



Welcome! Rush Union Update

As we move into March, there is a great sense of energy across Rush Union as our spring season gets fully underway. Recreational programs have officially kicked off, and it's been fantastic to see so many players back on the fields enjoying the game. Alongside our core programs, we continue to offer multiple additional training opportunities for families looking for extra touches and development. The depth of programming across all levels continues to grow, providing clear pathways and options for every player in our community.

Our competitive teams have also been busy throughout February, delivering strong performances at tournaments across the region. It's encouraging to see the progress being made as teams prepare for the heart of the spring season. The work being done on the training ground continues to show up in competitive environments, and we're proud of how our players and coaches are representing the club.

February also brought our Rush Union Spring Cup. While the weekend was significantly impacted by weather, we're proud that nearly all participating teams were able to get games in, and approximately 60% of the tournament was completed. Considering the conditions, it was a tremendous collective effort to make a wet Rush Cup as successful as possible. Thank you to our staff, referees, volunteers, coaches, and families who showed flexibility and resilience throughout the weekend.

Education continues to be a major focus for our club. In February, we hosted Junior Referee training sessions at both of our locations, helping to develop the next generation of officials. We also delivered U.S. Soccer Grassroots 9v9 and 11v11 coaching courses, reinforcing our commitment to raising the standard of coaching across all age groups. Investing in referee and coach education strengthens the entire game day experience for our players.

Looking ahead, we are excited to host a Parent and [Coach Workshop on March 18 via Zoom](#) in partnership with Positive Coaching Alliance (PCA). This free session is open to all families and coaches, and registration is available now. Events like this allow us to continue building a positive, aligned culture around our players.

We are also excited to announce two new initiatives that reflect our commitment to growing the game in meaningful ways. "[Get on the Bus](#)," in collaboration with Georgia Soccer, is an Innovate to Grow (ITG) Grant initiative designed to help underserved communities access recreational soccer opportunities. In addition, "[Just Ball](#)," in partnership with the U.S. Soccer Foundation, is focused on engaging players ages 12 and older through pickup-style play — creating simple, accessible opportunities to just play the game. Both initiatives represent powerful ways for us to connect more deeply with our communities and local school programs while expanding access to soccer.

As part of our ongoing communication regarding the U.S. Soccer age group changes set to take effect in Fall 2026, we have now completed orientation meetings across all programs. As the next step in our integration

March 2026

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plan, we will begin hosting field-based Q&A sessions to provide families with additional opportunities to ask questions and better understand how the transition will impact their teams. Clear communication and thoughtful planning remain our priorities throughout this process.

Finally, please mark your calendar for our Annual Meeting, which will be held via Zoom on April 29. We look forward to sharing updates, celebrating progress, and outlining what's ahead for Rush Union.

March is shaping up to be another strong month as we build momentum throughout the spring season. Thank you for your continued commitment to our players, our programs, and our community. If you have any questions about Rush Union, our programs or anything soccer related please reach out to our staff at any time.

Thank you for being part of our Rush Union family. We look forward to seeing you on the field soon.

R|U Ready?



Neil McNab Jr.
CEO Rush Union



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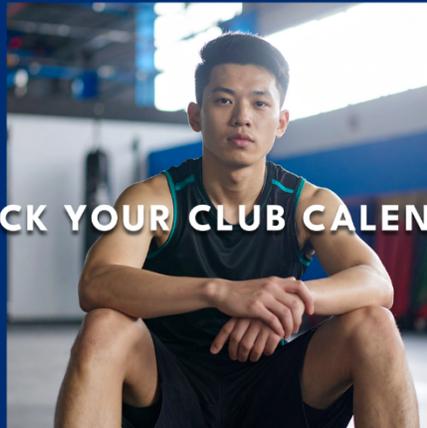
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Monthly live group mental
performance coaching sessions



JOIN TODAY: CHECK YOUR CLUB CALENDAR FOR DETAILS.

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Pre-Season tournament success... congrats to all our teams!



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Please send any pictures, videos, and everything you captured during games and practices to help us promote better.

RCRUZ@RUSHUNIONSOCCKER.ORG

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Coaching education is at the core of what we do...



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Rush Union Spring Cup Tournament Success!

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WORLD CUP 2026 ACTIVATIONS

World Cup 2026 Activation

WORLD CUP ENGAGEMENT & ACTIVATION PLANS

“Together we thrive — Milton Celebrates the World Cup”
 “Serve the Community!”



“Play It Forward — Dunwoody Celebrates the World Cup”
 “Connecting the Community!”



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Rush Union is aware of the upcoming age groups changes and is working with Rush National and our governing bodies to make sure we are informed and update our membership. More information will be made available this spring season.

To watch a short update video and access other resources we created so far please click here:

[Age Group Change Information | Rush Union Soccer](#)

NEW AGE GROUPS

STARTING IN THE 2026–2027 SEASON

- AGE GROUPS WILL BE DEFINED BY A SEASONAL MODEL, WHICH RANGES FROM AUGUST 1ST – JULY 31ST OF THE FOLLOWING YEAR.
- NEW SEASONAL MODEL ALIGNS PLAYERS WITH PEERS OF SIMILAR SCHOOL-GRADE AGE.
- PREVIOUS FORMAT: JANUARY 1ST – DECEMBER 31ST

*THESE CHANGES WILL BE IMPLEMENTED ACROSS THE ENTIRE YOUTH SOCCER LANDSCAPE, FOR ALL CLUBS.



2026–2027 SEASON

U-8	BORN AUG. 1ST 2018 – JULY 31ST 2019
U-9	BORN AUG. 1ST 2017 – JULY 31ST 2018
U-10	BORN AUG. 1ST 2016 – JULY 31ST 2017
U-11	BORN AUG. 1ST 2015 – JULY 31ST 2016
U-12	BORN AUG. 1ST 2014 – JULY 31ST 2015
U-13	BORN AUG. 1ST 2013 – JULY 31ST 2014
U-14	BORN AUG. 1ST 2012 – JULY 31ST 2013
U-15	BORN AUG. 1ST 2011 – JULY 31ST 2012
U-16	BORN AUG. 1ST 2010 – JULY 31ST 2011
U-17	BORN AUG. 1ST 2009 – JULY 31ST 2010
U-18	BORN AUG. 1ST 2008 – JULY 31ST 2009
U-19	BORN AUG. 1ST 2007 – JULY 31ST 2008



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One of the coaching education courses we held in February. Pictured here is the student coaches for our USSF Grassroots 11v11 course and G2013 players who participated.

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The Get on the Bus leadership visited our Dunwoody location. We are excited about bringing the game to more children in the surrounding communities.



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RUSH UNION SOCCER
EST. 2020
RIU
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WE ARE HIRING

COME BE A PART OF OUR TEAM!

DUNWOODY LOCATION
JACK MAHER
jmaher@rushunionsoccer.org

MILTON LOCATION
CHRIS PANAYIOTOU
cpanayiotou@rushunionsoccer.org

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