



March 2026

Brooke Grove Retirement Village
Independent Living Community Calendar of Events

					Sunday 1
Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
Strength Training 9:45 Community Gems: Natasha Johnson's "Venus Unveiled" Talk 3:00 Red Room 	Everyday Balance 9:45 Fitness & Massage with Amy 11:00 -1:00 Yoga 1:30	"Little Miss Perfect" at Olney Theatre Center 12:45 departure 	Morning Social 9:30 Red Room Local Shuttle by request   Strength Training 1:00 Bridge 2:00 Red Room	The Great Courses 10 Red Rm. Everyday Balance 11:15 Yoga 12:00 Joshua Bell at Strathmore 6:45 departure 	Sunday 8
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14
Strength Training 9:45 Program Committee Meeting 11:00 Red Room Book of Jubilees Class 2:30 Red Room	Everyday Balance 9:45 Fitness & Massage with Amy 11:00 -1:00 Jazz Afternoon Tea 12:00 departure  Yoga 1:30	"Inherit the Wind" at Arena Stage 10:45 departure 	Morning Social 9:30 Red Room Local Shuttle by request  Strength Training 1:00	The Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00  Movie: "Eleanor the Great" 2:00 Red Room	Sunday 15 Sherwood Rock & Roll Revival 1:15 
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
Strength Training 9:45 Care Committee Meeting 11:00 Red Room Women's History Trivia 2:30 Red Room	Everyday Balance 9:45 Fitness & Massage 11 -1 Yoga 1:30 Internet Café 3:30 Red Rm.  St. Patrick's Day Dinner	Coffee Talk with Wendy Golden 11:00 Red Room Lunch Bunch: Il Pizzico  12:15 departure 	Morning Social 9:30 Red Room Local Shuttle by request  Art & History 11:00 Red Room Strength Training 1:00 Bridge 2:00 Red Room 	The Great Courses 10 Red Rm. Vaccination Clinic 10:00 1635 Hickory Knoll Road Everyday Balance 11:15 "1776" at Ford's 11:30  Yoga 12:00	Sunday 22
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
Strength Training 9:45 Abraham Lincoln Talk 11:30 Book of Jubilees Class 2:30 Diana Krall & BSO at Meyerhoff 6:00 departure 	Everyday Balance 9:45 Fitness & Massage with Amy 11:00 -1:00 Yoga 1:30	 Maryland Center for History & Culture and Lunch at Lexington Market 9:30 departure 	Morning Social 9:30 Red Room Local Shuttle by request  Strength Training 1:00	The Great Courses 10 Red Rm. Everyday Balance 11:15 Yoga 12:00 Movie: "The Hundred-Foot Journey" 2:00 Red Room 	Sunday 29
Monday 30	Tuesday 31	<p>"In March the earth remembers its own name. Everywhere the plates of snow are cracking. The rivers begin to sing. In the sky the winter stars are sliding away; new stars appear as, later, small blades of grain will shine in the dark fields." – Mary Oliver</p>			
 Strength Training 9:45 Lunch Bunch: Duke's Grocery 10:45 departure 	Everyday Balance 9:45 Fitness & Massage with Amy 11:00 -1:00 Yoga 1:30				