

National Suicide Hotline

**Add the 988 Suicide & Crisis Lifeline (988) to your phone now
it could save a life later**

Trained crisis counselors are always available to talk

Visit <https://go.nih.gov/hoMF6tt> for more info

A promotional poster for the National Suicide Hotline. The top half has a dark blue background with the text "SAVE THE NUMBER SAVE A LIFE CALL OR TEXT 988" in large, bold, white and light blue letters. To the right, a hand holds a smartphone displaying "988 SUICIDE & CRISIS LIFELINE". The bottom half has a light blue background with the text "Add this number to your phone now. It could save a life later." in dark blue. The bottom of the poster is a green bar containing the NIH logo and the website "nimh.nih.gov/suicideprevention".

**SAVE THE NUMBER
SAVE A LIFE
CALL OR TEXT 988**

Add this number to your phone now.
It could save a life later.

**988
SUICIDE & CRISIS
LIFELINE**

 **NIH** National Institute of Mental Health

nimh.nih.gov/suicideprevention