



EAA PARENT MEETING

Bobby Vance, Gretchen Vance, Jen Carley, Farrah Dunaway, and Bailey Baughn (in spirit)

OUR VISION

At Electric Avenue, we believe in more than just building skills—we believe in building **strong, confident, and kind** young women.

After overcoming a difficult chapter, our program is committed to a fresh, intentional foundation rooted in **safety, positivity, and respect**. Every athlete deserves a space where she feels **supported, seen, and empowered**—not just as an athlete, but as a whole person.

Our practices are designed to be an outlet, not an obligation. We foster a culture where **hard work is encouraged, mistakes are embraced as part of learning, and joy is found in the journey**. Through open communication, team accountability, and consistent encouragement, we are committed to helping each athlete grow in **confidence, resilience, and leadership**.

Success is not measured solely by trophies or skills, but by the way we treat one another. That's why parent partnership is essential to our vision. We welcome families into this process with open arms and encourage honest, ongoing conversations.

Together, we are creating a culture that **celebrates growth, embraces grace**, and stands as a reminder that **every girl** deserves a team that lifts her up—literally and emotionally.

Most importantly—**your daughter's voice matters**. If something feels off—physically, emotionally, or socially—we want her to feel safe and comfortable speaking with a coach.



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FALL SCHEDULE

Practice Schedule
(Aug 18-Oct 31)

- **Team Practices:**

Sundays & Wednesdays
5:00 PM – 8:00 PM

- **Individual Training Requirement (3 hours):**

Choose either:

- 2 tumbling blocks or
- 1 tumbling block + 1 structured open gym

Extra open gyms are welcome but optional

**SEE BACK PAGE FOR
FULL SCHEDULE AND
BLOCKS**

CONTACT INFO

If you are missing a team practice or tumbling/open gym block please put the following in a group message so all coaches are aware!

Bailey Baughn:

(210) 912-1515

Farrah Dunaway:

(903) 926-3345

Jen Carley:

(913) 485-6549

TRANSITION WEEK

Week of August 11th there will be no practice. This is a time for the girl to adjust back to school without formal gym obligations. If you would like to come in and train we will be hosting open gyms during the week.



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TUITION & FEES

Aug 18-Oct 31:

\$450 per month

August will be prorated to \$200

This includes:

- 9 training hours
- Plus optional open gyms

Any additional team fees will be discussed come November 1st.

SKILLS TRACKING

Each athlete will receive a customized skill sheet that tracks their progress across three levels: **Threw It**—performed once and seen by a coach, **Confident**—performed three times on demand in practice with one coach watching, and **Competition Ready**—performed three times in a row under distractions and verified by at least two out of three coaches. Athletes must demonstrate progress over a minimum of three practice days, and only skills marked “Competition Ready” may be performed at meets. To help guide improvement, deduction sheets will also be provided for each skill.



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COMP SEASON OVERVIEW

The goal for this season is to attend no more than two out-of-state meets. One meet is already confirmed—**Youth A&T Nationals in Anaheim, CA (late April)**. Another possible meet is the **Power Athletics Meet in New Jersey**, which is still under consideration. One mandatory event for all athletes is the **Baylor Showcase Meet**, which offers valuable exposure to college coaches and helps athletes gain confidence and experience. **Then we will have additional meets within Texas (TBD).**

FINAL REMINDERS

Registration will open in the Parent Portal by **Monday, August 4**. Please make sure to renew your USAG memberships as soon as possible. If you have any questions, feel free to ask now or reach out after the meeting!

THANK YOU!!

Thank you for coming to the parent meeting! We're so excited for the season ahead and grateful for your continued support. Let's make it a great year!

TEAM SCHEDULE PLUS TUMBLING / OPEN GYM BLOCKS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3:30PM-5PM	4:30PM-6PM	5PM-6:30PM	5PM-8PM	4:15PM-5:45PM
OPEN GYM	BEGINNER TUMBLING BLOCK	ADV / INT TUMBLING BLOCK	TEAM PRACTICE	BEGINNER TUMBLING BLOCK
5PM-8PM	5PM-6:30PM	5PM-6:30PM		5PM-6:30PM
TEAM PRACTICE	OPEN GYM	OPEN GYM		ADV / INT TUMBLING BLOCK
				5PM-6:30PM
				OPEN GYM

2025-2026 A&T COACHES



Bailey Baughn
HEAD A & T COACH



Farrah Dunaway
ASSISTANT A & T COACH



Jen Carley
HEAD A&T TUMBLING COACH



Delilah Garcia
A&T TUMBLING COACH