

Serenity & Grace Therapeutic Services



Facilitator:

Sarah Harris, LMFT-S

December 13, 2025

10:00am

4179 Riverboat Rd. Ste. 240
Murray, UT, 84123

Join Us For One More:

GRATITUDE & GROUNDING

A 90 minute workshop to ground yourself in gratitude, release stress & create a personalized "Peace Plan" to carry you through the holidays.

COST: \$45 (EARLY BIRD \$35 BY 12/8)

SCHOLARSHIP SPOTS AVAILABLE-
INQUIRE TO LEARN MORE

Register at:

[https://www.sgtherapeuticservices.com/
events](https://www.sgtherapeuticservices.com/events)