every week that costs \$1.00 for three tickets. The holder of the winning ticket receives half of the money, and the rest of the cash helps to finance the expenses for this summer activity.

Please let me know if you can assist me at Coffee Hour on any Saturday during the months of August, September and/or October by calling or texting 774-201-9444.

Irene Casey, Summer Coffee Chair

### **Coffee Talk**

### Get Well/Thinking of You/Sympathy Cards

This feature will be run throughout the year, sharing the names of those people who have received "We Care" cards from their friends and neighbors here in Tropic Isles.

Get-Well cards were sent to:

Rick Kropp of Bimini Dr. (shoulder replacement surgery) Jon Volkens of 14th St. W. (broken ribs and collar bone from a fall) Vicki Massaro of Trinidad Way (hip surgery) Joanne Miller of Flores Dr. (heart issues) Dave Sample of Terra Ceia Dr. (hospitalized) Jim Wadsworth of Nassau Dr. (hand surgery)

<u>"Thinking of You" cards were sent to:</u> **Dennis Butts** of Terra Ceia Dr. (recovering from back surgery)

Condolences were sent to:

June Wyss formerly of 12th St. on the passing of her husband, Wayne.

Joan Richey of 12th St. on the passing of her sister.

Joy Colbert of Edessa Dr. on the passing of a close friend.

The family of **Genevieve Ness**, formerly of Tampico Dr., on her passing.

If you know of someone who needs a "Get Well" or "Sympathy" card, please send your requests to Irene Casey by calling or texting her at 774-201-9444.

### **Memory Brick Garden**

This is a great way to honor a friend or loved one who is no longer with us. Memory Bricks are on sale for \$35.00. You may have three lines with thirteen



letters per line. The bricks will be ordered and placed in the garden in front of the Yacht Club in the spring of 2026! Please contact Shirley Clarkson at 941-465-8430 with any questions on obtaining Memory Bricks for you or a loved one.

### Tropic Isles' Music Jam—TI Band

Regarding the Musician's Jam on **Wednesdays from 1-3 PM** in the Yacht Club, due to low summer attendance, please call Tom Tripp at 603-391-9645 prior to going just to be sure it is happening.

### **Exercise and Wellness**

### WALKING AEROBICS



Aerobics is on hiatus until September. We will meet on Monday-Friday at 8 AM in the Yacht Club starting

September 1 for 2 miles of walking aerobics. Enjoy your summer and keep walking!

Cindy Shaw, Coordinator

### FUN AND FITNESS

Are you looking for a less intense form of exercise, but would enjoy some mild strength training, stretching, and exercises to improve balance? Then join everyone for Fun and Fitness on **Monday, Tuesday, and Thursday at 9 AM** in the Yacht Club. Many of the exercises are good for people suffering from arthritis, back problems, or fibromyalgia. Get fit and have fun, too. Contact Paula Reid at 941-773-6711 with questions.

### **Tropic Isles' Book Club**

On **Tuesday, August 12** the Book Club will meet in the Yacht Club at 1 PM. The Tropic Isles' Book Club is looking for more members! Contact Irene Casey at 774-291-9444 with questions.

### TI Book Club 2025 Book Selections



August: Go As a River by Shelley Readby September: Death In the Air by Ram Murali October: The Librarian of Burned Books by Brianna Labuskes

**November**: <u>When the World Fell Silent</u> by Donna Jones Alward (NEW) **December**: <u>The Five Wishes of Mr. Murray McBride</u> by Joe Siple





## It's Summer and the Manatees



### are on the move!

In the summer, both manatees and boaters are cruising through Florida's waterways. For manatees, it is a seasonal ritual when they abandon winter retreats and head north along the Atlantic and Gulf coasts and through inland waters. For

boaters, it is a critical time to be on the lookout for manatees to avoid colliding with these large, slow-moving creatures.

From April 1-November 15, seasonal Manatee Zones, marked by signs, require boaters to slow down in certain areas to prevent manatees from being struck by motorboats or personal watercraft.

Because manatees are difficult to detect when underwater, operators of boats, including personal watercraft, need to take basic steps to avoid causing injury to manatees.

- Wear polarized sunglasses to help spot manatees.
- Look for large circles on the water, also known as "manatee footprints", indicating the presence of a manatee below.
- Look for a snout or what looks like a "rock" which is their back sticking out of the water.
- · Follow posted manatee zones while boating.

The FWC also asks anyone who sees an injured, distressed, sick, or dead manatee to call the agency Wildlife Alert Hotline at 888-404-FWCC (3922) or dial #FWC or \*FWC on a cellphone.

