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Wendy's allergen info

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At Wendy's, we're committed to transparency when it comes to our food. We provide detailed information on our menu items, including allergens and nutrition facts, so you can make informed choices. However, please note that cross-contamination is possible due to shared kitchen areas, and we can't guarantee complete allergen-free options. Customers with allergies should exercise caution when ordering. For more info, visit foodallergy.org. The list of menu items at Wendy's includes several options that are labeled as "contains milk," but may actually not contain milk due to potential cross-contamination from shared grill spaces. However, other items cooked on the same grills only have warnings about cross-contamination or none at all. To clarify, the allergen information has been reorganized for specific menu items. Please note that this information pertains specifically to the United States and may vary in other countries like Canada or the United Kingdom. ****Burgers**** * Baconator (no cheese) * Bacon Double Stack (no cheese) * Big Bacon Classic - Single, Double, and Triple (no cheese) * Dave's - Single, Double, and Triple (no cheese) * Double Stack (no cheese) * Jr. Bacon Burger (no cheese) * Jr. Deluxe Burger (no cheese) * Jr. Hamburger * Kids Hamburger * Loaded Nacho Burger - Single and Double (no cheese, no queso, sub dairy-free bun) * Pretzel Baconator (no cheese) * Son of Baconator (no cheese) ****Chicken**** * Crispy Chicken Nuggets * Classic Chicken Sandwich * Crispy Chicken Sandwich * Crispy Chicken BLT Sandwich (no cheese) * Grilled Chicken Wrap (no ranch, no cheese) * Loaded Nacho Chicken Sandwich (no cheese, no queso, sub dairy-free bun) * Spicy Chicken Nuggets * Spicy Chicken Sandwich ****Breakfast**** * Breakfast Baconator (no cheese, no cheese sauce) * Bacon & Egg English Muffin (no cheese, no buttery spread) * Sausage & Egg English Muffin (no cheese, no buttery spread) ****Salads**** * Apple Pecan Salad (no blue cheese, no roasted pecans) ****Kids' Menu**** * Kids' Nuggets Meal with dairy-free drink and sauce * Kids' Spicy Nuggets Meal with dairy-free drink and sauce * Kids' Hamburger Meal with dairy-free drink ****Sides**** * Apple Bites (kid's menu) * Chicken Nuggets, Crispy and Spicy (also on chicken menu) * French Fries (old and new recipe) * Plain Baked Potato * Seasoned Potatoes (breakfast menu) ****Dipping Sauces**** * BBQ * Honey Mustard (contains egg) * Hot Honey Sauce * Sweet & Sour * Heads Up! The Ranch dipping sauces at Wendy's do contain milk. ****Breads**** * English Muffin * Premium Bun * Pretzel Bun * Sandwich Bun * Tortilla ****Sandwich, Salad, French Fry, and Potato Toppings**** * Applewood Smoked Bacon * Avocado * Chives * Crinkle Cut Pickles * Crispy Onions * Lettuce * Spicy Corn And Tortilla Strips * Sweet Onion * Taco Chips * Tomato ****Condiments**** * Smoky Honey Mustard (contains egg) * Ketchup (contains egg - see note above) * Mayonnaise (contains egg) * Mustard * Signature Salsa * Spicy Chipotle Sauce (contains egg) ****Wendy's Vegan Menu Guide**** * Apple Pecan Salad (no chicken, no cheese, no pecans, request added toppings from list below) * French Fries (old and new recipe) * Plain Baked Potato * Seasoned Potatoes (breakfast menu) * Apple Bites ****Vegan Sauces & Dressings**** * BBQ Dipping Sauce * Ketchup (see egg note in post above) * Mustard * Pomegranate Vinaigrette * Signature Salsa * Sweet & Sour Dipping Sauce ****Disclaimer**** Information provided is for informational purposes only. Restaurant information, including menus, ingredients, kitchen operations, protocols, and sourcing, may vary over time. Before ordering, review the menu and discuss dietary concerns with staff to ensure they can meet your needs. Cross-contamination risks exist in commercial kitchens. Discuss any food allergies with the manager to verify safe food preparation. Wendy's offers a limited yet accessible range of dairy-free options, making it a suitable choice for individuals with dietary restrictions. Their iconic Frosty dessert stands out as a dairy-free indulgence for those with lactose intolerance. As the menu evolves, our guide will be regularly updated to ensure that your needs are met. The answer is unequivocally "yes" when it comes to enjoying a Frosty with a dairy allergy. With this knowledge, you can savor your next Wendy's meal with confidence, knowing that your taste buds will appreciate the treat. Note: This article content was contributed by internet users and represents the author's personal views only. This site provides storage services and does not claim ownership of the content. If you find any plagiarism, infringement, or illegal content, please contact the administrator to have it removed.