

| Sunday                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                         | Wednesday                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                             | Friday                                                                                                                | Saturday                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  <h1>November 2025</h1> <h2>Rehabilitation Activity Calendar</h2>     |                                                                                                                                                                                                                                                                                        |                                                                                                                                 |                                                                                                                                                                                 |                                                                                                                                                                                                                                                      |                                                                                                                       | <b>WELCOME FRIENDS &amp; VISITORS</b><br>1                                            |
| <b>This month in History</b><br>Nov 6 1429 <i>Henry VI is crowned king of England in Westminster Abbey</i><br><small>Daylight Saving Time Ends</small> | 2<br><b>Laugh Out Loud Monday</b><br><br>What do you call a sad cranberry?<br>A blueberry                                                                                                             | 4<br>3:00 Seated Fitness with Brenda                                                                                            | 5<br><b>2:30 Art Therapy</b><br>Relax and enrich your mental health, gain insight and creativity                                                                                | 6<br><b>Bingo For Bucks</b><br>\$\$\$\$\$\$ with prizes<br>2:30<br>                                                                                               | 7<br><b>Scramble: RHATVSE</b><br>2:30 Brain Fitness/Trivia<br><b>2:30 Happy Hour With Darrin Carter</b>               | <b>WELCOME FRIENDS &amp; VISITORS</b><br>8                                            |
| <b>This month in History</b><br>Nov 9 1989 <i>The Berlin Wall comes down</i>                                                                           | 9<br><br>What role do green beans play in Thanksgiving dinner?<br>Squash casserole                                                                                                                    | 11<br>3:00 Seated Fitness with Brenda<br><b>Veterans Day! Thank you</b><br><small>Veterans Day Remembrance Day (Canada)</small> | 12<br><b>2:30 Art Therapy</b><br><br>Birthday Bash Celebration<br>November Birthdays<br>2:30 | 13<br><b>Bingo For Bucks</b><br>\$\$\$\$\$\$ with prizes<br>2:30<br>                                                                                              | 14<br><b>Scramble: RWNBO</b><br>2:30 Brain Fitness/Trivia<br>Train your brain and enhance mental clarity<br>Try it!   | <b>WELCOME FRIENDS &amp; VISITORS</b><br>15<br><b>2:30 Music with Walter Ware</b>     |
| <b>This month in History</b><br>Nov 10 1871 <i>Welsh reporter Henry Morton Stanley finds the missing David Livingstone</i>                             | 16<br><br>How did the salt and pepper welcome all guests?<br>Seasoning Greetings                                                                                                                      | 17<br>3:00 Seated Fitness with Brenda<br><b>WCA Washington Christian Academy performance 1:00</b>                               | 18<br><b>2:30 Art Therapy</b><br>Relax and enrich your mental health, gain insight and creativity                                                                               | 19<br><b>Bingo For Bucks</b><br>\$\$\$\$\$\$ with prizes<br>2:30<br>                                                                                             | 21<br><b>Scramble: CERALAM</b><br><b>11:15 Shabbat with Lisa Levine</b><br>2:30 Brain Fitness/Trivia                  | <b>WELCOME FRIENDS &amp; VISITORS</b><br>22                                           |
| <b>This month in History</b><br>Nov 20 1947 <i>Princess Elizabeth marries Philip, Duke of Edinburgh, at Westminster</i>                                | 23<br><br>What do sweet potatoes wear to bed?<br>Yammies                                                                                                                                            | 24<br>3:00 Seated Fitness with Brenda                                                                                           | 25<br><b>2:30 Art Therapy</b><br>Relax and enrich your mental health, gain insight and creativity                                                                               | 26<br>Thanksgiving Gratitude<br><i>We thank thee for food and remember the homeless, We thank thee for health and remember the sick. We thank thee for friends, remember the friendless. We thank Thee</i><br><small>Thanksgiving Day (U.S.)</small> | 28<br><b>Scramble: KUNMPIP</b><br>2:30 Brain Fitness/Trivia<br>Train your brain and enhance mental clarity<br>Try it! | <b>WELCOME FRIENDS &amp; VISITORS</b><br>29<br><b>2:30 Music with Bertram McLeish</b> |
| <b>This month in History</b><br>Nov 12 1980 <i>After a three-year journey, the Voyager One space probe flies by Saturn</i>                             | <b>"I am happy because I'm grateful. I choose to be grateful. That gratitude allows me to be Happy."</b><br><b>Scramble Answers: RHATVSE-Harvest RWNBO-Brown CERALAM-Caramel KUNMPIP-Pumpkin</b>  |                                                                                                                                 |                                                                                                                                                                                 |                                                                                                                                                                                                                                                      |                                                                                                                       |                                                                                       |