### Injured Wildlife? You can help!

If you see an injured bird or manatee, you can call Wildlife for Manatee County at 941-822-3272 or Wildlife, Inc. on Anna Maria Island at 941-778-6324. Keep these numbers



near your phone at home or put them into your cell phone in case you need them. If you see injured birds in or around Tropic Isles,

call llene Allina 941-307-4979 or Fred Allina 260-437-0118.

### FRIENDS OF THE PELICANS 941-447-0773

Keep these numbers handy to report an injured seabird.

Contact Jeanette Edwards 941-447-0773 and take a class on pelican rescue so you can join in.

Friends of the Pelicans	Bradenton	
https://www.friendsofthepelicans.org		
Save Our Seabirds	Sarasota	
https://www.sav	<u>eourseabirds.org</u>	
Seaside Seabird Sanctuary	Indian Shores (near St. Pete)	
https://seasidesea	abirdsanctuary.org	
Wildlife, Inc.	Anna Maria Island	
<u>https://wil</u>	<u>dlifeinc.org</u>	



Sandbags are used to create barriers against floodwater or to redirect water flow.

### **Detailed Steps:**

### 1. Prepare the Area:

Remove any debris from the area where you plan to place the sandbags.

### 2. Placement:

• <u>Lengthwise</u>: Place the sandbags lengthwise, parallel to the direction of the water flow.

• <u>Tuck and overlap</u>: Tuck the open end of the bag under the filled portion and overlap each bag by half the length of the previous bag.

• <u>Tapping</u>: Tap down each sandbag firmly to eliminate gaps and create a tight seal.

### 3. Stagger Joints:

Stagger the joints between layers of sandbags to create a stronger barrier.

### 4. Consider Plastic Sheeting:

Use plastic sheeting under the sandbags to reduce seepage, especially if placing them against a wall or door.

### 5. Specific Locations:

• <u>Doorways and Windows</u>: Place sandbags directly in front of and against the bottom of the doors and windows, creating a tight seal.

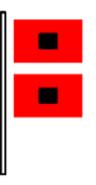
• <u>Drains and Toilets</u>: Place sandbags over floor drains, toilets, and other potential entry points for floodwater to prevent backflow.

### 6. <u>Height</u>:

Build the sandbag wall as high as the expected flood level or higher to provide adequate protection.

### 7. Pyramid Placement:

For unsupported layers over 3 courses high, use the pyramid placement method, alternating header and stretcher courses.



### **Out and About...Around Town**

### **Meals On Wheels Plus At Your Service!**



Can you use a little help preparing meals or are in need of help purchasing food? Maybe Meals on Wheels can help!

### Home-delivered Meals

This program provides nutritious Home-delivered Meals for those in need in our community. All Home-delivered Meals are approved by a registered dietitian and pureed meals are also available for individuals who have special needs. Eligibility requirements vary. **Please call 941-747-4655 for more information.** 

Eligibility requirements vary based on the needs of each individual. The best way to determine your possible eligibility is to call 941-747-4655, complete the registration form, or visit the link below. Nutritious Home-delivered Meals may be available for those who meet one or more of the following criteria:

- Live in Manatee County, Florida
- 60+ years of age
- Homebound, socially isolated
- · Have difficulty preparing meals or shopping for yourself
- Unable to attend a congregate nutrition site
- Lack funds to purchase nutritious food

### **Convenient Cuisine**

Convenient Cuisine is a meal-delivery service available for just \$7.00 a meal and is available to any person living in Manatee County. They have heart-healthy meals, approximately 600 calories and are prepared with no added salt or sugar. Every meal comes with 1% low fat milk. Delivery time is between 10 AM-2 PM (4-hour window) once a week on your designated delivery day. The meals come frozen and microwavable.

Perfect for busy families or seniors looking for convenient meal options, this service makes meal planning a breeze! Our delicious and nutritious meals are just \$7.00 each and are delivered to your home by one of our trained volunteers.

Clients on the Convenient Cuisine program also have the option to receive free, fresh produce through our Produce on Wheels Program as well as pet food for their furry companions.

This is a flexible program. We will work with you to identify a delivery schedule that meets your needs. There is no contract. Cancel at any time by calling our customer services department at **941-747-4655**. Our meals our prepared by Metz Culinary School in Sarasota. Meals on Wheels PLUS of Manatee has the highest standards for program safety, program quality, and program efficiency. Call **941-747-4655** for more information or visit <u>https://mealsonwheelsplus.org/home-delivered-meals/registration</u>.

Think of Meals on Wheels PLUS in terms of a gigantic umbrella. Underneath the umbrella are all the PLUS programs including:

- Home-delivered Meals
- The Food Bank of Manatee
- Daybreak Adult Day Center
- Friendship Dining Centers

Funding for meals may be available. Call 941-747-4655 for more information, to determine possible eligibility, and to register for assistance. Other options are available:

- 1. Senior Connections 1-800-963-5337. They may be able to help with home delivered meals at no cost.
- 2. Reach out to your Health Insurance and ask if under your benefits they happen to cover **"Nutrition Services"**.

