



September 2025

Brooke Grove Retirement Village
Independent Living Community Calendar of Events

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
Labor Day <i>Westbrooke Clubhouse Closed</i>	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30	Second Story Books & Mykonos Grill 11:00 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00 Bridge 2:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00	
					Sunday 7
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
Strength Training 9:45 Program Committee Meeting 11:00 Red Room Gospel of Matthew Class 2:30 Red Room	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30 Internet Café 3:30 Red Room	Needwood Picnic 11:30 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00	Vaccine Clinic 10:00 1635 Assisted Living Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: <i>A Real Pain</i> 2:00 Red Room	
					Sunday 14
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
Strength Training 9:45 Holiday Party Meeting 11:00 Red Room Gospel of Matthew Class 2:30 Red Room Summer Concert: Empty Ecstasy 7-8 pm Westbrooke Clubhouse	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30	Coffee Talk 11:00 Red Room Lunch Bunch Tandoori Nights 12:30 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Art & History 11:00 Red Room Strength Training 1:00 Bridge 2:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00	
					Sunday 21
					Piano Recital 2:00 TLC Room
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
Strength Training 9:45 Annapolis Cruise & Boatyard Grill Lunch 10:00 departure 🚗	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30	National Portrait Gallery 11:00 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: <i>The Last Waltz</i> 2:00 Red Room	
					Sunday 28
Monday 29	Tuesday 30		<i>September showed up right on time, and lasted a whole month.</i>		
Strength Training 9:45 Book Club 2:30 Red Room	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30 Toby's: Saturday Night Fever 4:30 departure 🚗				