



October 2025

Brooke Grove Retirement Village
Independent Living Community Calendar of Events

		Wednesday 1	Thursday 2	Friday 3	Saturday 4
		Lunch: Sushi King 11:30 departure 🚌	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00 Bridge 2:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00	
					Sunday 5
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
Gospel of Matthew Class 2:30 Red Room	Everyday Balance 9:45 Yoga 1:30 Internet Café 3:30 Red Room	Gettysburg Guided Tour 9:30 departure 🚌	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 ILRA Executive Board Meeting 11:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: Fried Green Tomatoes 2:00 Red Room	
					Sunday 12
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
Strength Training 9:45 Program Committee 11:00 Red Room	Everyday Balance 9:45 Fitness Training 11:00-1:00 Yoga 1:30 Unique Thrift Shop 1:30 departure 🚌	Coffee Talk: Quarterly Corporate Meeting 11:00 Red Room Lunch: Mannequin Pis 12:30 departure 🚌	Morning Social 9:15 Red Room Vaccine Clinic 10:00 1635 Assisted Living 10:30, 12:30 Local Shuttle 🚌 Art & History 11:00 Red Room Strength Training 1:00 Bridge 2:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: Falling for Figaro 2:00 Red Room	
					Sunday 19
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
Strength Training 9:45 Gospel of Matthew Class 2:30 Red Room	Everyday Balance 9:45 Fitness Training 11:00-1:00 Yoga 1:30	Kenilworth Park & Aquatic Gardens 11:00 departure 🚌	Morning Social 9:15 Red Room Strength Training 1:00 Pumpkin Decorating 2:30 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00	
					Sunday 26
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	
Strength Training 9:45 Trivia 3:00 Red Room	Everyday Balance 9:45 Fitness Training 11:00-1:00 Yoga 1:30	Weinberg: Il Divo 5:45 departure 🚌	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00 Bridge 2:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Westbrooke Halloween Party	