### **Elder Helpline**



When you are looking for information about programs and services for seniors, your first call

should be to the Elder Helpline. The specialists at Elder Helpline are highly trained, caring professionals who can help seniors, their families, and caregivers find services they need and make informed decisions about such services. It is the starting point for getting connected with programs or services that can meet the needs of the older adult or caregiver. For more information contact **800-96-Elder** or **800-963-5337** or visit <u>www.AgingFlorida.com</u>. Their services include:

- In-Home Services for Seniors
- Nutrition and Meal Programs
- Screening and Medicaid Eligibility Assistance
- Long Term Care Services and Support
- Adult Day Care
- Health and Wellness Classes
- Rental/Housing Assistance
- Utility Payment Assistance
- Legal Assistance Providers
- Consumer Protection
- Transportation Providers
- Retirement
- Senior Employment
- Volunteer Opportunities

### A Volunteer Is Worth Their Weight In Gold!



### Call your local volunteer services today.

### **Architectural Review Committee (ARC) Procedure**

ARC approval is needed for **<u>ANY</u>** improvements that happen outside of your door—on your home, dock, or lot. The ARC procedure is as follows:

- 1. ARC application forms are available in the Office and on the website <u>www.tropicisles.net</u>. Fill out an ARC application and submit it to the office. Make sure to include diagrams, drawings, or photos as needed. If possible, please show the neighbor's homes and the distance from each. Include the labels N, S, E, and W on your diagrams.
- 2. All applications must be logged in at the Office and assigned a date for review by the ARC Committee or 3-COR.
- 3. The ARC approval process begins with a preliminary review by a 3-person team, referred to as 3-COR. Simple improvements and replacement issues may be approved by this group and not require a review by the full ARC committee.
- 4. The ARC Committee needs a week to review the application and go to the lot before the next meeting date.
- 5. If there is not enough time to do this, you will have to wait for a future date.
- 6. You will be notified when your request is placed on the agenda for an ARC meeting. ARC Meetings are held as needed and announced via MailChimp. You are encouraged to attend that meeting.

- 7. After the meeting, you will be notified, by phone or in writing, as to whether your request is approved or denied.
- 8. If denied, you can appeal the decision to the Board of Directors, if you so choose.
- 9. To obtain a permit from the City, you must <u>first</u> receive the Architectural Review Application <u>approval</u>, signed by the ARC committee and the Manager.
- 10. You must also provide a copy of all required permits to the Office.
- 11. BOTH THE ARC APPLICATION AND THE CITY PERMIT NEED TO BE POSTED ON THE FRONT OF THE HOME <u>BEFORE</u> THE WORK CAN BEGIN.
- 12. NOWORK should begin on your project until your final approval letter from the Office is received. If you fail to get ARC approval for your project before you begin, you may be asked to deconstruct it and/or a fine of \$100 can be imposed. Contact Steve Tourtilotte at 860-682-7656 with any questions you may have.

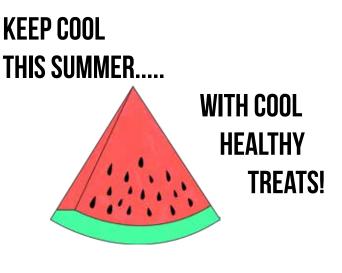
### **ARC Committee Members**

Steve Tourtillotte-Chairman Randy Blanton Mike McBride Cathy Sweeney Drew Doll-Board Liaison

### Meeting Dates

3-COR Meetings are on the 1st and 3rd Wednesdays of the month. ARC Meetings are held on an "as-needed" basis.





### **Did You Know This About Cucumbers?**

- 1. Cucumbers contain most of the vitamins you need every day. Just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
- 2. If you are feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and carbohydrates that can provide that quick pick-me-up that can last for hours.
- 3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror. It will eliminate the fog and provide a soothing, spa-like fragrance.
- 4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans, but drive garden pests crazy and make them flee the area.
- 5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!





6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!



- 7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders, and explorers for quick meals to thwart off starvation.
- 8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe. Its chemicals will provide a quick and durable shine that not only looks great, but also repels water.
- 9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge. Voila, the squeak is gone!
- 10. Stressed out and don't have time for a massage, facial, or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water. The chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.
- 11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath. The phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.
- 12. Looking for a 'green' way to clean your taps, sinks, or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean. Not only will it remove years of tarnish and bring back the shine, but is won't leave streaks and won't harm your fingers or fingernails while you clean.
- 13. Using a pen and make a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing. It also works great on crayons and markers that the kids have used to decorate the walls!!





