

2025/26 AGE DIVISIONS CHART

The U.S. Soccer Federation mandates the use of birth year registration (Jan. 1 – Dec. 31) rather than school-year based (Aug. 1-July 31) age grouping of teams. The player's year of birth determines their age division. Players may "play up" in age, at the discretion of our Directors. You will have the opportunity to indicate your preference to "play up" when completing the Tryout Registration form.

The below chart lists the Age Divisions for the 2025/26 Season. Please email Info@WakeFC.com with any questions or comments that we may address. Please note, players are required to provide Wake FC with a Birth Certificate in order to confirm the Player's eligibility when joining a team.

Age Division	Date of Birth	Game Format	Maximum Roster Size	Ball Size
19U	Players born in 2007	11 v 11	22 Players	#5 Ball
18U	Players born in 2008	11 v 11	22 Players	#5 Ball
17U	Players born in 2009	11 v 11	22 Players	#5 Ball
16U	Players born in 2010	11 v 11	22 Players	#5 Ball
15U	Players born in 2011	11 v 11	22 Players	#5 Ball
14U	Players born in 2012	11 v 11	22 Players	#5 Ball
13U	Players born in 2013	11 v 11	22 Players	#5 Ball
12U	Players born in 2014	9 v 9	16 Players	#4 Ball
11U	Players born in 2015	9 v 9	16 Players	#4 Ball
10U	Players born in 2016	7 v 7	12 Players	#4 Ball
9U	Players born in 2017	7 v 7	12 Players	#4 Ball
8U	Players born in 2018	7 v 7	12 Players	#4 Ball
7U	Players born in 2019	7 v 7	12 Players	#4 Ball