

# Serenity & Grace Therapeutic Services



Facilitator:  
**Sarah Harris, LMFT-S**

December 13, 2025  
10:00am

4179 Riverboat Rd. Ste. 240  
Murray, UT, 84123

Register at:  
[https://www.sgtherapeuticservices.com/  
events](https://www.sgtherapeuticservices.com/events)

## Join Us For One More: **GRATITUDE & GROUNDING**

A 90 minute workshop to ground yourself in gratitude, release stress & create a personalized "Peace Plan" to carry you through the holidays.

**COST: \$45 (EARLY BIRD \$35 BY 12/8)**  
SCHOLARSHIP SPOTS AVAILABLE-  
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