Architectural Review Committee [ARC] Application This form must be submitted for any changes to the exterior of your lot or home.

Resident Name:	Lot# and/or Street Address:			
Resident Contact Phone: ( )	Pr	roject being done by:	Resident	Contractor
Contractor's name and phone:				
Estimated start date of project:	Anticipate	d completion date:		
Brief description of the project:				
Signature:		Date:		
INSTRUCTIONS: Attach a detailed legible relation to compass North, to your home, of the material and colors to be used and	the street, seawall and all a	cription You must djacent or pertinent	show the loca structures, in	ation of your project in cluding the description
<ul> <li>BY SIGNING ABOVE, I HEREBY UNDERST</li> <li>No work will begin until written approval is not completed in the required timeframe, y and will be completed in a professional ma</li> <li>Approval is not a guarantee of structural sa</li> <li>You must obtain all local building permits a you a permit until you obtain approval for</li> </ul>	received from the Co-Op. All you must request an extension anner, minimizing interference w afety or engineering soundness. and abide by all codes and Rule	work mut be completed in writing. All work will ith and inconvenience t es and Regulations that	within 60 days be done expect o other resident apply. The City	ditiously once commenced is.
<ul> <li>commencement of any work.</li> <li>You are responsible for any damages to ut</li> <li>Workman's Comp. Exemption or Waiver is AND Liability Insurance.</li> </ul>	s not acceptable for contractors.			
<ul> <li>If all of the necessary information is not application. When the amended application</li> <li>Deviation from the approved plan will void result in a monetary penalty.</li> </ul>	n is received, your application d d any approvals and you may b	ate begins anew. e required to deconstru	ct the project.	Any unapproved work will
<ul> <li>Upon approval or denial of your ARC required.</li> </ul>	-			-
<ul> <li>If approved, it is your responsibility to o until you receive all of your permits. Tal</li> <li>The ARC Committee does not determine</li> <li>Please allow 14-21 days after submittal</li> </ul>	ke all permits to the office. e boundary lines.	•	and the Co-op	Office. Don't start work
-	pace below for use by Tropic I		lv.	
3-COR approval process applicat Committee Members Present Initials:		anager approval proce	—	YES / NO
Randy Blanton	Steve Tourtillotte	. (	Catherine Swe	eney
Mike McBride				
Decision of the ARC Committee:				
APPROVED				
APPROVED with stipulations:				
DENIED for the following reason	(s):			
Date:AUTHORIZED	SIGNATURE(S):		1	
BUI	LDING PERMIT REQUI	RED: YES / NO		
•••••	•••••			•••••
Resident signature acknowledging receip Of completed application:	rt.			oporting information prior to ARC meeting.
	Date:		s performed with	hout ARC approval are



Greetings Fellow Shareholders and Homeowners,

If you have **any changes or updates**, please complete this (**PLEASE PRINT CLEARLY**) and return this form to the office as soon as possible. This information will be used to update the Tropic Isles resident directory and database.

Resident Owner Names: \_\_\_\_\_

Residing In Tropic Isles: (circle one) Full-Time or Part-Time Own Multiple Properties: Yes or No
Tropic Isles' 1 <sup>st</sup> Address:
Tropic Isles' 2 <sup>nd</sup> Address:
Do you rent your home to a tenant? Yes or No(If Yes,Address)
Residents Updated Contact Information:
Name: Home/Cell/Northern # Email:
Name:Home/Cell/Northern # Email:
Additional:
Preferred Email for Park e-blasts: Off Season Address: It is the owner's responsibility to provide an updated mailing address to the office. Please remember to sign in and out when you leave the community for season. Family Emergency Contact: A person who can make decisions regarding health needs, living concerns, etc. Name:
Phone #: Relationship:
Local Emergency Contact: Someone you trust to have your key in case of emergencies such as fire, flood, hurricane; water leaks, boat issues, etc.
Name: Phone#: Phone#:
Thank you for your cooperation.
Tropic Isles Co-Op Frontdesk@tropicisles.net

Resident Updated Information Form 2024

# LOOKED UNDER YOUR MOBILE HOME LATELY?

Insulation Under Your Home Falling Down? Holes and Tears in Your Vapor /Moisture Barrier?



• Lifetime Vapor Barrier • Guaranteed for Life • Prevent Soft Floors • Lower Your Electric Bills • Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House!



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### Out with the Old and In with the New

More homes were demo'd in the month of July and a new home at 2854 Trinidad Way arrived for Earl and Debbie Phillips.





## **Musicals, Concerts, and More!**





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